

ROLE DESCRIPTION

Role Title:	Occupational Therapist		
Classification Code:	AHP2	Position Number	
LHN/ HN/ SAAS/ DHA:	Central Adelaide Local Health Network (LHN)		
Site/Directorate	Mental Health Clinical Program (MHCP)		
Division:	Mental Health		
Department/Section / Unit/ Ward:	Various		
Role reports to:	Operationally: Team Manager for site/service Professionally: Principal Occupational therapist		
Role Created/ Reviewed Date:	August 2022		
Criminal History Clearance Requirements:	 ☐ Aged (NPC) ☒ Working With Children's Check (WWCC) (DHS) ☐ Vulnerable (NPC) ☒ General Probity (NPC) 		
Immunisation Risk Category:	 ☐ Category A (direct contact with blood or body substances) ☐ Category B (indirect contact with blood or body substances) ☐ Category C (minimal patient contact) 		

ROLE CONTEXT

Primary Objective(s) of role:

The Central Adelaide Local Health Network (CALHN) Mental Health Clinical Program is made up of a range of multidisciplinary teams providing recovery-focussed clinical services to consumers. These teams include inpatient and sub-acute, community and rehabilitation teams in youth, adult and older persons' services.

Working as a part of a multi-disciplinary team, the AHP2 Occupational Therapist is responsible for the delivery of evidence-based discipline-specific assessment, reports, consultation, individual and group intervention and discharge planning to enhance recovery orientated outcomes for consumers, their families and carers. Depending on work area, the Occupational Therapist may also be responsible for providing clinical care coordination for consumers. The AHP2 Occupational Therapist demonstrates a proficient level of mental health professional knowledge and skill and participates in educational, quality improvement and planning activities and clinical supervision. These lead to improved clinical outcomes and goal attainment for consumers

Consistent with the relevant Model of Care and Service Plan, the Occupational Therapist works collaboratively with consumers, carers, and other staff within the team and the community, and across the service and network of government and non-government organisations in order to develop and implement clinical plans to reduce discharge barriers, maximise outcomes for consumers and support successful community tenure.

Direct Reports:

- Accountable to the Team Manager for functional/operational responsibilities.
- Responsible to the Senior Occupational Therapist, MCHP via the Principal Occupational Therapist for their professional practice and development and will participate in professional supervision with the Principal OT or delegate.
- Required to provide professional/clinical supervision to AHP1 Occupational Therapists, Allied Health Assistants, undergraduate and post-graduate Occupational Therapy students, and work experience students

Key Relationships/ Interactions:

Internal

- The Occupational Therapist works within a multi-disciplinary team and is accountable to the Team Leader for functional/operational responsibilities
- The Occupational Therapist is responsible via the Senior Occupational Therapist to the Principal Occupational Therapist for their professional practice and development.
- The Occupational Therapist is responsible for practice within own level of skills and knowledge base relevant to professional background.
- Attend regular Occupational Therapy professional meetings for the purpose of peer supervision, networking and role definition and development.

External

- Developing and maintaining links with other Government and non-Government agencies at local, state and national levels, to ensure coordinated care and promoting community integration and tenure for people with mental illness
- Maintains co-operative and productive working relationships with stakeholder universities and relevant Professional Association/s and Registration Board as required.

Challenges associated with Role:

Broad spectrum of mental health clinical conditions to be assessed and treated.

Working with people with complex and specialised needs.

Competing occupational therapy specific, generic individual coordination and individual and group program responsibilities.

Discharge planning in complex clinical situations and high-pressured work environment.

Delegations:

Delegated Level N/A

Staff supervised: AHP1 Occupational Therapists, Allied Health Assistants, undergraduate and post-graduate Occupational Therapy students, and work experience students.

