

Workforce Health, WorkFit Services

## Job Capacity Statement: RN - Emergency



The information below is designed to give you an indication of the likely demands of working in this role and will help you assess whether the job may suit you. You are encouraged to ask further questions about the demands if you have any concerns as local conditions may alter the demands you experience in the role. This should be read in conjunction with the Role Description which provides detail about the skills, knowledge and attributes relevant to the role. The Contact Officer listed in the job pack is the best person to contact with any queries.

## **Environmental Job Factors**

Possible Exposure to Infectious Diseases Shift Work

Overall Psychological Job Factors	Level of Importance
Level of Job Control or Autonomy	Moderate
Level of Supervision or Support Received	Moderate
Contact with Co-workers/Colleagues (vs Isolation)	High
Teamwork	High
Exposure to Confrontational Situations	High
Exposure to Emotional Situations	High
Level of Scrutiny and Accountability from Others (exposure to public scrutiny)	Moderate
Sensitivity and Empathy to Needs of Others	High
New Relationship Building	High
Safety Pressures: Exposure to High Risk with Regard to Safety	Moderate
Switching Between Tasks	Moderate
Time Pressures (including deadlines)	Moderate
Contact with Consumers/ Customers	High
Self-control and Regulation of Emotions	High
Learning (requirement to learn new information and integrate this into work practices)	Moderate

Psychological Demands (Cognitive)		Highest Level Of Complexity
Abstract	Problem Solving & Critical Thinking (including judgement)	High
Attention And Accuracy	Attention: Concentration	High
	Attention: Degree of Precision & Accuracy	High
Mechanical	Mechanical Reasoning (requirement to work with and resolve problems with machinery and equipment)	Moderate
Numerical	Number Skills	Moderate
Processing	Quick Thinking	High
Spatial Reasoning	Spatial Reasoning (requirement to accurately assess distance between objects or the fit of objects into spaces)	High
Verbal	Oral Communication (including active listening)	High

Reading Literacy	Moderate
Writing Literacy	Moderate

Physical Demands	Frequency (8 Hour Shift)	Max Load	
Dynamic Strength			
Floor to Waist Lift	Occasional: up to 2.5 hours	15kg	
One handed Carry	Occasional: up to 2.5 hours	10kg	
Two handed Carry	Occasional: up to 2.5 hours	15kg	
Pull	Occasional: up to 2.5 hours	30kg	
Push	Occasional: up to 2.5 hours	30kg NB: must be able to generate a 45kg downward push for CPR, approx. 17- 21kg body weight + 18-24kg applied force (occurs rarely)	
Waist to Eye Level Lift	Occasional: up to 2.5 hours	17kg	
Physical Demands	Frequency (8 Hour Shift)	Max 'at one' Time	
Manual Task Postures			
Lunge - Forward/Backward	Required	-	
Lunge - Sideways	Required	-	
Other		· · · · · · · · · · · · · · · · · · ·	
Maintain Balance Against External Forces	Required	-	
Position Tolerance Activities		· · · · · · · · · · · · · · · · · · ·	
Kneeling	Occasional: up to 2.5 hours	10 minutes	
Neck Flexion	Occasional: up to 2.5 hours	5 minutes	
Sitting	Frequent: up to 5 hours	45 minutes	
Standing	Frequent: up to 5 hours	60 minutes	
Upper Limb		· · · · · · · · · · · · · · · · · · ·	
Forward Reach	Frequent: up to 5 hours	15 minutes	
Grip	Occasional: up to 2.5 hours	30 minutes	
Keying/Mousing	Occasional: up to 2.5 hours	45 minutes	
Precise Hand & Finger Movement/Use (Manual or Finger Dexterity)	Occasional: up to 2.5 hours	20 minutes	
Overhead Reach	Occasional: up to 2.5 hours	2 minutes	

NB: this is not an exhaustive list of ALL job factors and demands, but those which are considered to be significant.

Definition of frequency (based on 8 hour shift)			
Infrequent: up to 10 minutes Occasional: up to 2.5 hours Frequent: up to 5 hours Constant: up to		Constant: up to 8 hours	
0 - 2%	2-33%	34-66%	67-100%
Up to 10 minutes	>10 min - 2.5 hours	>2.5 – 5 hours	More than 5 hours

Immunisation Demands		
Risk Category	Risk Category Description	Immunisation Requirements
A	Direct contact with blood or body substances	Diphtheria-Tetanus-Pertussis Hepatitis B *Hepatitis A Influenza Measles-Mumps-Rubella Varicella

Applicants are responsible for completing minimum immunisation requirements with their preferred immunisation provider prior to commencing employment

\*The Australian Immunisation Handbook recommends Hepatitis A vaccine for HCWs who work in rural and remote Indigenous communities; with Indigenous children; or care for persons with developmental disabilities.

• All Healthcare workers who provide patient care must complete the Tuberculosis Screening questionnaire. The need for mantoux testing and or interferon gamma release assay (blood test) is determined by your individual risk or by health service risk. Refer to Policy Directive <u>Control of Tuberculosis in South Australian Health</u> <u>Services</u> for further information.