

Workforce Health, WorkFit Services

Job Capacity Statement: RN - Community



The information below is designed to give you an indication of the likely demands of working in this role and will help you assess whether the job may suit you. You are encouraged to ask further questions about the demands if you have any concerns as local conditions may alter the demands you experience in the role. This should be read in conjunction with the Role Description which provides detail about the skills, knowledge and attributes relevant to the role. The Contact Officer listed in the job pack is the best person to contact with any queries.

Environmental Job Factors
Possible Exposure to Infectious Diseases
Shift Work
Exposure to Dust/ Fumes/ Odours
Operating Vehicles
Uneven or unlevel surfaces

Overall Psychological Job Factors	Level of Importance
Level of Job Control or Autonomy	Moderate
Level of Supervision or Support Received	Low
Contact with Co-workers/Colleagues (vs Isolation)	Moderate
Teamwork	Low
Exposure to Confrontational Situations	Moderate
Exposure to Emotional Situations	Moderate
Level of Scrutiny and Accountability from Others (exposure to public scrutiny)	Moderate
Sensitivity and Empathy to Needs of Others	High
New Relationship Building	High
Safety Pressures: Exposure to High Risk with Regard to Safety	Moderate
Switching Between Tasks	Moderate
Time Pressures (including deadlines)	Moderate
Contact with Consumers/ Customers	High
Self-control and Regulation of Emotions	High
Learning (requirement to learn new information and integrate this into work practices)	Moderate

P	Highest Level Of Complexity		
Abstract	Problem Solving & Critical Thinking (including judgement)	Moderate	
Attention And Accuracy	Attention: Concentration	High	
	Attention: Degree of Precision & Accuracy	High	
Mechanical	Mechanical Reasoning (requirement to work with and resolve problems with machinery and equipment)	nd Moderate	
Numerical	Number Skills	Moderate	
Processing	Quick Thinking	Moderate	

Spatial Reasoning		ng (requirement to accurately assess n objects or the fit of objects into spaces)	Moderate	
Verbal	Oral Communica	ation (including active listening)	High	
	Reading Literacy	/	Moderate Moderate Max Load	
	Writing Literacy			
Physical Dem	ands	Frequency (8 Hour Shift)		
Dynamic Strength				
Floor to Waist Lift		Occasional: up to 2.5 hours	15kg	
One handed Carry		Occasional: up to 2.5 hours	10kg	
Two handed Carry		Occasional: up to 2.5 hours	15kg	
Pull		Occasional: up to 2.5 hours	30kg	
Push		Occasional: up to 2.5 hours	30kg NB: must be able to generate a 45kg downward push for CPR, approx. 17-21kg body weight + 18-24kg applied force (occurs rarely)	
Waist to Eye Level Lift		Occasional: up to 2.5 hours	17kg	
Physical Dem	ands	Frequency (8 Hour Shift)	Max 'at one' Time	
Manual Task Postures	1			
Lunge - Forward/Backwar	d	Required	-	
Lunge - Sideways		Required	-	
Mobility Activities	I		1	
Semi Squat/Bench		Occasional: up to 2.5 hours		
Other				
Maintain Balance Against	External Forces	Required	-	
Position Tolerance Activ	vities			
Kneeling		Occasional: up to 2.5 hours	10 minutes	
Neck Flexion		Occasional: up to 2.5 hours	5 minutes	
Sitting		Frequent: up to 5 hours	90 minutes	
Standing		Occasional: up to 2.5 hours	30 minutes	
Work Bent Over- Standing		Occasional: up to 2.5 hours	15 minutes	
Work Crouching/Half Kneel		Occasional: up to 2.5 hours	5 minutes	
Upper Limb				
Forward Reach		Frequent: up to 5 hours	15 minutes	
Grip		Occasional: up to 2.5 hours	10 minutes	
Keying/Mousing		Occasional: up to 2.5 hours	45 minutes	
Precise Hand & Finger Movement/Use (Manual or Finger Dexterity)		Occasional: up to 2.5 hours	20 minutes	

NB: this is not an exhaustive list of ALL job factors and demands, but those which are considered to be significant.

Definition of frequency (based on 8 hour shift)			
Infrequent: up to 10 minutes	Occasional: up to 2.5 hours	Frequent: up to 5 hours	Constant: up to 8 hours
0 - 2%	2-33%	34-66%	67-100%
Up to 10 minutes	>10 min - 2.5 hours	>2.5 – 5 hours	More than 5 hours

Immunisation Demands			
Risk Category	Risk Category Description	Immunisation Requirements	
A	Direct contact with blood or body substances	Diphtheria-Tetanus-Pertussis Hepatitis B *Hepatitis A Influenza Measles-Mumps-Rubella Varicella	

Applicants are responsible for completing minimum immunisation requirements with their preferred immunisation provider prior to commencing employment

*The Australian Immunisation Handbook recommends Hepatitis A vaccine for HCWs who work in rural and remote Indigenous communities; with Indigenous children; or care for persons with developmental disabilities.

• All Healthcare workers who provide patient care must complete the Tuberculosis Screening questionnaire. The need for mantoux testing and or interferon gamma release assay (blood test) is determined by your individual risk or by health service risk. Refer to Policy Directive <u>Control of Tuberculosis in South Australian Health</u> <u>Services</u> for further information.