Special Conditions:

- It is mandatory that no person, whether or not currently working in SA Health, will be eligible for appointment to a position in SA Health unless they have obtained a satisfactory Background Screening and National Criminal History Clearance.
- Prescribed Positions under the Children and Young People (Safety) Act 2017) must obtain a satisfactory Working with Children Check through the Dept of Human Services (DHS) Screening Unit
- Criminal and Relevant History Screening must be renewed every 3 years thereafter from date of issue for 'Prescribed Positions' under the Children and Young People (Safety) Act 2017 or 'Approved Aged Care Provider Positions' as defined under the Accountability Principles 2014 pursuant to the Aged Care Act 2007 (Cth).
- Appointment is subject to immunisation risk category requirements. There may be ongoing immunisation requirements that must be met.
- Depending on work requirements the incumbent may be transferred to other locations across SA Health to perform work appropriate to classification, skills and capabilities either on a permanent or temporary basis subject to relevant provisions of the *Public Sector Act 2009* for Public Sector employees or the *SA Health (Health Care Act) Human Resources Manual* for Health Care Act employees.
- The incumbent may be required to participate in Counter Disaster activities including attendance, as required, at training programs and exercises to develop the necessary skills required to participate in responses in the event of a disaster and/or major incident.
- Hours of duty will be in accordance with provisions of the SA Public Sector Enterprise Agreement: Salaried 2021.
- May be required to work within other locations of the Central Adelaide Local Health Network.
- Must undertake supervision and professional development activities to meet their profession's standards and requirements.
- Required to comply with and meet SA Health's credentialing requirements including participating in supervision and continuing professional development.
- Must have a current, valid and unencumbered South Australian driver's license and willingness to drive a government plated car.
- Intrastate travel may be required.
- Will be required to travel between locations and work within community settings and within the consumer's own environment within the metropolitan region.
- May be required to undertake a health assessment prior to commencement.
- May be required to be rostered and to work ordinary hours over five, six, or seven days of the week and/or work reasonable overtime, and to participate in an on-call roster, including out of hours/weekend work, undertake shift coordination, duty work and rapid response. Roster arrangements may be reviewed/varied, in order to meet organisational requirements.

General Requirements:

Managers and staff are required to work in accordance with the Code of Ethics for South Australian Public Sector, Directives, Determinations and Guidelines, and legislative requirements including but not limited to:

- Work Health and Safety Act 2012 (SA) and when relevant WHS Defined Officers must meet due diligence requirements.
- Return to Work Act 2014 (SA), facilitating the recovery, maintenance or early return to work of employees with work related injury / illness.
- Meet immunisation requirements as outlined by the *Immunisation for Health Care Workers in South Australia Policy Directive*.

- Equal Employment Opportunities (including prevention of bullying, harassment and intimidation).
- Children and Young People (Safety) Act 2017 (SA) 'Notification of Abuse or Neglect'.
- Disability Discrimination.
- Independent Commissioner Against Corruption Act 2012 (SA).
- Information Privacy Principles Instruction.
- Relevant Awards, Enterprise Agreements, *Public Sector Act 2009, Health Care Act 2008* and the *SA Health (Health Care Act) Human Resources Manual.*
- Relevant Australian Standards.
- Duty to maintain confidentiality.
- Smoke Free Workplace.
- To value and respect the needs and contributions of SA Health Aboriginal staff and clients and commit to the development of Aboriginal cultural competence across all SA Health practice and service delivery.
- Applying the principles of the South Australian Government's Risk Management Policy to work as appropriate.
- The SA Health workforce contributes to the safety and quality of patient care by adhering to the South Australian Charter of Health Care Rights, understanding the intent of the National Safety and Quality Health Service Standards and participating in quality improvement activities as necessary.

Performance Development

The incumbent will be required to participate in the organisation's Performance Review & Development Program which will include a regular review of the incumbent's performance against the responsibilities and key result areas associated with their position and a requirement to demonstrate appropriate behaviours which reflect a commitment to SA Health values and strategic directions.

Handling of Official Information:

By virtue of their duties, SA Health employees frequently access, otherwise deal with, and/or are aware of, information that needs to be treated as confidential.

SA Health employees will not access or attempt to access official information, including confidential patient information other than in connection with the performance by them of their duties and/or as authorised.

SA Health employees will not misuse information gained in their official capacity.

SA Health employees will maintain the integrity and security of official or confidential information for which they are responsible. Employees will also ensure that the privacy of individuals is maintained and will only release or disclose information in accordance with relevant legislation, industrial instruments, policy, or lawful and reasonable direction.

White Ribbon:

SA Health has a position of zero tolerance towards men's violence against women in the workplace and the broader community. In accordance with this, the incumbent must at all times act in a manner that is non-threatening, courteous, and respectful and will comply with any instructions, policies, procedures or guidelines issued by SA Health regarding acceptable workplace behaviour.

