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DEPARTMENT OF HEALTH

Statement of Duties

Position Title:	Clinical Nurse Specialist – Consultation and Liaison (YMH)
Position Number:	Generic
Classification:	Registered Nurse Grade 5
Award/Agreement:	Nurses and Midwives (Tasmanian State Service) Award
Group/Section:	Community Mental Health and Wellbeing, Statewide Mental Health Services Child and Youth Mental Health Services
Position Type:	Permanent, Full Time/Part Time
Location:	North West
Reports to:	Team Leader – CAMHS
Effective Date:	January 2024
Check Type:	Annulled
Check Frequency:	Pre-employment
Essential Requirements:	Registered with the Nursing & Midwifery Board of Australia as a Registered Nurse and possess specialist tertiary graduate or post graduate mental health/psychiatric nursing qualifications; or completed, prior to the transfer of nurse education to the tertiary sector, an accredited hospital-based program that lead to registration as a psychiatric nurse by the relevant nurse regulatory authority within Australia, New Zealand, Canada or the United Kingdom.
	Current Working with Children Registration
	*Registration/licences that are essential requirements of this role must remain current and valid at all times whilst employed in this role and the status of these may be checked at any time during employment. It is the employee's responsibility to ensure that registration/licences remain current and to advise the Employer if their circumstances change. This includes notifying the Employer if a registration/licence is revoked, cancelled or has its conditions altered.
Desirable Requirements:	Three or more years' postgraduate clinical experience



Holds, or is working towards, postgraduate qualifications relevant to the position

Current Driver's Licence

Position Features: Shift work. 10-hour shifts – 10.00am – 8.00pm

NB: The above details in relation to Location, Position Type and Work Pattern may differ when this position is advertised – please refer to these details within the actual advert. The remainder of the content of this Statement of Duties applies to all advertised positions.

Primary Purpose:

Delivering high quality mental health services in accordance with the Mental Health Services Strategic Plan, Mental Health Service principles, National Mental Health Standards, Agency policy, legal requirements and relevant professional competencies, the Youth Mental Health Consultation Liaison Clinician:

- Works within the designated region, within a multidisciplinary team to deliver coordinated services to young people (aged 12-24 years) and their family/significant other undertaking a triage, crisis, intake and assessment role and the development and implementation of care planning for designated clients.
- Completes mental state assessment, risk assessment and discharge planning in collaboration with psychiatric and paediatric services within the Emergency Department and inpatient facilities to support timely discharge and assists as required with 7-day follow up requirements.
- Liaises and collaborates with staff within Child and Youth Mental Health Services (CYMHS), the broader Mental Health Services, DECYP, Tasmania Police and Tasmanian Ambulance Service and a range of community service providers, to ensure timely communication and deliver improved outcomes for young people presenting with mental illness, including those presenting to the Emergency Department.
- Is a clinical expert who acts as a clinical resource for staff and other providers involved in the management of young people with mental health concerns.

Duties:

- 1. Provide mental health clinical expertise, supportive advice and clinical care to young people aged 12-24 years in a consultation liaison role by providing in-reach into the Emergency Department or relevant inpatient ward, based on best practice principles and legal and professional requirements, using specialist assessment and screening tools to deliver improved outcomes for patients presenting with mental health concerns and/or substance use related comorbidities.
- 2. Provide treatment recommendations and specialist support to the Emergency Department staff, relevant inpatient unit staff, other health professionals and community support organisations as required and assist with clinical decision making and the planning, implementation and evaluation of care given to young people to facilitate a person centred and recovery focused approach.
- 3. Provide support and psycho-education as appropriate and involve young people and their families/significant others in the identification of their needs, formulation of goals, development of care plans and the implementation of care.
- 4. Facilitate access to a range of appropriate community and inpatient services to ensure patients receive the right support in the right place and at the right time. Provide comprehensive handovers and coordinate quality and safe transfer/discharge processes, including completing 7-day follow up as required.

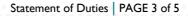


- 5. Develop, monitor and evaluate clinical outcome measures, manage complex clinical issues and make recommendations on matters relating to the areas of clinical specialty.
- 6. Develop and maintain effective working relationships with a range of key internal and external stakeholders including child and adolescent/adult and older persons mental health services, community and inpatient mental health services, alcohol and drug services, forensic mental health services and the community sector.
- 7. Deliver ongoing education, guidance and support for the multidisciplinary team and other health staff in relation to mental health and the management of comorbidity, including legislation pertaining to seclusion and restraint.
- 8. Undertake the role of a Mental Health Officer in accordance with relevant provisions of the Mental Health Act.
- 9. Ensure ongoing assessment and evaluation of the role and associated guidelines, clinical pathways, protocols and policies, incorporating evidenced based practice and other regulatory bodies or key stakeholders.
- 10. Attend relevant meetings within Community and Inpatient Mental Health Services as required.
- 11. Actively participate in and contribute to the organisation's Quality & Safety and Work Health & Safety processes, including in the development and implementation of safety systems, improvement initiatives, safeguarding practices for vulnerable people, and related training.
- 12. The incumbent can expect to be allocated duties, not specifically mentioned in this document, that are within the capacity, qualifications and experience normally expected from persons occupying positions at this classification level

