

# **Position Description**

College/Division:	Division of Student and University Experience
Department/Unit:	ANU Counselling
Position Title:	Student Counsellor
Classification:	ANU Officer 8 (Specialist)
Position No:	31715
Responsible to:	Head of Clinical Services
Number of positions that report to this role:	-
Delegation(s) Assigned:	-

### **PURPOSE STATEMENT:**

To provide individual counselling and psycho-educational programs to students of ANU as a member of the University Counselling Centre.

## **KEY ACCOUNTABILITY AREAS:**

# **Position Dimension & Relationships:**

The core work of a student counsellor includes psychological counselling of students, developing and presenting group programs and seminars. You will also be required to participate in projects that contribute to the professional practice of the counselling team and have the skills and knowledge to provide advice to the ANU community on matters relating to the mental health and well-being of ANU students.

### **Role Statement:**

Under the broad direction of the Head of Clinical Services, the Student Counsellor will:

- To provide psychological/clinical counselling to students for problems affecting study or personal wellbeing, including complex mental health conditions and assist with crisis situations where counselling skills are required.
- Provide consultancy services to students and staff in pastoral and management roles to assist them in responding appropriately to distressed and/or unwell students.
- Liaise with academic and residential colleges on matters relating to the mental health and wellbeing of ANU students.
- Contribute to psycho-educational presentations and therapeutic group programs that are developed and presented by the ANU Counselling team.
- Liaise with other University staff and services in the community, as required, to support counselling, consultancy and group activities.
- Maintain client records and data in a manner which supports effective professional practice and which contributes to the accountability of the service and to the evaluation of the service's effectiveness.
- Engage in regular supervision and maintain and develop professional skills by continued study and practical training.
- Undertake specific projects (eg administrative, service delivery improvement, evaluation, promotion activities as required.

See the classification descriptors for professional staff and minimum standards for academic staff

## **SELECTION CRITERIA:**

- 1. A degree in Psychology with AHPRA registration and eligibility for membership of the Australian Psychological Society, or a degree in Social Work with eligibility for membership of the AASW as a Mental Health Social Worker and relevant counselling experience (minimum of 5 years).
- 2. Demonstrated competence in counselling and group work with an understanding of counselling frameworks relevant to tertiary students. As well as competence in providing consultancy services to students and staff in pastoral and management roles to assist them in dealing with distressed and/or unwell students.
- 3. Ability to communicate effectively with a diverse population of university staff and students and to show competence in dealing with more complex cases presentations.
- 4. Demonstrated ability to work effectively in a counselling team and to provide contributions to policies and processes.
- 5. A high level of understanding of equal opportunity principles and a commitment to the application of EO policies in a university context

The ANU conducts background checks on potential employees, and employment in this position is conditional on satisfactory results in accordance with the <u>Background Checking Procedure</u> which sets out the types of checks required by each type of position.

Supervisor/Delegate Signature:	Date:	
Printed Name:	Uni ID:	

References:	
Professional Staff Classification Descriptors	
Academic Minimum Standards	