

Workforce Health, WorkFit Services

## Job Capacity Statement: RN - Emergency



The information below is designed to give you an indication of the likely demands of working in this role and will help you assess whether the job may suit you. You are encouraged to ask further questions about the demands if you have any concerns as local conditions may alter the demands you experience in the role. This should be read in conjunction with the Role Description which provides detail about the skills, knowledge and attributes relevant to the role. The Contact Officer listed in the job pack is the best person to contact with any queries.

## **Environmental Job Factors**

Possible Exposure to Infectious Diseases Shift Work

| Overall Psychological Job Factors  | Level of Importance |
|--|---------------------|
| Level of Job Control or Autonomy   | Moderate            |
| Level of Supervision or Support Received   | Moderate            |
| Contact with Co-workers/Colleagues (vs Isolation)                                      | High                |
| Teamwork   | High                |
| Exposure to Confrontational Situations   | High                |
| Exposure to Emotional Situations   | High                |
| Level of Scrutiny and Accountability from Others (exposure to public scrutiny)         | Moderate            |
| Sensitivity and Empathy to Needs of Others   | High                |
| New Relationship Building  | High                |
| Safety Pressures: Exposure to High Risk with Regard to Safety                          | Moderate            |
| Switching Between Tasks  | Moderate            |
| Time Pressures (including deadlines)   | Moderate            |
| Contact with Consumers/ Customers  | High                |
| Self-control and Regulation of Emotions  | High                |
| Learning (requirement to learn new information and integrate this into work practices) | Moderate            |

| Psychological Demands (Cognitive) |   | Highest Level Of Complexity |
|-----------------------------------|---|-----------------------------|
| Abstract                          | Problem Solving & Critical Thinking (including judgement)   | High                        |
| Attention And Accuracy            | Attention: Concentration  | High                        |
|                                   | Attention: Degree of Precision & Accuracy   | High                        |
| Mechanical                        | Mechanical Reasoning (requirement to work with and resolve problems with machinery and equipment)               | Moderate                    |
| Numerical                         | Number Skills   | Moderate                    |
| Processing                        | Quick Thinking  | High                        |
| Spatial Reasoning                 | Spatial Reasoning (requirement to accurately assess distance between objects or the fit of objects into spaces) | High                        |
| Verbal                            | Oral Communication (including active listening)   | High                        |

| Reading Literacy | Moderate |
|------------------|----------|
| Writing Literacy | Moderate |

| Physical Demands   | Frequency (8 Hour Shift)    | Max Load   |  |
|--|-----------------------------|--|--|
| Dynamic Strength   |                             |  |  |
| Floor to Waist Lift  | Occasional: up to 2.5 hours | 15kg   |  |
| One handed Carry   | Occasional: up to 2.5 hours | 10kg   |  |
| Two handed Carry   | Occasional: up to 2.5 hours | 15kg   |  |
| Pull   | Occasional: up to 2.5 hours | 30kg   |  |
| Push   | Occasional: up to 2.5 hours | 30kg<br>NB: must be able to generate a 45kg<br>downward push for CPR, approx. 17-<br>21kg body weight + 18-24kg applied<br>force (occurs rarely) |  |
| Waist to Eye Level Lift  | Occasional: up to 2.5 hours | 17kg   |  |
| Physical Demands   | Frequency (8 Hour Shift)    | Max 'at one' Time  |  |
| Manual Task Postures   |                             |  |  |
| Lunge - Forward/Backward   | Required                    | -  |  |
| Lunge - Sideways   | Required                    | -  |  |
| Other  |                             | · · · · · · · · · · · · · · · · · · ·  |  |
| Maintain Balance Against External Forces                           | Required                    | -  |  |
| Position Tolerance Activities                                      |                             | · · · · · · · · · · · · · · · · · · ·  |  |
| Kneeling   | Occasional: up to 2.5 hours | 10 minutes   |  |
| Neck Flexion   | Occasional: up to 2.5 hours | 5 minutes  |  |
| Sitting  | Frequent: up to 5 hours     | 45 minutes   |  |
| Standing   | Frequent: up to 5 hours     | 60 minutes   |  |
| Upper Limb   |                             | · · · · · · · · · · · · · · · · · · ·  |  |
| Forward Reach  | Frequent: up to 5 hours     | 15 minutes   |  |
| Grip   | Occasional: up to 2.5 hours | 30 minutes   |  |
| Keying/Mousing   | Occasional: up to 2.5 hours | 45 minutes   |  |
| Precise Hand & Finger Movement/Use<br>(Manual or Finger Dexterity) | Occasional: up to 2.5 hours | 20 minutes   |  |
| Overhead Reach   | Occasional: up to 2.5 hours | 2 minutes  |  |

NB: this is not an exhaustive list of ALL job factors and demands, but those which are considered to be significant.

| Definition of frequency (based on 8 hour shift)  |                     |                         |                   |
|--|---------------------|-------------------------|-------------------|
| Infrequent: up to 10 minutes Occasional: up to 2.5 hours Frequent: up to 5 hours Constant: up to |                     | Constant: up to 8 hours |                   |
| 0 - 2%   | 2-33%               | 34-66%                  | 67-100%           |
| Up to 10 minutes   | >10 min - 2.5 hours | >2.5 – 5 hours          | More than 5 hours |

| Immunisation Demands |  |  |
|----------------------|--|--|
| Risk<br>Category     | Risk Category Description                    | Immunisation Requirements  |
| A                    | Direct contact with blood or body substances | Diphtheria-Tetanus-Pertussis<br>Hepatitis B<br>*Hepatitis A<br>Influenza<br>Measles-Mumps-Rubella<br>Varicella |

Applicants are responsible for completing minimum immunisation requirements with their preferred immunisation provider prior to commencing employment

\*The Australian Immunisation Handbook recommends Hepatitis A vaccine for HCWs who work in rural and remote Indigenous communities; with Indigenous children; or care for persons with developmental disabilities.

• All Healthcare workers who provide patient care must complete the Tuberculosis Screening questionnaire. The need for mantoux testing and or interferon gamma release assay (blood test) is determined by your individual risk or by health service risk. Refer to Policy Directive <u>Control of Tuberculosis in South Australian Health</u> <u>Services</u> for further information.