

Workforce Health, WorkFit Services



Job Capacity Statement: Social Worker

The information below is designed to give you an indication of the likely demands of working in this role and will help you assess whether the job may suit you. You are encouraged to ask further questions about the demands if you have any concerns as local conditions may alter the demands you experience in the role. This should be read in conjunction with the Role Description which provides detail about the skills, knowledge and attributes relevant to the role. The Contact Officer listed in the job pack is the best person to contact with any queries.

Environmental Job Factors

Possible Exposure to Infectious Diseases

Overall Psychological Job Factors	Level of Importance
Level of Job Control or Autonomy	High
Level of Supervision or Support Received	Low
Contact with Co-workers/Colleagues (vs Isolation)	Moderate
Teamwork	High
Exposure to Confrontational Situations	Moderate
Exposure to Emotional Situations	High
Level of Scrutiny and Accountability from Others (exposure to public scrutiny)	Moderate
Sensitivity and Empathy to Needs of Others	High
New Relationship Building	High
Time Pressures (including deadlines)	Moderate
Contact with Consumers/ Customers	High
Self-control and Regulation of Emotions	High
Learning (requirement to learn new information and integrate this into work practices)	Moderate

Psychological Demands (Cognitive)		Highest Level Of Complexity
Abstract	Problem Solving & Critical Thinking (including judgement)	High
Attention And Accuracy	Attention: Concentration	Moderate
Verbal	Oral Communication (including active listening)	High
	Reading Literacy	High
	Writing Literacy	High

Physical Demands	Frequency (8 Hour Shift)	Max Load
Dynamic Strength		
Floor to Waist Lift	Infrequent: up to 10 minutes	10kg

Pull	Infrequent: up to 10 minutes 10kg		
Push	Infrequent: up to 10 minutes 10kg		
Physical Demands	Frequency (8 Hour Shift) Max 'at one' Tin		
Position Tolerance Activities			
Neck Flexion	Occasional: up to 2.5 hours	10 mins	
Sitting	Constant: up to 8 hours 90mins		
Upper Limb			
Grip	Occasional: up to 2.5 hours	30 mins	
Keying/Mousing	Occasional: up to 2.5 hours	45 mins	

NB: this is not an exhaustive list of ALL job factors and demands, but those which are considered to be significant.

Definition of frequency (based on 8 hour shift)			
Infrequent: up to 10 minutes	Occasional: up to 2.5 hours	Frequent: up to 5 hours	Constant: up to 8 hours
0 - 2%	2-33%	34-66%	67-100%
Up to 10 minutes	>10 min - 2.5 hours	>2.5 – 5 hours	More than 5 hours

Immunisation Demands			
Risk Category	Risk Category Description	Immunisation Requirements	
В	Indirect contact with blood or body substances	Diphtheria-Tetanus-Pertussis Influenza Measles-Mumps-Rubella Varicella	

Applicants are responsible for completing minimum immunisation requirements with their preferred immunisation provider prior to commencing employment *The Australian Immunisation Handbook recommends Hepatitis A vaccine for HCWs who work in rural and remote Indigenous communities; with Indigenous children; or care for persons with developmental disabilities.

[•] All Healthcare workers who provide patient care must complete the Tuberculosis Screening questionnaire. The need for mantoux testing and or interferon gamma release assay (blood test) is determined by your individual risk or by health service risk. Refer to Policy Directive Control of Tuberculosis in South

Australian Health Services for further information.