

Workforce Health, WorkFit Services

Job Capacity Statement: Registered Nurse Theatres



The information below is designed to give you an indication of the likely demands of working in this role and will help you assess whether the job may suit you. You are encouraged to ask further questions about the demands if you have any concerns as local conditions may alter the demands you experience in the role. This should be read in conjunction with the Role Description which provides detail about the skills, knowledge and attributes relevant to the role. The Contact Officer listed in the job pack is the best person to contact with any queries.

Environmental Job Factors
Possible Exposure to Infectious Diseases
Proximity to Moving Objects
Shift Work

Overall Psychological Job Factors	Level of Importance
Level of Job Control or Autonomy	Low
Level of Supervision or Support Received	High
Contact with Co-workers/Colleagues (vs Isolation)	High
Teamwork	High
Level of Scrutiny and Accountability from Others (exposure to public scrutiny)	Moderate
Sensitivity and Empathy to Needs of Others	Moderate
Safety Pressures: Exposure to High Risk with Regard to Safety	Moderate
Switching Between Tasks	High
Time Pressures (including deadlines)	High
Contact with Consumers/ Customers	High
Self-control and Regulation of Emotions	High
Learning (requirement to learn new information and integrate this into work practices)	Moderate

F	Highest Level Of Complexity	
Abstract	Problem Solving & Critical Thinking (including judgement)	High
Attention And Accuracy	Attention: Concentration	High
	Attention: Degree of Precision & Accuracy	High
Mechanical	Mechanical Reasoning (requirement to work with and resolve problems with machinery and equipment)	
Numerical	Number Skills	Moderate
Processing	Quick Thinking	High
Spatial Reasoning	easoning Spatial Reasoning (requirement to accurately assess distance between objects or the fit of objects into spaces) High	
Verbal	Oral Communication (including active listening)	High
	Reading Literacy	Moderate
	Writing Literacy	Moderate

Physical Demands	Frequency (8 Hour Shift)	Max Load
Dynamic Strength		1
One handed Carry	Infrequent: up to 10 minutes	5 kg
Two handed Carry	Occasional: up to 2.5 hours	15 kg
Pull	Infrequent: up to 10 minutes	16 kg
Push	Occasional: up to 2.5 hours	16kg NB: must be able to generate a 45kg downward push for CPR, approx. 17-21kg body weight + 18-24kg applied force (occurs rarely)
Waist to Eye Level Lift	Occasional: up to 2.5 hours	10 kg
Physical Demands	Frequency (8 Hour Shift)	Max 'at one' Time
Manual Task Postures		
Lunge - Forward/Backward	Required	-
Lunge - Sideways	Required	-
Other		'
Maintain Balance Against External Forces	Required	-
Position Tolerance Activities		
Kneeling	Occasional: up to 2.5 hours	10 mins
Neck Flexion	Occasional: up to 2.5 hours	5 mins
Standing	Constant: up to 8 hours	45 mins
Work Bent Over- Standing	Occasional: up to 2.5 hours	10 mins
Upper Limb		'
Forward Reach	Occasional: up to 2.5 hours	1 min
Grip	Occasional: up to 2.5 hours	30 min
Precise Hand & Finger Movement/Use (Manual or Finger Dexterity)	Frequent: up to 5 hours	20 min
Overhead Reach	Required	

NB: this is not an exhaustive list of ALL job factors and demands, but those which are considered to be significant.

Definition of frequency (based on 8 hour shift)			
Infrequent: up to 10 minutes Occasional: up to 2.5 hours Frequent: up to 5 hours Constant: up to 8 hours		Constant: up to 8 hours	
0 - 2%	2-33%	34-66%	67-100%
Up to 10 minutes	>10 min - 2.5 hours	>2.5 – 5 hours	More than 5 hours

Immunisation Demands			
Risk Category	Risk Category Description	Immunisation Requirements	
A	Direct contact with blood or body substances	Diphtheria-Tetanus-Pertussis Hepatitis B *Hepatitis A Influenza Measles-Mumps-Rubella Varicella	

Applicants are responsible for completing minimum immunisation requirements with their preferred immunisation provider prior to commencing employment

^{*}The Australian Immunisation Handbook recommends Hepatitis A vaccine for HCWs who work in rural and remote Indigenous communities; with Indigenous children; or care for persons with developmental disabilities.

[•] All Healthcare workers who provide patient care must complete the Tuberculosis Screening questionnaire. The need for mantoux testing and or interferon gamma release assay (blood test) is determined by your individual risk or by health service risk. Refer to Policy Directive Control of Tuberculosis in South Australian Health Services for further information.