Key Accountabilities and Responsibilities:

The Youth Mental Health Consultation Liaison Clinician is clinically and operationally accountable to the CAMHS Team Leader. Case by case, supervision and guidance from the CAMHS consultant psychiatrist or delegate with clinical supervision and support from the designated Clinical Lead. The occupant:

- Works with a high-level of autonomy at the unit level, and is responsible for the efficient and effective assessment of individuals presenting with mental health problems and comorbidity issues. Assessments will include mental status examination, risk assessments and basic alcohol and drug screening, formulation and an immediate management/safety plan.
- May function as a single practitioner working within established decision-making and operational frameworks that may require considerable interpretation to provide effective patient care in both the community and Emergency Department where indicated.
- Maintains productive relationships with internal and external stakeholders, meeting difficult and sometimes conflicting objectives or competing priorities and undertakes conflict resolution through negotiation and mediation to resolve escalated issues.
- Works in partnership with the Clinical Lead/Team Leader to contribute to a strong professional environment by providing leadership and assisting with the planning and management of staff and resources.
- Supports the reduction of Emergency Department waiting times, admissions and early discharge to all inpatient units or Youth MH HiTH through the identification, negotiation and initiation of alternative appropriate and safe community-based supports.





- Is responsible for own practice within professional guidelines and for intervention in instances of unsafe, illegal or unprofessional conduct.
- Champion a child safe culture that upholds the *National Principles for Child Safe Organisations*. The Department is committed to the safety, wellbeing, and empowerment of all children and young people, and expect all employees to actively participate in and contribute to our rights-based approach to care, including meeting all mandatory reporting obligations.
- Where applicable, exercise delegations in accordance with a range of Acts, Regulations, Awards, administrative authorities and functional arrangements as mandated by Statutory office holders including the Secretary and Head of State Service. The relevant Unit Manager can provide details to the occupant of delegations applicable to this position.
- Comply at all times with policy and protocol requirements, including those relating to mandatory education, training and assessment.

Pre-employment Conditions:

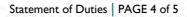
It is the Employee's responsibility to notify an Employer of any new criminal convictions during the course of their employment with the Department.

The Head of the State Service has determined that the person nominated for this job is to satisfy a pre-employment check before taking up the appointment, on promotion or transfer. The following checks are to be conducted:

- I. Conviction checks in the following areas:
 - a. crimes of violence
 - b. sex related offences
 - c. serious drug offences
 - d. crimes involving dishonesty
- 2. Identification check
- 3. Disciplinary action in previous employment check.

Selection Criteria:

- I. Extensive experience and demonstrated specialist level knowledge of mental health and an understanding of mental health issues in relation to young people and their families/significant other.
- 2. Proven ability to provide a range of assessments and therapeutic interventions relevant for young people and families/significant other accessing services and the ability to acquire further expertise in this area.
- 3. Demonstrated ability to problem solve and apply principles of clinical risk management and professional practice to the clinical setting, together with demonstrated motivation to achieve desired outcomes in clinical setting with limited supervision.
- 4. Demonstrated advanced written and oral communication, liaison, interpersonal and counselling skills within a multidisciplinary team environment, including the ability to function confidently and negotiate recommendations for patient care across a wide range of stakeholder groups.





- 5. Comprehensive knowledge and understanding of relevant legislation and documentation, including the Mental Health Act, Right to Information Act, Work Health and Safety legislation, relevant statutory requirements and Agency policies and procedures.
- 6. Demonstrated ability to contribute to the development and evaluation of services provided, including the review of clinical practice policy, procedure and protocols and the implementation of quality improvement activities and research findings.
- 7. Demonstrated commitment to professional improvement through ongoing personal professional development and continuing education.

Working Environment:

The Department of Health is committed to improving the health and wellbeing of patients, clients and the Tasmanian community through a sustainable, high quality and safe health system. We value leading with purpose, being creative and innovative, acting with integrity, being accountable and being collegial.

The Department of Health is committed to improving the way we work with vulnerable people, in particular implementing strategies and actions to promote child safety and wellbeing, empower, and prevent harm to children and young people.

The Department upholds the Australian Charter of Healthcare Rights in our practice and is committed to the safeguarding and protection of the welfare and rights of all people, particularly those that may be at risk of abuse, neglect, or exploitation. We place emphasis on the provision of culturally safe, respectful, and inclusive care that is responsive to diverse needs.

The Department seeks to provide an environment that supports safe work practices, diversity and respect, including with employment opportunities and ongoing learning and development. We value the diverse backgrounds, skills and contributions of all employees and treat each other and members of the community with respect. We do not tolerate discrimination, harassment or bullying in the workplace. All employees must uphold the *State Service Principles* and *Code of Conduct* which are found in the *State Service Act 2000*. The Department supports the <u>Consumer and Community Engagement Principles</u>.

