

The information below is designed to give you an indication of the likely demands of working in this role and will help you assess whether the job may suit you. You are encouraged to ask further questions about the demands if you have any concerns as local conditions may alter the demands you experience in the role. This should be read in conjunction with the Role Description which provides detail about the skills, knowledge and attributes relevant to the role. The Contact Officer listed in the job pack is the best person to contact with any queries.

Environmental Job Factors

Possible Exposure to Infectious Diseases
Shift Work
Exposure to Dust/ Fumes/ Odours
Operating Vehicles
Uneven or unlevel surfaces

Overall Psychological Job Factors

Level of Importance

Level of Job Control or Autonomy	Moderate
Level of Supervision or Support Received	Low
Contact with Co-workers/Colleagues (vs Isolation)	Moderate
Teamwork	Low
Exposure to Confrontational Situations	Moderate
Exposure to Emotional Situations	Moderate
Level of Scrutiny and Accountability from Others (exposure to public scrutiny)	Moderate
Sensitivity and Empathy to Needs of Others	High
New Relationship Building	High
Safety Pressures: Exposure to High Risk with Regard to Safety	Moderate
Switching Between Tasks	Moderate
Time Pressures (including deadlines)	Moderate
Contact with Consumers/ Customers	High
Self-control and Regulation of Emotions	High
Learning (requirement to learn new information and integrate this into work practices)	Moderate

Psychological Demands (Cognitive)

Highest Level Of Complexity

Abstract	Problem Solving & Critical Thinking (including judgement)	Moderate
Attention And Accuracy	Attention: Concentration	High
	Attention: Degree of Precision & Accuracy	High
Mechanical	Mechanical Reasoning (requirement to work with and resolve problems with machinery and equipment)	Moderate
Numerical	Number Skills	Moderate
Processing	Quick Thinking	Moderate

Spatial Reasoning	Spatial Reasoning (requirement to accurately assess distance between objects or the fit of objects into spaces)	Moderate
Verbal	Oral Communication (including active listening)	High
	Reading Literacy	Moderate
	Writing Literacy	Moderate
Physical Demands		Frequency (8 Hour Shift)
Dynamic Strength		
Floor to Waist Lift	Occasional: up to 2.5 hours	15kg
One handed Carry	Occasional: up to 2.5 hours	10kg
Two handed Carry	Occasional: up to 2.5 hours	15kg
Pull	Occasional: up to 2.5 hours	30kg
Push	Occasional: up to 2.5 hours	30kg <i>NB: must be able to generate a 45kg downward push for CPR, approx. 17-21kg body weight + 18-24kg applied force (occurs rarely)</i>
Waist to Eye Level Lift	Occasional: up to 2.5 hours	17kg
Physical Demands		Frequency (8 Hour Shift)
Manual Task Postures		
Lunge - Forward/Backward	<i>Required</i>	-
Lunge - Sideways	<i>Required</i>	-
Mobility Activities		
Semi Squat/Bench	Occasional: up to 2.5 hours	
Other		
Maintain Balance Against External Forces	<i>Required</i>	-
Position Tolerance Activities		
Kneeling	Occasional: up to 2.5 hours	10 minutes
Neck Flexion	Occasional: up to 2.5 hours	5 minutes
Sitting	Frequent: up to 5 hours	90 minutes
Standing	Occasional: up to 2.5 hours	30 minutes
Work Bent Over- Standing	Occasional: up to 2.5 hours	15 minutes
Work Crouching/Half Kneel	Occasional: up to 2.5 hours	5 minutes
Upper Limb		
Forward Reach	Frequent: up to 5 hours	15 minutes
Grip	Occasional: up to 2.5 hours	10 minutes
Keying/Mousing	Occasional: up to 2.5 hours	45 minutes
Precise Hand & Finger Movement/Use (Manual or Finger Dexterity)	Occasional: up to 2.5 hours	20 minutes

NB: this is not an exhaustive list of ALL job factors and demands, but those which are considered to be significant.

Definition of frequency (based on 8 hour shift)			
Infrequent: up to 10 minutes	Occasional: up to 2.5 hours	Frequent: up to 5 hours	Constant: up to 8 hours
0 - 2%	2-33%	34-66%	67-100%
Up to 10 minutes	>10 min - 2.5 hours	>2.5 – 5 hours	More than 5 hours