

## POSITION DESCRIPTION

Position Title: Registered Nurse

**Department:** Transitional Aged Care **Location:** War Memorial Hospital

Uniting Purpose: To inspire people, enliven communities & confront injustice

Uniting Values: Imaginative, Respectful, Compassionate, Bold

Classification: Registered Nurse – Years 3 - 8+

Vaccination risk category: A

Award: War Memorial Hospital (Waverley) Nurses Agreement 2011

**Employment status:** Temporary Part Time until 30 June 2023

Hours: 24 hours per week

**Position reports to:** Transitional Aged Care Manager

**Position Supervises:** AIN's / AHA as required

**Key relationships:** Transitional Aged Care Team, Aged Care Assessment Team (ACAT),

inpatient and multidisciplinary teams (MDT) within South Eastern Sydney Local Health District (SESLHD) referring hospitals, My Aged Care, Home Care Package and Commonwealth Home Support Program community partners. General & specialist medical

practitioners.

## **POSITION PURPOSE**

This position provides a high quality nursing service to the War Memorial Hospital Community and Residential Transitional Aged Care Program (TACP). The TACP is located at War Memorial Hospital (Waverley) and provides community and residential care packages to clients in the eastern suburbs of Sydney.

The nursing position functions as part of an inter-disciplinary team who provides a time limited, low intensity, community based program to frail elderly clients who are ready for discharge from hospital care, but are unable to return home without additional therapy and care services.

**War Memorial Hospital** 

ABN 78722 539 923 125 Birrell Street Waverley NSW 2024 T 02 9369 0100 F 02 9387 7018 TAC assists clients to explore alternative care arrangements to avoid or delay residential care as the single discharge option.

#### POSITION OBJECTIVES

- Provide a comprehensive range of Registered Nurse services to the Transitional Aged Care
   Program of War Memorial Hospital
- Provides assessment, treatment and case management of clients of the Transitional Aged
   Care Program to maximise improvement in their functional abilities
- Provide evidence based, therapeutic nursing interventions
- Contribute to the development and evaluation of client and service needs
- Contribute to quality improvement projects in line with NSW Health, War Memorial Hospital and Transitional Aged Care Program goals and objectives

#### **KEY RESPONSIBILITIES**

# Financial management & awareness:

- Aware of the need for efficient and effective use of hospital resources and services
- Aware of the need for efficient and effective use of client services and resources
- Aware of TACP funding mechanisms
- Awareness and engagement in understanding activity and occupancy based informatics and how the RN position can influence this

# Operational processes:

- Assess, plan, organise, deliver, evaluate and report on the provision of high quality and client focused nursing services in accordance with Uniting, NSW Health and SESLHD policies and clinical practices to achieve client health outcomes within specified timeframes
- Show a commitment to assuring high standards and strive for a client centered service
- Seek to deliver nursing services (which may include treatment, investigation, diagnosis and case management) in accordance with prescribed professional and ethical standards
- Work within own scope of professional competence in line with principles of best practice, professional conduct and clinical governance
- Delivers nursing care within the TAC Guidelines in support of therapy based restorative care principles
- Demonstrates the ability to plan, organise and manage time effectively
- Demonstrate flexibility and the ability to work effectively within a changing healthcare environment
- Work safely and in accordance with Uniting's WHS policies and procedures
- Enable, facilitate and lead change initiatives related to continuous quality improvement
- Awareness and compliance with safety, hazard reporting and risk management
- Awareness and compliance with relevant SESLHD & Uniting policies and WMH business rules
- Represents WMH TAC at relevant internal and external committee meetings

## Client management & engagement (internal & external stakeholders):

- Maintain a high standard of conduct and work performance to promote our reputation with key internal and external stakeholders
- Display effective communication and interpersonal skills to support the provision of high quality clinical care
  - Actively engage in effective therapeutic and professional relationships with clients, carers, colleagues and other agencies

- Provide comprehensive nursing assessment for all clients referred for nursing TACP services within the recognised models of nursing practice
- Selection and implementation of intervention strategies to address clinical focus areas identified in assessments and to meet goals within specific time frames
- Development of care plans in negotiation with the clients, carers and health professionals based on assessment findings and clinical reasoning
- Provide case management services for a position of TACP cases including case coordination
- Development and review of resources and other educational materials suitable for patients
- Provide casework service including counselling, psycho-social education, advocacy and facilitation of links with a range of community based services to ensure best outcomes for clients in the community
- Liaison and referral to other health professionals as required
- Participation in clinical care meetings, case conference and multidisciplinary meetings as required
- Provide clinical supervision and support to undergraduate students and work experience students on observatory placements
- Participates in the local education requirements at WMH

