

Community Mental Health Practitioner

Our vision: *People and communities have strong mental health and wellbeing.*

Our purpose: *Partnering with clients and carers to deliver mental health and wellbeing services that enhance quality of life.*

Our values: *Hope, Creativity and innovation, Client focus, Making a difference, Integrity.*

Position Information

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| Purpose | <p>The Community Mental Health Practitioner (CMHP) will provide services to clients, families, and carers in line with Mind’s Model of Recovery Oriented Practice, My Better Life model, and organisational values for people with a psychosocial disability. The CMHP delivers personalised support services and recovery-oriented care to people living with mental ill health in the community.</p> <p>Community Mental Health Practitioners play an integral role in working collaboratively with clients to achieve their recovery goals through one-to-one support, shared supports, workshops, and group work facilitation to enhance recovery, personal growth, and activities of daily living.</p> |
| Position reports to | Team Leader |
| Mind classification level | SCHADS Level 3 |
| Stream | South Australia Operations |
| About the service | <p>Mind’s Community Services in South Australia provide person-centred, psychosocial support including goal setting, transition planning, as well as application and transition to NDIS services. The services comprise of a two tiered approach to support:</p> <p>Tier 1: Intensive Crisis Support provides flexible and intensive support and case management to support individuals to reduce levels of distress and improve their wellbeing. Intensive support is provided for a time limited period (6 weeks) to resolve immediate distress, improve personal safety, and establish links with services that can provide longer term support in the community.</p> <p>Tier 2: Non-acute Psychosocial Support provides individuals with moderate intensity psychosocial support and case management to build independence and improve their quality of life over a 4-month period or</p> |

Mind values the experience and contribution of people from all cultures, genders, sexualities, bodies, abilities, ages, spiritualities and backgrounds. We encourage applications from Aboriginal and Torres Strait Islander peoples, people with a lived experience of mental ill-health and recovery, people living with disability, those who identify as LGBTIQ and applicants from culturally and linguistically diverse backgrounds.



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| | <p>up to 12 months if required. The service provides a focus on supporting people to achieve their My Better Life goals and enhance recovery, build daily living skills, maintain sustainable housing, improve relationships with families and carers, develop social and community connections, learn, and explore ideas for personal growth, build capacity and resilience, and live independently and safely in the community. The service also focuses on supporting clients to test their eligibility with the NDIS, apply for access and implement a successful transition to NDIS services as a core transition pathway.</p> |
| <p>Position description effective date</p> | <p>February 2024</p> |
| <p>Responsibilities</p> | |
| <p>Provide direct support to individual clients</p> | <ul style="list-style-type: none"> • Work with clients to enable them to develop independent living skills and a meaningful life by supporting them through a strength-focused, staged approach to recovery using agreed practice techniques and approaches. <ul style="list-style-type: none"> - Welcoming and engagement. - Strength's identification and individual recovery plan development. - Skill and capacity development. - Engagement and maintenance of natural supports. - Service exit and on-going self-management support. • Support clients with actioning their recovery plan in a range of areas including: <ul style="list-style-type: none"> - Understanding and managing client's own mental health. - Developing daily living skills and capacity for self-care. - Crisis and incident management. - Addressing stigma and managing issues arising from trauma. - Managing physical health. - Support the management of drug and alcohol issues. - Support to maintain or create meaningful activity through participating in community life including education and employment and utilising public transport. • Purposefully engage with clients using techniques including: <ul style="list-style-type: none"> - Brief intervention. - Motivational interviewing and coaching. - Family inclusive practice. - Trauma informed practice. - Conflict resolution. - Behaviour support for dual diagnosis. |



