

PERSONAL CAPABILITY REQUIREMENTS

Capability Statement: P070021

Sportsground Tractor Operator



Requirements	Frequency			
	Unlikely	Possible	Occasionally	Regularly
Passive				
Sitting - desk			✓	
Sitting - counter	✓			
Sitting - vehicle				✓
Standing				✓
Telephone		✓		
Computer – desktop		✓		
Computer – laptop	✓			
Observations: customer and/or client safety			✓	
Writing				✓
Reading				✓
Manual Handling				
Bending spine forwards			✓	
Twisting spine to side				✓
Bending Spin Backward e.g. A small degree of back bending may be required			✓	
Working with one or both hands above shoulder height			✓	
Lifting floor-waist (No more than 5kg per item)			✓	
Lifting at waist height (No more than 5kg per item)			✓	
Lifting waist-overhead (No more than 5kg per item)			✓	
Pushing (trolley weighing up to 50kg)		✓		
Pulling (trolley weighing up to 50kg)		✓		
Moving equipment and/or furniture				✓
Lifting/holding children	✓			
Exerting force with one hand or one side of body			✓	
Exerting force in an awkward posture		✓		
Holding, supporting or straining			✓	
Agility				
Squatting				✓
Kneeling				✓
Looking up				✓
Looking down				✓
Reaching forwards or sideways >30cm from the body				✓
Gripping or grabbing				✓

	Unlikely	Possible	Occasionally	Regularly
Mobility				
Walking				✓
Walking whilst carrying weight<5Kgs				✓
Walking on uneven ground				✓
Climb Steps/Stairs			✓	
Climb ladder			✓	
Driving – passenger vehicle				✓
Driving – light commercial (normal licence)				✓
Driving – bus (endorsed licence)	✓			
Driving – machinery/heavy commercial (endorsed licence)			✓	
Sensory				
Fine hand coordination			✓	
Hearing – hold direct conversation, telephone, noise, alarm				✓
Hearing - telephone			✓	
Hearing – alarm/disturbance			✓	
Visual – computer screens, electronic signs		✓		
Visual – read printed material, signage				✓
Visual – driving				✓
Emotional				
Dealing with customers			✓	
Dealing with aggressive customers			✓	
Supporting age dependent persons	✓			
Managing conflict		✓		
Managing complex personal counselling	✓			
Providing empathy		✓		
Work Environment				
Indoor air conditioned	✓			
Outdoor – exposed to elements				✓
Outdoor – plant and equipment				✓
Confined spaces	✓			
Working at height		✓		
Dust				✓
Pollen (or other allergens)				✓
Cleaning agents			✓	
Foul smells		✓		
Personal waste	✓			

***Note:** This template does not represent an exhaustive account of all job factors however it forms a basis to guide staff and medical professionals as to the activities for which a personal capability must be sustained.*

Applicant acknowledgement

I have read and understood the personal capability requirements that are attached to this position and declare that I am capable of meeting the requirements as indicated and acknowledge the requirement to maintain such capability whilst performing the position.

Name _____ Signed _____ Date ____/____/20____