## People management & teamwork:

- Contribute to effective team dynamics and client and stakeholder relationships utilising high level communication and negotiation skills
- Provide general clinical advice to members of the multidisciplinary team, service managers and other stakeholders regarding service delivery and clinical service development
- Actively contribute to service and caseload management and planning within the TACP multidisciplinary team
- Willingness to assist with workload management in the event of planed or unplanned leave of a team member
- Provide relevant education to nursing ,medical staff and other health professionals as requested
- Participate in evidence based practice activities within the department
- Facilitate delivery of an effective, flexible, innovative and integrated nursing TACP service
- Liaise with patients and their families, other health professionals, supervisors, students and researchers as required
- Awareness of own strengths and areas for development
- Actively engage and participate in the company's performance development framework and review processes

#### **KEY PERFORMANCE INDICATORS**

# Financial management & awareness:

- Supports the TACP Manager in meeting departmental occupancy and other financial KPI's
- Support the TAC community team in efficient and effective departmental service delivery mindful of resources
- Delivers TACP RN service in an efficient and effective manner, mindful of resources
- Adheres to processes and policies pertaining to financial matters relevant to the TAC team
- Adheres to cash handling and petty cash processes within the TAC department, minimising where possible
- Awareness of parameters of working within a budget and working within agreed resources

## Operational processes:

 Clinical assessment, programs and intervention strategies are implemented and conducted to facilitate client participation

- Relevant data utilised to inform management decisions and practice
- Reports and statistics submitted by designated deadlines
- All clinical events are documented in accordance with SESLHD, WMH & Uniting documentation standards
- Evidence of participation in in-services, staff education, internal and external meetings, and research activities
- 100% compliance with Registration renewal
- Ensures client care delivery is within the parameters of NSW Health/Commonwealth TAC Guidelines

## Client management & engagement (internal & external stakeholders):

- Demonstrates maintenance of healthy positive relationships with internal and external stakeholders
- Disseminates client related feedback to team
- Participation in WMH TAC client satisfaction surveys
- Care delivery shall be evaluated through performance indicators and outcome measures to ensure care meets the clients' needs
- Evidence of advocacy for clients and carers with other service providers
- Participation at team meetings, case conferences and other relevant meetings.
- Service attendance and discharges monitored
- Evidence of advocacy for clients and carers with other service providers
- Information from client and carer stories are utilised to remodel service delivery
- Provide general clinical advice to members of the MDT, service managers and other stakeholders regarding service delivery and clinical service development

## People management & teamwork:

- Evidence that positive outcomes are shared and celebrated
- Evidence of engagement with MDT to critically reflect on and explore potential to improve practice
- Evidence of inter-discipline initiative.
- Evidence of regular communication with team members
- 100% up to date professional development plans and performance reviews
- Formally identified clinical supervisor for professional development
- Participates in a solution focused team environment
- Participates in a facilitative approach in efficient use of WMH resources inclusive of staffing

## Work Health Safety and Welfare Requirements:

Staff work within, and are supported by, well-designed systems to deliver safe, high-quality clinical care. Staff are responsible for the safety and quality of their own professional practice, and professional codes of conduct. Staff will:

- Actively take part in the development of an organisational culture that enables, and gives priority to, patient safety and quality
- Actively communicate their profession's commitment to the delivery of safe, high-quality health care
- Model professional conduct that is consistent with a commitment to safety and quality at all times
- Embrace opportunities to learn about safety and quality theory and systems
- Embrace opportunities to take part in the management of clinical services
- Encourage, mentor and guide colleagues in the delivery of safe, high-quality care
- Take part in all aspects of the development, implementation, evaluation and monitoring of governance processes

- 100% compliance with mandatory training requirements
- Reporting of incidents related to WHS, infection control and sterilisation issues

#### PROFESSIONAL SKILLS AND KNOWLEDGE

## Skills & Experience:

- Minimum 2 years' experience as a Registered Nurse in the area of aged care, rehabilitation or other relevant specialty with post graduate qualification or interest in working towards same
- Demonstrated experience or interest in working in the community including ability to perform comprehensive, client centered nursing assessments, nursing care and case management of older people, in particular those with dementia or with complex health care needs with an enablement focus
- Demonstrated ability to work autonomously and as part of a multi-disciplinary team
- Demonstrated high level written and verbal communication, interpersonal skills and the ability to identify key messages, issues and concerns when communicating across all levels and departments within WMH and external stakeholders
- Experience in delegating and supervising nursing duties to other nursing/care personnel ensuring quality, effective clinical care standards are maintained with efficient use of resources
- Demonstrated commitment to personal professional development, evidence based practice and quality improvement principles
- Demonstrated proficiency or willingness to learn contemporary health information systems, inclusive of electronic medical records, MS Office and relevant portals

