

Workforce Health, WorkFit Services

# Job Capacity Statement: Registered Nurse Theatres



The information below is designed to give you an indication of the likely demands of working in this role and will help you assess whether the job may suit you. You are encouraged to ask further questions about the demands if you have any concerns as local conditions may alter the demands you experience in the role. This should be read in conjunction with the Role Description which provides detail about the skills, knowledge and attributes relevant to the role. The Contact Officer listed in the job pack is the best person to contact with any queries.

### Environmental Job Factors

Possible Exposure to Infectious Diseases
Proximity to Moving Objects
Shift Work

### Overall Psychological Job Factors

### Level of Importance

Level of Job Control or Autonomy	Low
Level of Supervision or Support Received	High
Contact with Co-workers/Colleagues (vs Isolation)	High
Teamwork	High
Level of Scrutiny and Accountability from Others (exposure to public scrutiny)	Moderate
Sensitivity and Empathy to Needs of Others	Moderate
Safety Pressures: Exposure to High Risk with Regard to Safety	Moderate
Switching Between Tasks	High
Time Pressures (including deadlines)	High
Contact with Consumers/ Customers	High
Self-control and Regulation of Emotions	High
Learning (requirement to learn new information and integrate this into work practices)	Moderate

### Psychological Demands (Cognitive)

### Highest Level Of Complexity

Abstract	Problem Solving & Critical Thinking (including judgement)	High
Attention And Accuracy	Attention: Concentration	High
	Attention: Degree of Precision & Accuracy	High
Mechanical	Mechanical Reasoning (requirement to work with and resolve problems with machinery and equipment)	High
Numerical	Number Skills	Moderate
Processing	Quick Thinking	High
Spatial Reasoning	Spatial Reasoning (requirement to accurately assess distance between objects or the fit of objects into spaces)	High
Verbal	Oral Communication (including active listening)	High
	Reading Literacy	Moderate
	Writing Literacy	Moderate

Physical Demands	Frequency (8 Hour Shift)	Max Load
<b>Dynamic Strength</b>		
One handed Carry	Infrequent: up to 10 minutes	5 kg
Two handed Carry	Occasional: up to 2.5 hours	15 kg
Pull	Infrequent: up to 10 minutes	16 kg
Push	Occasional: up to 2.5 hours	16kg <i>NB: must be able to generate a 45kg downward push for CPR, approx. 17-21kg body weight + 18-24kg applied force (occurs rarely)</i>
Waist to Eye Level Lift	Occasional: up to 2.5 hours	10 kg
Physical Demands	Frequency (8 Hour Shift)	Max 'at one' Time
<b>Manual Task Postures</b>		
Lunge - Forward/Backward	<i>Required</i>	-
Lunge - Sideways	<i>Required</i>	-
<b>Other</b>		
Maintain Balance Against External Forces	<i>Required</i>	-
<b>Position Tolerance Activities</b>		
Kneeling	Occasional: up to 2.5 hours	10 mins
Neck Flexion	Occasional: up to 2.5 hours	5 mins
Standing	Constant: up to 8 hours	45 mins
Work Bent Over- Standing	Occasional: up to 2.5 hours	10 mins
<b>Upper Limb</b>		
Forward Reach	Occasional: up to 2.5 hours	1 min
Grip	Occasional: up to 2.5 hours	30 min
Precise Hand & Finger Movement/Use (Manual or Finger Dexterity)	Frequent: up to 5 hours	20 min
Overhead Reach	<i>Required</i>	

NB: this is not an exhaustive list of ALL job factors and demands, but those which are considered to be significant.

Definition of frequency (based on 8 hour shift)			
Infrequent: up to 10 minutes	Occasional: up to 2.5 hours	Frequent: up to 5 hours	Constant: up to 8 hours
0 - 2%	2-33%	34-66%	67-100%
Up to 10 minutes	>10 min - 2.5 hours	>2.5 – 5 hours	More than 5 hours