

Community Mental Health Practitioner

Our vision: *People and communities have strong mental health and wellbeing.*

Our purpose: *Partnering with clients and carers to deliver mental health and wellbeing services that enhance quality of life.*

Our values: *Hope, Creativity and innovation, Client focus, Making a difference, Integrity.*

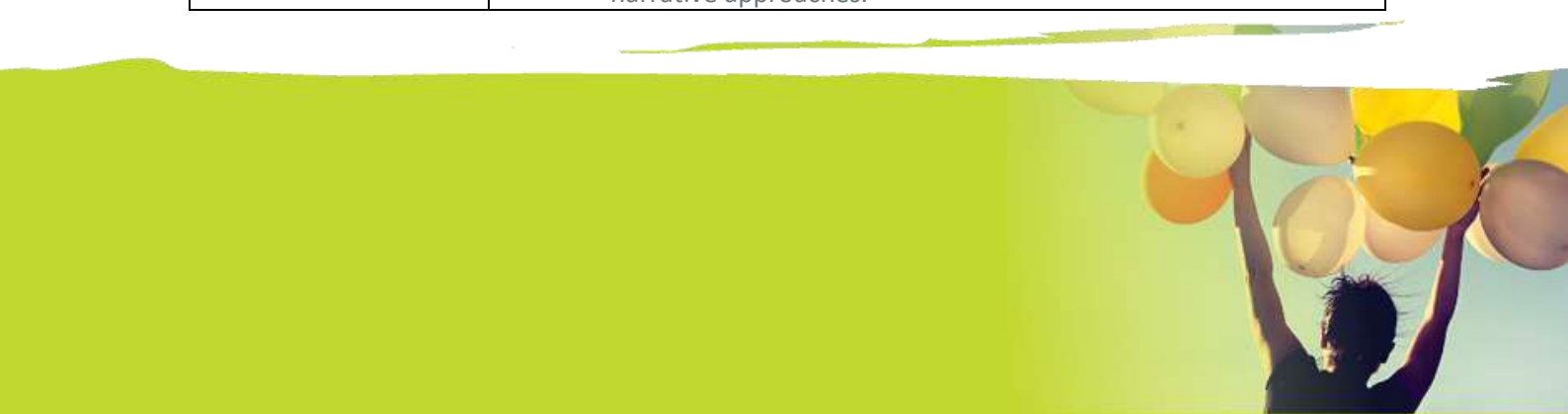
Position Information

<p>Purpose</p>	<p>The Community Mental Health Practitioner (CMHP) provides services to clients, families and carers in line with Mind’s Model of Recovery Oriented Practice, My Better Life model and organisational values following a suicide attempt or suicidal crisis. The CMHP delivers personalised support services and recovery-oriented care to people living with mental ill health in the community.</p> <p>Community Mental Health Practitioners play an integral role in working collaboratively with clients to achieve their recovery goals through one-to-one therapeutic support, shared supports, workshops and group work facilitation to enhance recovery and stay safe, build capacity to self-manage distress, improve mental wellbeing, connect with families and carers, and develop links with clinical and community services.</p>
<p>Position reports to</p>	<p>Service Manager</p>
<p>Mind classification level</p>	<p>SCHADS Level 3</p>
<p>Stream</p>	<p>Victoria Operations</p>
<p>About the service</p>	<p>The Way Back Support Service (WBSS) is a non-clinical support service focused on providing practical psychosocial support to people experiencing a suicidal crisis or who have attempted suicide. WBSS works collaboratively with Bendigo Health’s HOPE program to support clinically referred clients who have experienced a significant suicide attempt and utilises a model governed by Beyond Blue. Way Back Support Service utilises intentional framed practice approaches to engage and support clients to get their lives back on track, support includes therapeutic interventions which upon trauma informed care and polyvagal theory, service system navigation, narrative approaches and advocacy. The service aims to:</p> <ul style="list-style-type: none"> • Improve access to high-quality aftercare to support at risk individuals to stay safe, build capacity of individuals to self-manage distress and

Mind values the experience and contribution of people from all cultures, genders, sexualities, bodies, abilities, ages, spiritualities and backgrounds. We encourage applications from Aboriginal and Torres Strait Islander peoples, people with a lived experience of mental ill-health and recovery, people living with disability, those who identify as LGBTIQ and applicants from culturally and linguistically diverse backgrounds.



