

## Community Mental Health Practitioner - Peer Practitioner

**Our vision:** *People and communities have strong mental health and wellbeing.*

**Our purpose:** *Partnering with clients and carers to deliver mental health and wellbeing services that enhance quality of life.*

**Our values:** *Hope, Creativity and innovation, Client focus, Making a difference, Integrity.*

### Position Information

<p><b>Purpose</b></p>	<p>The Community Mental Health Practitioner - Peer Practitioner utilises their lived experience of mental ill health and recovery to provide clients support to live independently in their place of residence. The Peer Worker is expected to be a champion of co-design and co-production in all aspects of the service. Working with clients to define their own outcomes whilst providing individual and shared support within a residential setting. They ensure support provided is aligned with the client's NDIS plan, Supported Independent Living (SIL) goals and My Better Life Plan.</p> <p>Peer support is an important part of Mind's approach to recovery. The Community Mental Health Practitioner - Peer Practitioner works as part of a multidisciplinary team with lived experience of mental ill health and recovery being the unique specialist lens that they bring.</p>
<p><b>Position reports to</b></p>	<p>Service Manager</p>
<p><b>Mind classification level</b></p>	<p>SCHADS Level 3</p>
<p><b>Stream</b></p>	<p>Sub-Acute Residential, Queensland</p>
<p><b>About the service</b></p>	<p>Mind focuses on supporting individuals with mental health issues within a framework of recovery that is focused on strengths and capabilities, including supporting clients to identify, develop and maintain a sustainable and purposeful lifestyle that has meaning and value to them, actively participate in community life, manage day-to-day activities and reduce social isolation. This is achieved through supporting clients to enhance their independent living skills and establishing or maintaining a positive connection with employment services, family supports, housing, social activities and other essential support networks based on individual need.</p> <p>Group Based Recovery Support Programs (GBRSP) provide support of up to 12 months to help clients live independently and safely in the community. Paired with the individual 1:1 support, this service provides</p>

Mind values the experience and contribution of people from all cultures, genders, sexualities, bodies, abilities, ages, spiritualities and backgrounds. We encourage applications from Aboriginal and Torres Strait Islander peoples, people with a lived experience of mental ill-health and recovery, people living with disability, those who identify as LGBTIQ and applicants from culturally and linguistically diverse backgrounds.



	multidisciplinary, tiered community based psychosocial support being delivered through partnerships with hospital networks.
<b>Position description effective date</b>	January 2022
<b>Responsibilities</b>	
<b>Peer work</b>	<ul style="list-style-type: none"> <li>• Utilise your own lived experience of mental ill health and recovery to inform your work and the work of the team.</li> <li>• Disclose your lived experience in an appropriate and purposeful manner to support, empower, bring hope and support the recovery of clients.</li> <li>• Draw on the broader lived experience knowledgebase to inform your practice.</li> <li>• Support the team to understand and deliver services that are consistent with recovery oriented practice.</li> <li>• Undertake projects and adopt portfolios as required.</li> <li>• Spearhead co-design and coproduction in all aspects of the service including program evaluation, planning, decision making and service design.</li> </ul>
<b>Provide support to residents</b>	<ul style="list-style-type: none"> <li>• Work with clients to achieve their goals as set out within their NDIS plan, Supported Independent Living quote and My Better Life Plan: <ul style="list-style-type: none"> <li>- Welcoming and engaged.</li> <li>- Support is individually tailored to meet the individuals' needs and is relevant to what the client is being funded to receive.</li> <li>- Skill and capacity development.</li> <li>- Engagement and maintenance of natural supports.</li> <li>- Service exit and on-going self-management support.</li> </ul> </li> <li>• Support clients in a range of areas including: <ul style="list-style-type: none"> <li>- Welcoming and engaged.</li> <li>- Understanding and managing client's own mental health.</li> <li>- Developing daily living skills and capacity for self-care.</li> <li>- Supporting clients to maintain their home through direct assistance, role modelling and facilitating skills development.</li> <li>- Crisis and incident management.</li> <li>- Addressing stigma and managing issues arising from trauma.</li> <li>- Managing physical health and supporting management of drug and alcohol issues.</li> <li>- Understanding the principles of citizenship.</li> </ul> </li> <li>• Purposefully engage with clients using techniques including: <ul style="list-style-type: none"> <li>- Brief intervention and person centred strengths based practice.</li> <li>- Motivational interviewing and coaching.</li> <li>- Family inclusive and trauma informed practice.</li> </ul> </li> </ul>