Integrity Statement:

As a public sector employee, the incumbent will have a responsibility to maintain ethical behaviour and professional integrity standards. It is expected that the incumbent act in accordance with the Code of Ethics, and contribute to a culture of integrity within SA Health.

Cultural Commitment:

CALHN welcomes and respects Aboriginal and Torres Strait Islander people and values the expertise, cultural knowledge and life experiences they bring to the workplace. In acknowledgement of this, CALHN is committed to increasing the Aboriginal and Torres Strait Islander Workforce.

Resilience:

SA Health employees persevere to achieve goals, stay calm under pressure and are open to feedback.

Key Result Area and Responsibilities

 Taking responsibility for the provision of evidence based Occupational therapy services to team consumers including assessment, interventions, reports and recommendations, and the appropriate referral to relevant support services of consumers if required. Providing consultation and advice to the multi-disciplinary team or other partnered service providers in relation to appropriate occupational therapy assessment, report recommendations and intervention. Planning and providing specialist clinical care plans. Developing and delivering group therapy programs as appropriate. Ensuring appropriate use of outcome measures to evaluate practice. Ensuring equity of access and continuity of care for consumers by providing occupational therapy assessment and intervention agrees a report of sites attraction.
across a range of sites, streams, or services within the CALHN Mental Health Clinical Program as required by the service. Undertaking a clinical case load and providing care to consumers with complex and specialised needs including utilising mental health and risk assessment. Facilitating interventions aimed at assisting consumers occupational functioning and self-regulation, community tenure Offering specialist group or individual programs according to own knowledge base and individual skill level, as determined by service/team requirements and least restrictive practice standards. Requesting the assistance of other disciplines when necessary to contribute to the consumers rehabilitation plan. Contributing an occupational performance practice perspective within the multidisciplinary team to enhance recovery outcomes for consumers and their carers. Ensuring practice is in accordance with the Mental Health Ac 2009, the Guardianship and Administration Act, National Practice Standards for the Mental Health Workforce, National Mental Health Strategy and UN Principles on the Protection of People with a Mental Illness and improvement in mental health care as well as the professional discipline code of conduct and the Australian Standards for Occupational Therapists in Mental Health. Teaching the consumer to identify warning signals of relapse and providing psychoeducation. Within own scope of practice and understanding, assisting the consumer in gaining and understanding the role of medication. Contributing to timely planned and outcome focussed admissions and episodes of care of appropriate duration for consumers.
families and carers by: needs addressed.Offering opportunities to be involved in program planning.

	 Taking into account social and cultural diversities to ensure access to and utilisation of culturally specific services. 			
	Recognising and planning for the needs of children who have a			
	parent with a mental illness and partnering with child and adolescent services and DCP as appropriate.			
	 Providing support and in reach to consumers across the services 			
	requiring occupational therapy as required or delegated.			
Describe continuity of	Advocating and negotiating on behalf of the consumer with			
Provide continuity of care and support for the	relevant internal and external groups/services.			
consumer through	Communicating with other mental health professionals when			
mental health and wider	consumers move across the regional boundaries.			
health and social	Recommend or providing services to consumers which promote and facilitate the use of supports recourses haveing excitable at			
systems by:	and facilitate the use of supports, resources, housing available at the local community level and take into account social and			
	cultural diversities.			
	 Linking and coordinating an appropriate range of resources and 			
	specialist and general services within and across regions.			
	Responding to requests to provide consultation/information/in-			
Participate in community	services.			
Participate in community development and	 Participating in educational activities within the local community which raises awareness of the needs, treatment and other issues 			
educational activities by:	associated with mental illness as appropriate.			
	Liaising and collaborating with other agencies, health care			
	professionals and service providers to determine how to best			
	meet the needs and ensure best outcomes for consumers.			
	Being actively involved in formulating team aims and objectives			
	and contribute towards the attainment of them.Participating in handovers and clinical reviews.			
Work as an effective	 Participating in staff development sessions as well as facilitating 			
member of a	and when appropriate provide education and staff development programs.			
multidisciplinary team				
by:	Working with other team members to resolve conflict situations.			
	Providing discipline specific expertise to assist in the planning and delivery of consumer programs and epicodes of core.			
	 and delivery of consumer programs and episodes of care. Providing a consultative service to other team members. 			
	- 1 To viding a consultative service to other team members.			
	Participating in occupational therapy meetings as directed.			
	Utilising the best available evidence to support professional			
	practice.			
Use, enhance and	Utilising a range of relevant OT practice modelsProviding clinical training and supervision of Occupational			
maintain Occupational	Therapy students during clinical placements and AHP1			
Therapy skills, resources and	Occupational Therapists and receiving own supervision.			
professional practice by:	Organising and attending staff in-service educational programs.			
p. c. coc. silai piaolioo by:	Participating in on-going professional development.			
	Attending mandatory in-service programs.			
	Collecting required data to evaluate service effectiveness.			
	 Notifying senior of need for program resource requirements in the care and treatment of consumers. 			
Undertake	Monitoring and evaluating intervention outcomes.			
implementation of	Being involved in continuous quality improvement and other			
quality improvement and	relevant research and evaluation activities to promote service			
the collection,	development and quality improvement.			