	<p>improve mental wellbeing and improve links with clinical and community-based services to meet individual needs and circumstances.</p> <ul style="list-style-type: none"> • Increase social connectedness and links to supportive networks, i.e. families, friends, peers and carers. • Improve the capacity and capability of the Way Back Support Service workforce to support at risk individuals. <p>The WBSS service is intended to contribute to reducing the risk of suicide (re)attempts for individuals experiencing a suicidal crisis or who have made suicide attempt. Support is provided for up to 3 months and targets those at high risk through referrals following hospital presentations based on defined eligibility criteria.</p>
<p>Position description effective date</p>	<p>June 2022</p>
<p>Responsibilities</p>	
<p>Provide direct support to individual clients</p>	<ul style="list-style-type: none"> • Work with clients to return to a place of residence and a meaningful life supporting them through a staged approach to recovery: <ul style="list-style-type: none"> - Actively engage with clients to reinstate wellbeing and equilibrium after suicidal crisis including developing, monitoring and reviewing safety and support plans which outline goals and interventions enabling improved psychosocial, safety and clinical outcomes. - Welcoming and strong engagement including assessing and managing suicidal risk. - Strengths identification and individual recovery plan development. - Identification of stress points and adjustment challenges to swiftly facilitate reduction of stress through practical and therapeutically framed intervention. - Skill and capacity development. - Engagement and maintenance of natural supports. - Service exit and on-going self-management support. • Support clients with actioning their recovery plan in a range of areas including: <ul style="list-style-type: none"> - Understanding and managing client's own mental health. - Developing daily living skills and capacity for self-care. - Crisis and incident management. - Addressing stigma and managing issues arising from trauma. - Facilitating an understanding of what led the client to the point of crisis utilising practice frameworks including polyvagal and narrative approaches.



	<ul style="list-style-type: none"> - Utilising trauma specific practice frameworks including polyvagal, attachment, regulation and co-regulation principles. - Managing physical health. - Support the management of drug and alcohol issues. - Support to maintain or create meaningful participation in community life, education or employment, and building social and community connections. • Purposefully engage with clients using techniques including: <ul style="list-style-type: none"> - Brief intervention. - Motivational interviewing and coaching. - Family inclusive practice. - Trauma informed practice, nervous system understanding, polyvagal and narrative approach (i.e. finding and forging an alternative way forward). - Conflict resolution. - Behaviour support for dual diagnosis. - Suicidal risk management.
Undertake group work	<ul style="list-style-type: none"> • Plan and develop group work programs that will assist clients to build their skills, focus on their recovery and work towards transitioning back to their natural community. • Deliver group work programs as the lead/co-facilitator. • Evaluate and review group work programs.
Provide support to families and carers	<ul style="list-style-type: none"> • Support family and carer roles through understanding their concerns and the provision of information, education and referrals. • Facilitate, as appropriate, the re-engagement and maintenance of family and carer relationships. • Work with families and carers at the time of transition back to community.
Work with local service providers	<ul style="list-style-type: none"> • Engage with clients to fully understand their need for assistance from local service providers with clinical mental health, physical health, education and employment, eligible entitlements and benefits, housing, transport, recreation and social connections. • Make linkages and build relationships and referral pathways to maintain or create a range of local supports for clients that facilitate them living the life of their choosing in their own community. • Collaborate with others in the client's life including family, carers, mainstream support and other service providers chosen by the client to deliver elements of their plans.
Work with clinical partners	<ul style="list-style-type: none"> • Work within a multidisciplinary team: <ul style="list-style-type: none"> - Supporting recovery oriented practice. - Supporting clinical interventions. - Actively participating in team, case and handover meetings.



