

Workforce Health, WorkFit Services

Job Capacity Statement: RN Outpatients



The information below is designed to give you an indication of the likely demands of working in this role and will help you assess whether the job may suit you. You are encouraged to ask further questions about the demands if you have any concerns as local conditions may alter the demands you experience in the role. This should be read in conjunction with the Role Description which provides detail about the skills, knowledge and attributes relevant to the role. The Contact Officer listed in the job pack is the best person to contact with any queries.

Environmental Job Factors

Possible Exposure to Infectious Diseases

Overall Psychological Job Factors	Level of Importance to the Role
Level of Job Control or Autonomy	Low
Level of Supervision or Support Received	Moderate
Contact with Co-workers/Colleagues (vs Isolation)	Moderate
Teamwork	Moderate
Exposure to Confrontational Situations	Moderate
Exposure to Emotional Situations	Moderate
Level of Scrutiny and Accountability from Others (exposure to public scrutiny)	Moderate
Sensitivity and Empathy to Needs of Others	High
New Relationship Building	High
Switching Between Tasks	Moderate
Time Pressures (including deadlines)	Moderate
Contact with Consumers/ Customers	High
Self-control and Regulation of Emotions	Moderate
Learning (requirement to learn new information and integrate this into work practices)	Moderate

Psychological Demands (Cognitive)		Highest Level Of Complexity
Abstract	Problem Solving & Critical Thinking (including judgement)	Moderate
Attention And Accuracy	Attention & Concentration	Moderate
	Degree of Precision & Accuracy	Moderate
Mechanical	Mechanical Reasoning (requirement to work with and resolve problems with machinery and equipment)	Moderate
Numerical	Number Skills	Moderate
Processing	Quick Thinking	Moderate
Verbal	Oral Communication	High
	Reading Literacy	Moderate
	Writing Literacy	Moderate

Physical Demands	Frequency over 8 Hour Shift	Max Load
Dynamic Strength		1
Floor to Waist Lift	Infrequent: up to 10 minutes	20 Kg
Pull	Infrequent: up to 10 minutes	15 Kg
Push	Occasionally – up to 2.5 hours	15 Kg NB: must be able to generate a 45kg downward push for CPR, approx. 17-21kg body weight + 18-24kg applied force (occurs rarely)
Waist to Eye Level Lift	Infrequent: up to 10 minutes	10 Kg
Physical Demands	Frequency over 8 Hour Shift	Max 'at one' Time
Position Tolerance Activities		
Standing	Frequent: up to 5 hours	30 min
Kneeling	Occasional: up to 2.5 hours	10 min
Neck Flexion	Occasional: up to 2.5 hours	20 min
Work Bent Over- Standing	Occasional: up to 2.5 hours	15 min
Upper Limb		
Forward Reach	Occasional: up to 2.5 hours	4 min
Grip	Occasional: up to 2.5 hours	3 min
Precise Hand & Finger Movement/Use (Manual or Finger Dexterity)	Frequent: up to 5 hours	

NB: this is not an exhaustive list of ALL job factors and demands, but those which are considered to be significant.

Definition of frequency (based on 8 hour shift)			
Rare: up to 10 minutes	Occasional: up to 2.5 hours	Frequent: up to 5 hours	Constant: up to 8 hours
0 - 2%	2-33%	34-66%	67-100%
Up to 10 minutes	>10 min - 2.5 hours	>2.5 – 5 hours	More than 5 hours

Immunisation Demands			
Risk Category	Risk Category Description	Immunisation Requirements	
A	Direct contact with blood or body substances	Diphtheria-Tetanus-Pertussis Hepatitis B *Hepatitis A Influenza Measles-Mumps-Rubella Varicella	

Applicants are responsible for completing minimum immunisation requirements with their preferred immunisation provider prior to commencing employment

*The Australian Immunisation Handbook recommends Hepatitis A vaccine for HCWs who work in rural and remote Indigenous communities; with Indigenous children; or

care for persons with developmental disabilities.

• All Healthcare workers who provide patient care must complete the Tuberculosis Screening questionnaire. The need for mantoux testing and or interferon gamma release assay (blood test) is determined by your individual risk or by health service risk. Refer to Policy Directive <u>Control of Tuberculosis in South Australian Health</u>
<u>Services</u> for further information.