

Community Mental Health Practitioner

Our vision: *People and communities have strong mental health and wellbeing.*

Our purpose: *Partnering with clients and carers to deliver mental health and wellbeing services that enhance quality of life.*

Our values: *Hope, Creativity and innovation, Client focus, Making a difference, Integrity.*

Position Information

Purpose	<p>The Community Mental Health Practitioner (CMHP) role provides early intervention outreach support for children and young people (up to 18 years of age) and their families who are at risk of or are experiencing mental health challenges.</p> <p>Community Mental Health Practitioners play an integral role in working collaboratively with clients, their families, and stakeholders to better manage the impacts of mental health/wellbeing matters on their lives and support them to reach their full potential. The role requires flexibility and being responsive to the needs of children, young people, their families, and carers. The role also involves utilising therapeutic interventions and working holistically with young people within Mind's recovery-oriented framework.</p>
Position reports to	Service Manager
Mind classification level	SCHADS Level 3
Stream	Community Services, South Australia
About the service	<p>Mind's Family Mental Health Support Service (FMHSS) offers early intervention support for children, young people (up to 18 years of age) and their families to improve mental health and wellbeing within the Limestone Coast region of South Australia. FMHSS promotes understanding and awareness of mental health challenges whilst supporting children and young people (and their families) to improve their resilience and confidence.</p> <p>The program encompasses three tiers of support including short-term brief intervention, intensive support and community capacity building.</p>
Position description effective date	April 2024

Responsibilities

Mind values the experience and contribution of people from all cultures, genders, sexualities, bodies, abilities, ages, spiritualities and backgrounds. We encourage applications from Aboriginal and Torres Strait Islander peoples, people with a lived experience of mental ill-health and recovery, people living with disability, those who identify as LGBTIQ and applicants from culturally and linguistically diverse backgrounds.



Provide direct support to clients	<ul style="list-style-type: none"> - Work with children, young people, and their families and carers to enable them to develop capacity, meaningful relationships and identify their strengths by: - Screening and needs assessment. - Strength's identification and recovery plan development. - Skill and capacity development. - Assessing progress through the use of outcome measures. - Engagement and maintenance of natural supports. - Evidence-based approaches to working with children, young people, and their families and carers. - Service exit and on-going self-management support. - Support clients in a range of areas including: - Understanding and managing clients' own mental health and wellbeing. - Engage creatively with children and young people using a child-centred approach to practice. - Work with children and young people with the support of their families or carers to identify risk and protective factors. - Crisis and incident management including mandatory reporting. - Addressing stigma and managing issues arising from trauma.
Provide support to families and carers	<ul style="list-style-type: none"> • Support family and carer roles through understanding their concerns and providing information, education, and referrals. • Facilitate the provision of the child at the centre of their care when supporting families in both individual support and family work. • Collaborate with others in the client's life including family, carers, mainstream support, and other service providers chosen by the client to deliver holistic support.
Undertake group work	<ul style="list-style-type: none"> • Plan and develop targeted therapeutic groups dependent on the need of young people within their communities. • Deliver, evaluate and review group work programs as the lead/co-facilitator.
Facilitate Community Engagement activities	<ul style="list-style-type: none"> • Develop communities' knowledge of mental health and well-being so they are more able to respond to issues that impact well-being of children and young people. • Organise and participate in community events to promote mental health and wellbeing for children, young people, and their families • Actively promote the service at community events as required.
Work with local service providers	<ul style="list-style-type: none"> • Make linkages and build relationships and referral pathways to maintain or create a range of local supports for clients that contribute to their ongoing wellbeing and community participation. • Understand the unique needs of the Limestone Coast community and facilitate linkages to other services as required.



Other	<ul style="list-style-type: none"> • Documents all activities using Mind's ICT system and processes. • Actively participate, contributing to your team and wider organisational initiatives. • Contributing to service delivery improvements. • Other duties as delegated.
Professional development	<ul style="list-style-type: none"> • Undertake relevant training and professional development, including regular supervision, appropriate to the primary work of the service and Mind. • Participate in reflective practice.
Accountability	<ul style="list-style-type: none"> • Conduct yourself in accordance with the Mind Code of Conduct and Mind policies and procedures which may change from time to time. • Proactively support Mind's vision of supporting people facing mental health challenges to live well and be socially included, in accordance with the Mind values.
Workplace health, safety and wellbeing	<ul style="list-style-type: none"> • Contribute actively to the maintenance of a safe workplace. • Ensure all safety issues are reported and addressed as they arise.
Lived experience	<ul style="list-style-type: none"> • Contribute to a workplace that values lived experience and the inclusion of consumers, carers and families in the work we do.
Cultural safety	<ul style="list-style-type: none"> • Contribute to a culturally safe workforce and service environment for staff, consumers, carers and volunteers from all cultures, genders, sexualities, bodies, abilities, spiritualities, ages and backgrounds.



Position Requirements	
Qualifications required	<ul style="list-style-type: none"> • Tertiary qualifications (minimum Certificate IV) in Mental Health, Youth Work, Psychology, Social Work, Occupational Therapy or other health related field as designated by Mind.
Knowledge, skills and experience required	<ul style="list-style-type: none"> • Experience and expertise in working directly with children and young people with mental health issues, complex needs and with their families and carers. • Demonstrated ability to plan and prioritise to meet customer service delivery requirements. • Experience in assessing individual needs and planning goal-focused recovery using evidence informed approaches and tools. • Demonstrated understanding of the Community Services sector and ability to build strong relationships with service providers and key stakeholders. • Ability to co-design, co-produce and co-facilitate groups and education support. • Excellent customer service skills. • Demonstrated experience in documenting client notes, reporting and working with a variety of electronic systems. • Proven ability to work autonomously and as a member of a team. • Demonstrated understanding of available community services, networks and supports. • Awareness and understanding of the NDIS is desirable.
Other	<ul style="list-style-type: none"> • Right to work in Australia. • Current valid driver's licence. • Current NDIS Worker Screening Check Clearance. • Working with Children Check or equivalent (Blue Card - QLD). • Able to obtain and provide evidence of vaccinations against COVID-19.

To learn more about Mind visit mindaustralia.org.au



You can also watch our Great Minds series of videos by visiting www.youtube.com/mindaustralia

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