	<ul style="list-style-type: none"> - Enhancing collaboration between team members.
Service delivery improvement	<ul style="list-style-type: none"> • Contribute to the ongoing development of collaborative working relationships and shared learning with Mind, Bendigo Health and Beyond Blue. • Engage with stakeholders and partner agencies to promote the service and improve service system responses to meeting the needs of clients. • Promote systemic change by identifying opportunities for service system improvement from individual client work and strengthening community partnerships to encourage innovative and collective solutions. • Contribute to data collection, service mapping and gap analysis activity. • Contribute to evaluation of the effectiveness of services in consultation with clients and their support networks.
Other duties	<ul style="list-style-type: none"> • Document all activities using Mind's ICT system and processes. • Actively participate, contributing to the team and wider organisational initiatives. • Take personal responsibility for the quality and safety of work undertaken. • Contribute to service delivery improvements. • Other duties as directed.
Professional development	<ul style="list-style-type: none"> • Undertake relevant training and professional development, including regular supervision, appropriate to the primary work of the service and Mind. • Participate in reflective practice.
Accountability	<ul style="list-style-type: none"> • Conduct yourself in accordance with the Mind Code of Conduct and Mind policies and procedures which may change from time to time. • Proactively support Mind's vision of supporting people facing mental health challenges to live well and be socially included, in accordance with the Mind values.
Workplace health, safety and wellbeing	<ul style="list-style-type: none"> • Contribute actively to the maintenance of a safe workplace. • Ensure all safety issues are reported and addressed as they arise.
Lived experience	<ul style="list-style-type: none"> • Contribute to a workplace that values lived experience and the inclusion of consumers, carers and families in the work we do.
Cultural safety	<ul style="list-style-type: none"> • Contribute to a culturally safe workforce and service environment for staff, consumers, carers and volunteers from all cultures, genders, sexualities, bodies, abilities, spiritualities, ages and backgrounds.



Position Requirements	
Qualifications required	<ul style="list-style-type: none"> • Tertiary qualifications (minimum Certificate IV) in Mental Health, Peer Work, Psychology, Social Work, Occupational Therapy or other health related field as designated by Mind.
Knowledge, skills and experience required	<ul style="list-style-type: none"> • Proven experience in Community Services, Mental Health, Disability, Social Welfare, Housing or Healthcare or Government sectors is required. • Experience and expertise in working directly with people with mental health issues, suicidal ideations and crisis, complex needs and with their families and carers. • Awareness and understanding of the NDIS is desirable. • Demonstrated understanding of available community services, networks and supports. • Experience providing person-centred active supports. • Experience in assessing need and working collaboratively to plan goal focused recovery using evidence informed approaches and tools. • Demonstrated knowledge and experience in the application of theoretical approaches, practices and appropriate service responses including family inclusive practice, trauma informed theory, cognitive behavioral therapy, motivational interviewing and harm reduction therapy. • Ability to co-design, co-produce and co-facilitate groups and education support. • Demonstrated ability to plan and prioritise to meet customer service delivery requirements. • Excellent customer service skills. • Excellent interpersonal and communication skills with the ability to consult, negotiate and influence peers, stakeholders and government agencies with diplomacy to achieve effective outcomes. • Skills and experience in advocacy, collaboration, facilitation, evaluation and problem solving. • High level organisational skills with demonstrated ability to prioritise, manage multiple complex tasks concurrently, work under pressure and meet deadlines. • Ability to work both autonomously and collaboratively showing initiative and flexibility. • Demonstrated experience in client notes, reporting and working with a variety of electronic systems. • A lived experience of mental ill health and recovery or experience caring for a person with mental ill health is desirable.
Other	<ul style="list-style-type: none"> • Right to work in Australia.

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	<ul style="list-style-type: none">• Current valid driver's licence.• Current NDIS Worker Screening Check Clearance.• Working with Children Check or equivalent (Blue Card - QLD).• Able to obtain and provide evidence of vaccinations against COVID-19.• Travel will be required across a designated region to fulfil the duties of the position.
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