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| <p>Undertake group work</p> | <ul style="list-style-type: none"> • Plan and develop group work programs that will assist clients to build their skills, focus on their recovery and work towards transitioning back to their natural community. • Deliver group work programs as the lead/co-facilitator. • Evaluate and review group work programs. |
| <p>Provide support to families and carers</p> | <ul style="list-style-type: none"> • Support families, carers, support networks and significant others to assist clients through treatment using family inclusive interventions. • Involve families, carers and friends as identified by the client in work to support their recovery. • Support family and carer roles through understanding their concerns and the provision of information, education, and referrals. • Facilitate, as appropriate, the re-engagement and maintenance of family and carer relationships. • Facilitate family and carer meetings where relevant and with the consent of the client. |
| <p>Work with local service providers</p> | <ul style="list-style-type: none"> • Engage with clients to fully understand their need for assistance from local service providers with clinical mental health, physical health, education and employment, eligible entitlements and benefits, housing, transport, recreation, and social connections. • Make linkages and build relationships and referral pathways to maintain or create a range of local supports for clients that facilitate them living the life of their choosing in their own community. • Collaborate with others in the client’s life including family, carers, mainstream support, and other service providers chosen by the client to deliver elements of their plans. • Support the maintenance and development of community networks, service providers and formal connections. |
| <p>Work with clinical partners</p> | <ul style="list-style-type: none"> • Work within a multidisciplinary team: <ul style="list-style-type: none"> - Supporting recovery-oriented practice. - Supporting clinical interventions. - Actively participating in team, case, and handover meetings. - Enhancing collaboration between team members. |
| <p>Tenancy management</p> | <ul style="list-style-type: none"> • Support clients to source and retain safe, affordable, and sustainable housing. • Support clients with upcoming house inspections to ensure a high standard of cleanliness. • Liaise with property management provider as required. • Supporting residents with all aspects of maintaining their tenancy including: <ul style="list-style-type: none"> - Sign up, bond loan application, condition report and setting up rental payment. - Understanding their rights under the Residential Tenancies Act. |



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| | <ul style="list-style-type: none"> • Support to create a positive and safe living environment. |
| Other duties | <ul style="list-style-type: none"> • Document all activities using Mind’s ICT system and processes. • Actively participate, contributing to the team and wider organisational initiatives. • Take personal responsibility for the quality and safety of work undertaken. • Contribute to service delivery improvements. • Other duties as directed. |
| Professional development | <ul style="list-style-type: none"> • Undertake relevant training and professional development, including regular supervision, appropriate to the primary work of the service and Mind. • Participate in reflective practice. |
| Accountability | <ul style="list-style-type: none"> • Conduct yourself in accordance with the Mind Code of Conduct and Mind policies and procedures which may change from time to time. • Proactively support Mind’s vision of supporting people facing mental health challenges to live well and be socially included, in accordance with the Mind values. |
| Workplace health, safety and wellbeing | <ul style="list-style-type: none"> • Contribute actively to the maintenance of a safe workplace. • Ensure all safety issues are reported and addressed as they arise. |
| Lived experience | <ul style="list-style-type: none"> • Contribute to a workplace that values lived experience and the inclusion of consumers, carers, and families in the work we do. |
| Cultural safety | <ul style="list-style-type: none"> • Contribute to a culturally safe workforce and service environment for staff, consumers, carers and volunteers from all cultures, genders, sexualities, bodies, abilities, spiritualities, ages and backgrounds. |



| Position Requirements | |
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| Qualifications required | <ul style="list-style-type: none"> • Tertiary qualifications (minimum Certificate IV) in Mental Health, Peer Work, Psychology, Social Work, Occupational Therapy, or other health related field as designated by Mind. |
| Knowledge, skills, and experience required | <ul style="list-style-type: none"> • Proven experience in Community Services, Mental Health, Disability, Social Welfare, Housing, Healthcare or Government sectors is required. • Experience and expertise in working directly with people with mental health issues, complex needs and with their families and carers. • Awareness and understanding of the NDIS is desirable. • Demonstrated understanding of available community services, networks and supports. • Experience providing person-centred active supports. • Experience in assessing need and working collaboratively to plan goal focused recovery using evidence informed approaches and tools. • Demonstrated knowledge and experience in the application of theoretical approaches, practices and appropriate service responses including family inclusive practice, trauma informed theory, cognitive behavioral therapy, motivational interviewing, and harm reduction therapy. • Ability to co-design, co-produce and co-facilitate groups and education support. • Demonstrated ability to plan and prioritise to meet customer service delivery requirements. • Excellent customer service skills. • Excellent interpersonal and communication skills with the ability to consult, negotiate and influence peers, stakeholders, and government agencies with diplomacy to achieve effective outcomes. • Skills and experience in advocacy, collaboration, facilitation, evaluation, and problem solving. • High level organisational skills with demonstrated ability to prioritise, manage multiple complex tasks concurrently, work under pressure and meet deadlines. • Ability to work both autonomously and collaboratively showing initiative and flexibility. • Demonstrated experience in client notes, reporting and working with a variety of electronic systems. • A lived experience of mental ill health and recovery or experience caring for a person with mental ill health is desirable. |
| Other | <ul style="list-style-type: none"> • Right to work in Australia. • Current valid Australian driver's licence. |

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You can also watch our Great Minds series of videos by visiting www.youtube.com/mindaustralia

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| | <ul style="list-style-type: none">• Current NDIS Worker Screening Check Clearance.• Working with Children Check or equivalent.• Able to obtain and provide evidence of vaccinations against COVID-19.• Preparedness to work across different services and/or locations as required and directed. |
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