	<ul style="list-style-type: none"> <li>- Conflict resolution and harm minimisation.</li> <li>- Support for individuals with a dual disability.</li> <li>• Working in collaboration with Mind’s Dual Disability Practice Advisor to ensure appropriate supports are provided to individuals who may have associated behaviors of concern:             <ul style="list-style-type: none"> <li>- Implement strategies of a Positive Behaviour Support plan in the least restrictive manner.</li> <li>- Ensure all legislative requirements are completed when required.</li> </ul> </li> <li>• Support family and carer roles through understanding their concerns and the provision of information, education and referrals.</li> <li>• Facilitate, as appropriate, the re-engagement and maintenance of family and carer relationships.</li> <li>• Work with families and carers at the time of transition back to community.</li> </ul>
<b>Undertake group work</b>	<ul style="list-style-type: none"> <li>• Plan and develop group work programs that will assist clients to build their skills, focus on their recovery.</li> <li>• Deliver group work programs as the lead/co-facilitator based on peer values and principles.</li> <li>• Engage and support clients to co-produce and co-facilitate groups/events.</li> <li>• Evaluate and review group work programs.</li> </ul>
<b>Work with local Service providers</b>	<ul style="list-style-type: none"> <li>• Engage with clients to fully understand their need for assistance from local service providers with clinical services, physical health, education and employment, eligible entitlements and benefits, housing, transport, recreation and social connections.</li> <li>• Make linkages and build relationships and referral pathways to maintain or create a range of local supports for clients that facilitate them living the life of their choosing in their own community.</li> </ul>
<b>Housekeeping</b>	<ul style="list-style-type: none"> <li>• Contribute to the day to day operations of the residential service through undertaking a range of housekeeping duties including:             <ul style="list-style-type: none"> <li>- Preparing rooms for new residents, washing linen, food shopping and meal preparation and maintaining office spaces in a clean and hygienic state.</li> <li>- Ensuring all communal areas are home-like and welcoming at all times.</li> <li>- Support residents with developing a routine with daily living skills through role modelling.</li> </ul> </li> </ul>
<b>Professional development</b>	<ul style="list-style-type: none"> <li>• Undertake relevant training and professional development, including regular supervision, appropriate to the primary work of the service and Mind.</li> <li>• Participate in reflective practice.</li> </ul>



<p><b>Accountability</b></p>	<ul style="list-style-type: none"> <li>• Conduct yourself in accordance with the Mind Code of Conduct and Mind policies and procedures which may change from time to time.</li> <li>• Proactively support Mind’s vision of supporting people facing mental health challenges to live well and be socially included, in accordance with the Mind values.</li> </ul>
<p><b>Workplace health, safety and wellbeing</b></p>	<ul style="list-style-type: none"> <li>• Contribute actively to the maintenance of a safe workplace.</li> <li>• Ensure all safety issues are reported and addressed as they arise.</li> </ul>
<p><b>Lived experience</b></p>	<ul style="list-style-type: none"> <li>• Contribute to a workplace that values lived experience and the inclusion of consumers, carers and families in the work we do.</li> </ul>
<p><b>Cultural safety</b></p>	<ul style="list-style-type: none"> <li>• Contribute to a culturally safe workforce and service environment for staff, consumers, carers and volunteers from all cultures, genders, sexualities, bodies, abilities, spiritualities, ages and backgrounds.</li> </ul>



Position Requirements	
<b>Qualifications required</b>	<ul style="list-style-type: none"> <li>• Tertiary qualifications (minimum Certificate IV) in Mental Health, Peer Work, Psychology, Social Work, Occupational Therapy or other health related field as designated by Mind.</li> </ul>
<b>Knowledge, skills and experience required</b>	<ul style="list-style-type: none"> <li>• Lived experience of mental ill health and recovery and the ability and willingness to use this to inform your work and the work of the team is required.</li> <li>• Experience working directly with people with mental health issues, complex needs, and with their families and carers.</li> <li>• Ability to co-facilitate groups and education support.</li> <li>• Demonstrated ability to plan and prioritise service delivery requirements.</li> <li>• Demonstrated experience in documenting client notes, reporting and working with a variety of electronic systems.</li> <li>• Demonstrated understanding of available community services, networks and supports.</li> <li>• Awareness and understanding of the NDIS is desirable.</li> </ul>
<b>Other</b>	<ul style="list-style-type: none"> <li>• Right to work in Australia.</li> <li>• Current valid driver's licence.</li> <li>• Current NDIS Worker Screening Check Clearance.</li> <li>• Working with Children Check or equivalent (Blue Card - QLD).</li> <li>• Able to obtain and provide evidence of vaccinations against COVID-19.</li> <li>• Able to provide a record of Vaccination Preventable Diseases or able to obtain vaccinations against Measles, Mumps, Rubella, Chicken Pox, Whooping Cough, Hepatitis B or other diseases as required by our Partnership with Queensland Health.</li> <li>• Willingness to obtain CPR and First Aid certifications.</li> <li>• Able and willing to work a 24/7 rotating roster including sleepovers and weekends.</li> <li>• Preparedness to work across different Services and/or locations as required and directed.</li> </ul>

To learn more about Mind visit [mindaustralia.org.au](http://mindaustralia.org.au)



You can also watch our Great Minds series of videos by visiting [www.youtube.com/mindaustralia](http://www.youtube.com/mindaustralia)

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