## Qualifications:

 Current registration as a Registered Nurse with the Nursing & Midwifery Board of Australia and current NSW Drivers' license Class C

| Employee   | Managers Name: | Helen Tassell |
|------------|----------------|---------------|
| Name:      | Title          | TAC Manager   |
| Date:      | Date:          |               |
| Signature: | Signature:     |               |



# JOB DEMANDS CHECKLIST

Job Title: Registered Nurse Service/Unit: WMH

Department: TAC Manager/Supervisor: TAC Manager Assessor: Helen Tassell Date of Assessment: July 2022

Date of Assessment review: July 2023

#### **Definitions:**

★ Denotes a critical regu

Denotes a critical requirement of the job

| Fre | quency  |     |  |
|-----|---|-----|--|
| I   | Infrequent – intermittent activity exists for a short time on a very infrequent basis | С   | Constant – activity exists for more than 2/3 of the time when performing the job |
| 0   | Occasional - activity exists up to 1/3 of the time when performing the job            | R   | Repetitive – activity involves repetitive movements                              |
| F   | Frequent – activity exists between 1/3 and 2/3 of the time when performing the job    | N/A | Not applicable – activity is not required to perform the job                     |

| CRITICAL PHYSICAL DEMAN                 | PHYSICAL DEMANDS - DESCRIPTION (comment)   |   | FREQUENCY |   |   |   |     |
|---|--|---|-----------|---|---|---|-----|
| *                                       |  | I | 0         | F | С | R | N/A |
| Sitting Remaining                       | in a seated position to perform tasks  |   |           | Х |   |   |     |
| Standing Remain                         | ng standing without moving about to perform tasks  |   | Х         |   |   |   |     |
| Walking Floor typ                       | e: even/uneven/slippery, indoors/outdoors, slopes  |   | Χ         |   |   |   |     |
| Running Floor typ                       | e: even/uneven/slippery, indoors/outdoors, slopes  |   |           |   |   |   | Χ   |
| Bend/ Lean Forwa<br>tasks               | ard from Waist Forward bending from the waist to perform   |   |           | Х |   |   |     |
| Trunk Twisting T                        | urning from the waist while sitting or standing to perform tasks   |   | Χ         |   |   |   |     |
| <b>Kneeling</b> Remain                  | ng in a kneeling posture to perform tasks  |   | Χ         |   |   |   |     |
| Squatting/ Crouch tasks                 | ing Adopting a squatting or crouching posture to perform   |   | Х         |   |   |   |     |
| Crawling Moving                         | Crawling Moving by crawling on knees & hands to perform tasks  Leg/ Foot Movement Use of leg and or foot to operate machinery  Climbing (stairs/ladders) Ascend/ descend stairs, ladders, steps, scaffolding |   |           |   |   |   | Χ   |
|   |  |   |           | Χ |   |   |     |
| Climbing (stairs/la                     |  |   |           | Χ |   |   |     |
| Lifting/ Carrying                       | Light lifting & carrying – 0 – 9kg   |   |           | Χ |   |   |     |
|   | Moderate lifting & carrying – 10 – 15kg  |   |           |   |   |   | Χ   |
|   | Heavy lifting & carrying – 16kg and above  |   |           |   |   |   | Χ   |
| <b>Reaching</b> Arms fu                 | lly extended forward or raised above shoulder  |   | Х         |   |   |   |     |
| Pushing/ Pulling/<br>toward or away fro | <b>Restraining</b> Using force to hold/restrain or move objects m body   | X |           |   |   |   |     |
| I                                       | res Holding head in a position other than neutral (facing  |   | Χ         |   |   |   |     |
| forward)                                |  |   |           |   |   |   |     |
|   | ments Repetitive movements of hands & arms   |   | Χ         |   |   |   |     |
|   | nipulation Gripping, holding, clasping with fingers or hands   |   |           | Х |   |   |     |
| Work at Heights perform work            | Using ladders, footstools, scaffolding, or other objects to  |   |           |   |   |   | ×   |
| <b>Driving</b> Operating                | any motor powered vehicle  |   |           | х |   |   |     |

