

The information below is designed to give you an indication of the likely demands of working in this role and will help you assess whether the job may suit you. You are encouraged to ask further questions about the demands if you have any concerns as local conditions may alter the demands you experience in the role. This should be read in conjunction with the Role Description which provides detail about the skills, knowledge and attributes relevant to the role. The Contact Officer listed in the job pack is the best person to contact with any queries.

### Environmental Job Factors

Possible Exposure to Infectious Diseases
Shift Work
Shift Length > 10 hrs

### Overall Psychological Job Factors

### Level of Importance

Level of Job Control or Autonomy	Moderate
Level of Supervision or Support Received	High
Contact with Co-workers/Colleagues (vs Isolation)	Moderate
Teamwork	Moderate
Level of Scrutiny and Accountability from Others (exposure to public scrutiny)	Moderate
Sensitivity and Empathy to Needs of Others	High
New Relationship Building	Moderate
Switching between Tasks	High
Time Pressures (including deadlines)	Moderate
Contact with Consumers/ Customers	High

### Psychological Demands (Cognitive)

### Highest Level Of Complexity

Abstract	Problem Solving & Critical Thinking (including judgement)	Moderate
Attention And Accuracy	Attention: Concentration	High
	Attention: Degree Of Precision & Accuracy	High
Mechanical	Mechanical Reasoning (requirement to work with and resolve problems with machinery and equipment)	Moderate
Processing	Quick Thinking	Moderate
Spatial Reasoning	Spatial Reasoning (requirement to accurately assess distance between objects or the fit of objects into spaces)	Moderate
Verbal	Oral Communication (including active listening)	High
	Reading Literacy	Moderate
	Writing Literacy	Moderate

### Physical Demands

### Frequency (8 Hour Shift)

### Max Load

<b>Dynamic Strength</b>		
Floor to Waist Lift	Occasional: up to 2.5 hours	15kg
One handed Carry	Occasional: up to 2.5 hours	10kg
Two handed Carry	Occasional: up to 2.5 hours	15kg
Pull	Occasional: up to 2.5 hours	20kg
Push	Occasional: up to 2.5 hours	20kg <i>NB: must be able to generate a 45kg downward push for CPR, approx. 17-21kg body weight + 18-24kg applied force (occurs rarely)</i>
Waist to Eye Level Lift	Infrequent: up to 10 minutes	15kg

<b>Physical Demands</b>	<b>Frequency (8 Hour Shift)</b>	<b>Max 'at one' Time</b>
<b>Manual Task Postures</b>		
Lunge - Forward/Backward	Required	-
Lunge - Sideways	Required	-
<b>Other</b>		
Maintain Balance Against External Forces	Required	-
<b>Position Tolerance Activities</b>		
Neck Flexion	Occasional: up to 2.5 hours	5 mins
Kneeling	Occasional: up to 2.5 hours	10 minutes
Sitting	Frequent: up to 5 hours	30 mins
Standing	Frequent: up to 5 hours	30 mins
Work Bent Over- Standing	Occasional: up to 2.5 hours	10 mins
Work Crouching/Half Kneel	Occasional: up to 2.5 hours	5 mins
<b>Upper Limb</b>		
Forward Reach	Occasional: up to 2.5 hours	3 mins
Grip	Occasional: up to 2.5 hours	30 mins
Precise Hand & Finger Movement/Use (Manual or Finger Dexterity)	Frequent: up to 5 hours	20 mins
Mousing/ Keying	Frequent: up to 5 hours	5 mins

NB: this is not an exhaustive list of ALL job factors and demands, but those which are considered to be significant.

<b>Definition of frequency (based on 8 hour shift)</b>			
<b>Infrequent: up to 10 minutes</b>	<b>Occasional: up to 2.5 hours</b>	<b>Frequent: up to 5 hours</b>	<b>Constant: up to 8 hours</b>
0 - 2%	2-33%	34-66%	67-100%
Up to 10 minutes	>10 min - 2.5 hours	>2.5 – 5 hours	More than 5 hours