

Workforce Health, WorkFit Services





The information below is designed to give you an indication of the likely demands of working in this role and will help you assess whether the job may suit you. You are encouraged to ask further questions about the demands if you have any concerns as local conditions may alter the demands you experience in the role. This should be read in conjunction with the Role Description which provides detail about the skills, knowledge and attributes relevant to the role. The Contact Officer listed in the job pack is the best person to contact with any queries.

Environmental Job Factors		
Possible Exposure to Infectious Diseases		
Vibration/Jarring (Hand/Arm)		
Exposure to Dust/Fumes/Odours		

Overall Psychological Job Factors	Level of Importance
Level of Job Control or Autonomy	Moderate
Level of Supervision or Support Received	Low
Contact with Co-workers/Colleagues (vs Isolation)	High
Teamwork	High
Level of Scrutiny and Accountability from Others (exposure to public scrutiny)	Moderate
Sensitivity and Empathy to Needs of Others	High
Managing Others	High
New Relationship Building	High
Switching Between Tasks	Moderate
Time Pressures (Incl. Deadlines)	High
Contact with Consumers/ Customers	High
Self-control and regulation of emotions	Moderate
Learning (requirement to learn new information and integrate this into work practices)	High

P	Highest Level Of Complexity	
Abstract	Problem Solving & Critical Thinking (incl. judgement)	High
Attention And Accuracy	Attention: Concentration	High
	Attention: Degree Of Precision & Accuracy	High
Mechanical	Mechanical Reasoning (requirement to work with and resolve problems with machinery and equipment)	Moderate
Numerical	Number Skills	High
Spatial Reasoning	Spatial Reasoning (requirement to accurately assess distance between objects or the fit of objects into spaces)	Moderate
Verbal	Oral Communication (incl. active listening)	High
	Reading Literacy	High

Writing Literacy High	
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Physical Demands	Frequency (8 Hour Shift)	Max 'at one' Time
Mobility Activities		
Trunk Rotation- Sitting	Occasional: up to 2.5 hours	
Other		
Maintain Balance Against External Forces	Required	-
Position Tolerance Activities		
Neck Flexion	Occasional: up to 2.5 hours	10 mins
Sitting	Constant: up to 8 hours	30 mins
Standing	Frequent: up to 5 hours	40 mins
Work Bent Over- Sitting	Occasional: up to 2.5 hours	5 mins
Upper Limb		
Forward Reach	Occasional: up to 2.5 hours	5 mins
Grip	Occasional: up to 2.5 hours	10 mins
Keying/Mousing	Occasional: up to 2.5 hours	30 mins
Precise Hand & Finger Movement/Use (Manual or Finger Dexterity)	Frequent: up to 5 hours	15 mins

NB: this is not an exhaustive list of ALL job factors and demands, but those which are considered to be significant.

Definition of frequency (based on 8 hour shift)			
Infrequent: up to 10 minutes	Occasional: up to 2.5 hours	Frequent: up to 5 hours	Constant: up to 8 hours
0 - 2%	2-33%	34-66%	67-100%
Up to 10 minutes	>10 min - 2.5 hours	>2.5 – 5 hours	More than 5 hours

Immunisation Demands			
Risk Category	Risk Category Description	Immunisation Requirements	
Α	Direct contact with blood or body substances	Diphtheria-Tetanus-Pertussis Hepatitis B *Hepatitis A Influenza Measles-Mumps-Rubella Varicella	

Applicants are responsible for completing minimum immunisation requirements with their preferred immunisation provider prior to commencing employment

^{*}The Australian Immunisation Handbook recommends Hepatitis A vaccine for HCWs who work in rural and remote Indigenous communities; with Indigenous children; or care for persons with developmental disabilities.

[•] All Healthcare workers who provide patient care must complete the Tuberculosis Screening questionnaire. The need for mantoux testing and or interferon gamma release assay (blood test) is determined by your individual risk or by health service risk. Refer to Policy Directive Control of Tuberculosis in South Australian Health Services for further information.