| CRITICAL | CRITICAL  *  SENSORY DEMANDS - DESCRIPTION (comment)  |   | FREQUENCY |   |   |   |     |  |  |  |
|----------|---|---|-----------|---|---|---|-----|--|--|--|
| *        |   |   | 0         | F | С | R | N/A |  |  |  |
|          | <b>Sight</b> Use of sight is an integral part of work performance e.g. viewing of X-rays, computer screen |   |           | Х |   |   |     |  |  |  |
|          | <b>Hearing</b> Use of hearing is an integral part of work performance e.g. telephone enquiries            |   |           | Х |   |   |     |  |  |  |
|          | <b>Smell</b> Use of smell is an integral part of work performance e.g. working with chemicals             | Х |           |   |   |   |     |  |  |  |
|          | <b>Taste</b> Use of taste is an integral part of work performance e.g. food preparation                   | Χ |           |   |   |   |     |  |  |  |
|          | <b>Touch</b> Use of touch is an integral part of work performance   | Χ |           |   |   |   |     |  |  |  |

| CRITICAL | CAL PSYCHOSOCIAL DEMANDS – DESCRIPTION (comment)                                   |   | FREQUENCY |   |   |   |     |  |  |  |
|----------|--|---|-----------|---|---|---|-----|--|--|--|
| *        | Assisting <b>√</b>   | I | 0         | F | С | R | N/A |  |  |  |
|          | Distressed people e.g. emergency or grief situations                               |   | Х         |   |   |   |     |  |  |  |
|          | Aggressive & uncooperative people e.g. drug/alcohol, dementia, mental illness      |   | Χ         |   |   |   |     |  |  |  |
|          | Unpredictable people e.g. dementia, mental illness and head injuries               | Χ |           |   |   |   |     |  |  |  |
|          | <b>Restraining</b> Involvement in physical containment of patients/clients         |   |           |   |   |   | Χ   |  |  |  |
|          | <b>Exposure to distressing situations</b> e.g. child abuse, viewing dead/mutilated | Χ |           |   |   |   |     |  |  |  |
|          | bodies   |   |           |   |   |   |     |  |  |  |

| CRITICAL | RITICAL ENVIRONMENTAL HAZARDS – DESCRIPTION (comment)  |   | FREQUENCY |   |   |   |     |  |  |  |
|----------|--|---|-----------|---|---|---|-----|--|--|--|
| *        | ,  | I | Ò         | F | С | R | N/A |  |  |  |
|          | <b>Dust</b> Exposure to atmospheric dust   |   |           |   |   |   | Х   |  |  |  |
|          | Gases Working with explosive or flammable gases requiring  |   |           |   |   |   | х   |  |  |  |
|          | precautionary measures   |   |           |   |   |   |     |  |  |  |
|          | Fumes Exposure to noxious or toxic fumes   |   |           |   |   |   | Χ   |  |  |  |
|          | <b>Liquids</b> Working with corrosive, toxic or poisonous liquids or chemicals requiring PPE       |   |           |   |   |   | X   |  |  |  |
|          | Hazardous substances e.g. dry chemicals, glues   |   |           |   |   |   | Х   |  |  |  |
|          | <b>Noise</b> Environmental/background noise necessitates people to raise their voice to be heard   | Х |           |   |   |   |     |  |  |  |
|          | Inadequate lighting Risk of trips, falls or eyestrain  | Χ |           |   |   |   |     |  |  |  |
|          | <b>Sunlight</b> Risk of sunburn exists from spending more than 10 minutes per work day in sunlight |   | Х         |   |   |   |     |  |  |  |
|          | <b>Extreme temperatures</b> Environmental temperatures are < 15°C or > 35°C                        |   |           |   |   |   | Х   |  |  |  |
|          | Confined spaces Areas where only one egress (escape route) exists                                  | Χ |           |   |   |   |     |  |  |  |
|          | <b>Slippery or uneven surfaces</b> Greasy or wet floor surfaces, ramps, uneven ground              | X |           |   |   |   |     |  |  |  |
|          | Inadequate housekeeping Obstructions to walkways and work areas cause trips & falls                | Х |           |   |   |   |     |  |  |  |
|          | Working at heights Ladders/stepladders/scaffolding are required to perform tasks                   |   |           |   |   |   | Х   |  |  |  |
|          | Biological hazards e.g. exposure to body fluids, bacteria, infectious diseases                     |   | Х         |   |   |   |     |  |  |  |

| or demands of the job. This information will then be transferred to the Position Description. Anything that is frequent and above or identified as critical to the job should be included in the position description. |
|--|
|  |
|  |
| Signature of Manager:/20   |
| I am able to fulfil the above requirements without modification.   |
| I am unable to fulfil the above job requirements and need the following modifications:   |
|  |
|  |
| Signature of Employee:   |