



The information below is designed to give you an indication of the likely demands of working in this role and will help you assess whether the job may suit you. You are encouraged to ask further questions about the demands if you have any concerns as local conditions may alter the demands you experience in the role. This should be read in conjunction with the Role Description which provides detail about the skills, knowledge and attributes relevant to the role. The Contact Officer listed in the job pack is the best person to contact with any queries.

Environmental Job Factors

Possible Exposure to Infectious Diseases
Exposure to Dust/ Fumes/ Odours
Outside Work
Shift Work
Unstable Footing

Overall Psychological Job Factors**Level of Importance**

Level of Job Control or Autonomy	Low
Level of Supervision or Support Received	Low
Contact with Co-workers/Colleagues (vs Isolation)	Low
Teamwork	Insignificant
Exposure to Confrontational Situations	Moderate
Exposure to Emotional Situations	Moderate
Level of Scrutiny and Accountability from Others (exposure to public scrutiny)	Moderate
Sensitivity and Empathy to Needs of Others	Moderate
New Relationship Building	Moderate
Time Pressures (including deadlines)	Moderate
Contact with Consumers/ Customers	High
Self-control and Regulation of Emotions	Moderate

Psychological Demands (Cognitive)**Highest Level Of Complexity**

Abstract	Problem Solving & Critical Thinking (including judgement)	Moderate
Processing	Quick Thinking	Moderate
Spatial Reasoning	Spatial Reasoning	High
Verbal	Oral Communication (including active listening)	Moderate
Attention and Accuracy	Attention: Concentration	Moderate

Physical Demands	Frequency (8 Hour Shift)	Max Load
Dynamic Strength		
Floor to Waist Lift	Infrequent: up to 10 minutes	20 Kg
One handed Carry	Occasional: up to 2.5 hours	7 Kg
Pull	Infrequent: up to 10 minutes	15 Kg
Push	Infrequent: up to 10 minutes	15 Kg <i>NB: must be able to generate a 45kg downward push for CPR, approx. 17-21kg body weight + 18-24kg applied force (occurs rarely)</i>
Physical Demands	Frequency (8 Hour Shift)	Max 'at one' Time
Manual Task Postures		
Lunge - Forward/Backward	Required	-
Lunge - Sideways	Required	-
Other		
Maintain Balance Against External Forces	Required	-
Position Tolerance Activities		
Sitting	Frequent: up to 5 hours	1 hour
Standing	Frequent: up to 5 hours	30 min
Work Bent Over- Standing	Occasional: up to 2.5 hours	10 min
Work Crouching/Half Kneel	Occasional: up to 2.5 hours	15 min
Upper Limb		
Forward Reach	Frequent: up to 5 hours	40 min
Grip	Frequent: up to 5 hours	30 min
Precise Hand & Finger Movement/Use (Manual or Finger Dexterity)	Occasional: up to 2.5 hours	8 min

NB: this is not an exhaustive list of ALL job factors and demands, but those which are considered to be significant.

Definition of frequency (based on 8 hour shift)			
Infrequent: up to 10 minutes	Occasional: up to 2.5 hours	Frequent: up to 5 hours	Constant: up to 8 hours
0 - 2%	2-33%	34-66%	67-100%
Up to 10 minutes	>10 min - 2.5 hours	>2.5 – 5 hours	More than 5 hours