monitoring and evaluation of key Undertaking Occupational Therapy quality improvement activities performance indicators as directed by management and the Principal Occupational bv: Therapist. Assisting with the developing and establishing key performance indicators for all critical activities relevant to area of responsibility in accordance with the quality evaluation program. Assisting in the identification, establishment and review of corporate and departmental performance standards and outcomes. Maintaining knowledge of and adhering to the principles and standards of Equal Employment Opportunity Legislation and Respectful Behaviour Policy, which ensures all employees in the workplace are treated in a fair and equitable manner, free from discrimination, bullying and harassment. Complying with the Occupational Health Safety and Welfare Act. 1986: Complying with the occupational health, safety and welfare policies and procedures, including Mental Health Clinical Program policies and procedures o promotion of safety for consumers, their families and carers, and the community: staff training in understanding of appropriate safety responses to aggression and other difficult behaviours Ensure the activities and protection of consumers from abuse and exploitation environment of the Ensuring that occupational health, safety and welfare are CALHN are safe for staff. taken into account in all planning and operational consumers, their considerations families and carers, and Consulting with Health and Safety Representatives on the community by: matters directly affecting health, welfare and safety through hazard identification, evaluation and control; Reporting all accidents, incidents and near misses Participating in the CALHN Integrated Risk Management Program Taking care to protect and promote health, safety and welfare in the workplace: Taking care to avoid adversely affecting the health, safety or welfare of any other person through any act or omission in the workplace; Obeying any reasonable instruction that the employer may give in relation to health, safety or welfare at work eg. use any equipment provided for health and safety purposes.

Knowledge, Skills and Experience

ESSENTIAL MINIMUM REQUIREMENTS

Educational/Vocational Qualifications

Appropriate degree or equivalent qualification which entitles registration as an Occupational Therapist with the Occupational Therapy Board of Australia.

Personal Abilities/Aptitudes/Skills

- Competent in undertaking evidenced based occupational therapy assessments, individual or group interventions, reports and consultations and to evaluate Occupational Therapy outcomes.
- Ability to undertake comprehensive assessments including, mental state, risk assessment, assessment for consumer care planning and recognition of side-effects from medication.
- Competent communicating effectively (verbally and in writing) with consumers, carers, staff and services.
- Competent in working collaboratively and cohesively with consumers, carers, other community services and the multidisciplinary team.
- Competent to document timely, accurate, legible, complete clinical records and provide workload data.
- Ability to apply independent professional judgement to routine and increasingly complex work situations.
- Organisational skills including the ability to prioritise work, effectively manage time and resources, meet deadlines, problem solve, negotiate, be flexible and adaptable and demonstrate initiative.
- Ability to provide services using consumer centred approaches that are ethically and culturally appropriate, and respecting of principles of confidentiality.
- Ability to work without direct supervision, apply professional judgement and work within own limitations making decisions accordingly.
- Commitment to ongoing development of clinical and professional knowledge and skills including the use of accepted evidence-based practices and approaches
- Ability to provide supervision, support and oversight of occupational therapy students, Allied health assistants and or staff (AHP1's)

