## Connect First at CALHN

A CALHN Allied & Scientific Health learning and development initiative connecting early career professionals in the first year of their career

Connect First is a network for new graduate Allied Health & Scientific Professionals to:

- be supported during transition into professional work
- form connections and collaborate with early career, mid career, and senior clinicians, from other professions
- network and build peer support
- learn about CALHN values and strategic ambitions
- reflect on own work experiences and goals
- undertake interprofessional learning
- learn about key professional topics cultural awareness, effective teamwork, communication, supervision, wellbeing, safety and quality

6 sessions/year • Guest speakers • Networking • Q&As • Group activities • Preparation • Reflection • Cultural awareness • Effective teamwork • Social