Experience

- Experience in a broad range of Occupational Therapy assessment and intervention including utilising sound clinical judgement to formulate clinical plans.
- Experience in the developing and maintenance of therapeutic relationships collaborative care planning implementation and effective evaluation of planned group and individual interventions for consumers with complex needs
- Experience working with consumers and their families/carers in complex clinical situations within community and/or inpatient with reduced professional supervision
- Successful participation in a multidisciplinary environment.
- Experience supervising occupational therapy students, allied health assistants and or AHP1 Occupational Therapists
- Experience in the use of information technology including email and word processing

Knowledge

- Knowledge of principles, processes and environments that supports mental health recovery
- Knowledge of the comprehensive and complex individualised occupational performance needs of consumers within the inpatient and community setting
- A general knowledge of mental health standards, plans and legislation including knowledge of the treatment and care requirements within the Mental Health Act 2009.
- Sound understanding of key needs and approaches relevant to Aboriginal and Torres Strait Islander people and people from culturally and linguistically diverse backgrounds.

- A general knowledge of relevant Acts pertaining to own profession
- Clinical knowledge, sufficient to enable safe and effective work with appropriate supervision in a variety of clinical areas.
- Knowledge of public sector management aims, personnel management standards and employee conduct standards Equal Opportunity and Occupational Health Safety and Welfare.

DESIRABLE CHARACTERISTICS

Educational/Vocational Qualifications

- Training or postgraduate qualifications in relevant clinical, supervisory or management theory or skills.
- Relevant undergraduate or postgraduate qualifications (other than base grade qualification) specific to clinical practice in own discipline.

Personal Abilities/Aptitudes/Skills:

- Demonstrated ability in planning and implementing positive changes to service quality delivery
- Skills in evaluation or research methods, project management and stakeholder negotiation.

Experience

- Demonstrated clinical experience in Occupational Therapy mental health practice
- Experience in the clinical teaching and supervision of staff and or students and team management.
- Experience in implementing quality improvement activities or research projects.
- Experience working collaboratively with consumers, carers, community or inpatient mental health teams, other agencies and community services.

Knowledge

- Knowledge of community resources, formal and informal, relevant to people with severe mental illness
- Knowledge of relevant and current accepted evidence best practice OT models of practice including those used in mental health.
- Broad knowledge of psychiatry theory and practice, mental health conditions and psychiatric medication
- Familiarity with current psychiatric diagnostic and classification system and assessment tools
- Knowledge of research methods and quality assurance procedures

Organisational Context

Organisational Overview:

At CALHN we are shaping the future of health with world-class care and world-class research. This is fundamental in assisting us to achieve our vision of becoming one of the top five performing health services in Australia and one of the top 50 performing health services in the world within five years.

We are part of SA Health, which is the brand name for the public health system. As a system SA Health's mission is to lead and deliver a comprehensive and sustainable health system that aims to ensure healthier, longer and better lives for all South Australians. We will achieve our objectives by strengthening primary health care, enhancing hospital care, reforming mental health care and improving the health of Aboriginal people.

SA Health is committed to a health system that produces positive health outcomes by focusing on health promotion, illness prevention and early intervention. We will work with other government agencies and the community to address the environmental, socioeconomic, biological and behavioural determinants of health, and to achieve equitable health outcomes for all South Australians

Our Legal Entities:

SA Health is the brand name for the health portfolio of services and agencies responsible to the Minister for Health and Wellbeing. The Department for Health and Wellbeing is an administrative unit under the Public Sector Act 2009.

The legal entities include but are not limited to the Central Adelaide Local Health Network Inc., Northern Adelaide Local Health Network Inc., Southern Adelaide Local Health Network Inc., Women's and Children's Health Network Inc., Barossa Hills Fleurieu Local Health Network Inc., Eyre and far North Local Health Network Inc., Flinders and Upper North Local Health Network Inc., Limestone Coast Local Health Network Inc., Riverland Mallee Coorong Local Health Network Inc., Yorke and Northern Local Health Network Inc.and SA Ambulance Service Inc.

SA Health Challenges:

The health system is facing the challenges of an ageing population, increased incidence of chronic disease, workforce shortages, and ageing infrastructure. The SA Health Strategic Plan has been developed to meet these challenges and ensure South Australian's have access to the best available health care in hospitals, health care centres and through GPs and other providers.

Central Adelaide Local Health Network:

Established in July 2011, CALHN is one of five Local Health Networks (LHNs) in South Australia and we are accountable to the Central Adelaide Local Health Network Governing Board. Our board has oversight of our strategy, risk management, governance and performance, and works with our Chief Executive Officer to provide strategic direction for our network.

CALHN is responsible for the following health services:

- Royal Adelaide Hospital (RAH)
- The Queen Elizabeth Hospital (TQEH)
- Hampstead Rehabilitation Centre (HRC)
- St Margaret's Rehabilitation Hospital (SMRH)
- Glenside Health Service (GHS) Psychiatric Intensive Care Unit; Inpatient Rehabilitation Services and Acute beds only
- Adelaide Dental Hospital (ADH).

CALHN also has governance over numerous community mental health and primary health services including Prison Health Service, SA Dental Service and DonateLife SA. Of note also is governance of the Statewide Clinical Support Services (SCSS) including SA Medical Imaging (SAMI), SA Pathology SA Pharmacy and BreastScreenSA, responsibility of which has vacillated between CALHN and DHW over the past few years.

CALHN is one of three metropolitan LHNs and its core population is approximately 390,000 people. CALHN also provides services to patients from other SA networks, rural and remote areas, the Northern Territory, NSW (Broken Hill) and western parts of Victoria. These services usually relate to complex services such as head and neck cancer, radiation therapy, cardiac surgery, spinal surgery or rehabilitation.

CALHN's purpose is to deliver quality and sustainable healthcare. While the delivery of high-quality patient care is our number one priority, underpinning our goals is good governance, improved patient experience, business operations, efficiency and financial performance and more accountable and contemporary ways of working.

To find out more about CALHN visit centraladelaide.health.sa.gov.au.

Mental Health Clinical Program:

The CALHN Mental Health Clinical Program (MHCP) provides comprehensive inpatient and community based mental health care to people living within the CALHN catchment area. Services are located in the two general hospitals, at Glenside Health Services and at a range of community sites. Services are available for people from 16 years. The MHCP partners with multiple government and non-government services in the coordination of treatment and support services. The service is multidisciplinary and employs a range of medical, nursing, allied health, administration and lived experience workers. The service is committed to the genuine engagement of consumers and carers as partners in service delivery.

Values and behaviours

Central Adelaide Local Health Network Values

Our values, together with our vison and ambitions provide direction for everything that happens across our network. They outline who we are, what we stand for, what our consumers and their families can expect from us and what we can expect from each other. They guide our decisions and actions.

Values	Behaviours
People first	 I am there for my patients and colleagues when they need me most. I put myself in my patients and colleagues' shoes to understand their needs. I go out of my way to make sure my patients and colleagues achieve the best outcome and have a great experience. I respect uniqueness in my colleagues, our patients and their families.
Ideas driven	 I look and listen to ensure I fully understand the problem and find a solution. I look for ways to break-down barriers and silos to hear new perspectives and solve complex problems. I invest in my own learning and look for opportunities to explore and introduce new ideas. I am interested in critical research and how it informs creative thinking.
Future focussed	 I embrace leading practices and use them to evolve our ways of working. I lead and support change to improve patient and organisational outcomes. I am constantly on the look-out for opportunities to improve.
Community minded	 I put my hand up to lead work that matters. I am accountable and focused on value. I value and champion diversity. I embrace collaboration and constructive partnerships.

Code of Ethics

The Code of Ethics for the South Australian Public Sector provides an ethical framework for the public sector and applies to all public service employees:

- Democratic Values Helping the government, under the law to serve the people of South Australia.
- Service, Respect and Courtesy Serving the people of South Australia.
- Honesty and Integrity- Acting at all times in such a way as to uphold the public trust.
- Accountability- Holding ourselves accountable for everything we do.
- Professional Conduct Standards- Exhibiting the highest standards of professional conduct.

The Code recognises that some public sector employees are also bound by codes of conduct relevant to their profession.

Approvals

Signature:

Role Description Approval

I acknowledge that the role I currently occupy has the delegated authority to authorise this document.

Name:	Role Title:

Date:

Role Acceptance

Incumbent Acceptance

I have read and understand the responsibilities associated with role, the role and organisational context and the values of CALHN as described within this document.

Name:	Signature:	Date:
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