

Associate Lecturer/ Lecturer in Exercise Science

School of Exercise Science, Sport and Health
Faculty of Science

Classification	Level A/B
Delegation Band	Delegations and Authorisations Policy (see Section 3)
Special Conditions	Weekend work (Residential School if applicable)
Nature of Employment	Continuing
Workplace Agreement	Charles Sturt University Enterprise Agreement
Date Last Reviewed	August 2019

Our University Values



Our Core Competencies

Charles Sturt University (CSU) staff are expected to demonstrate the following competencies:

Set Direction and Deliver Results

- Creating and innovating.
- Delivering results and meeting customer expectations.
- Entrepreneurial and commercial thinking.

Collaborate with Impact

- Relating and networking.
- Working with people.
- Persuading and influencing.

Lead Self and Others

- Adhering to principles and values.
- Deciding and initiating action.
- Adapting and responding to change.

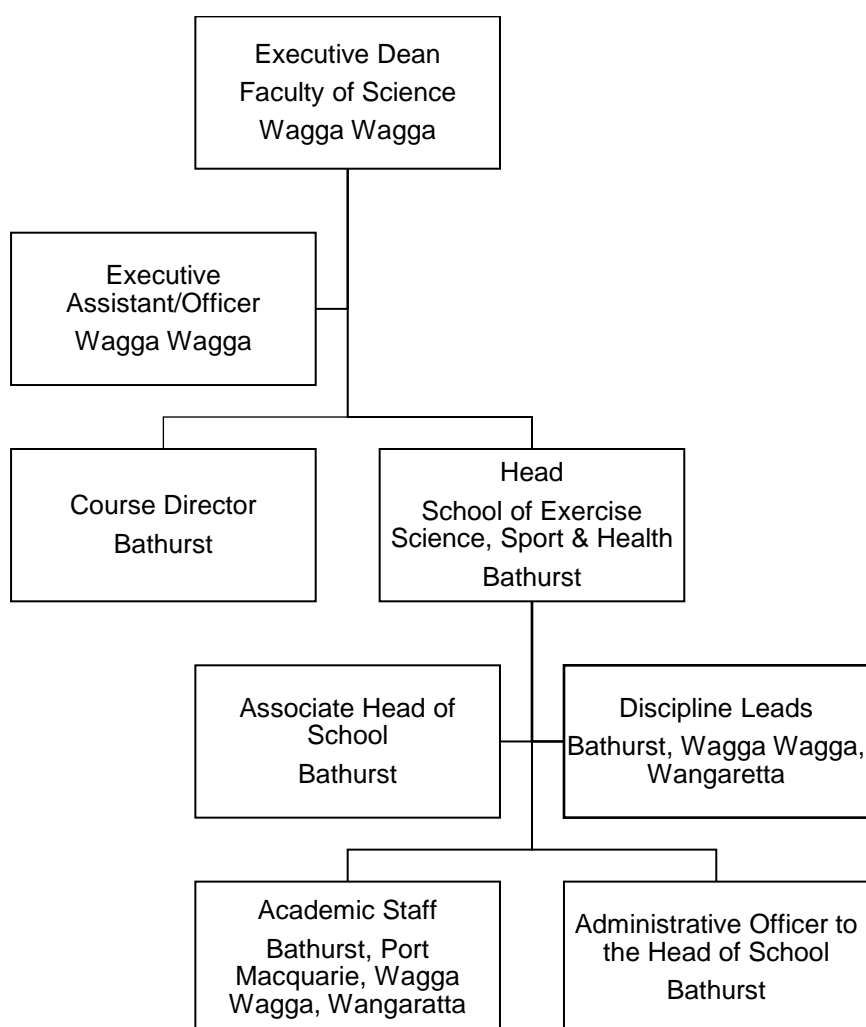
Faculty of Science

The Faculty of Science has more than 9000 students and over 500 staff dedicated to advancing scientific knowledge. It delivers flexible and innovative teaching programs designed to produce job-ready graduates for a diverse range of professions. As a leader in strategic and applied research the Faculty aims to enhance and extend scientific knowledge, train and educate future researchers as well as provide scientific solutions to current regional, national and global challenges. The staff and students of the Faculty achieve their educational and research goals through ethical practice, professional collaboration, industry involvement and a commitment to continual improvement.

School of Exercise Science, Sport and Health

The [School of Exercise Science, Sport and Health](#) is a multi-campus, academic unit. The School offers a suite of undergraduate and postgraduate courses in the disciplines of exercise science, sport management, sports media, nutrition and exercise physiology. The School has a diverse range of staff who work together in the pursuit of excellence in teaching, research and community engagement. Staff are focused on innovative and high quality education, using state-of-the-art exercise science laboratories and learning spaces to encourage collaboration and support new methods of teaching and learning.

Organisational Chart



Reporting Relationships

This position reports to: Head, School of Exercise Science, Sport and Health

This position supervises: N/A

Key Working Relationships

- Head of School
- Associate Head of School
- Course Director
- Discipline Lead
- Faculty and School Staff

Position Overview

The Associate Lecturer/ Lecturer in Exercise Science will be responsible for and actively engage in teaching, subject co-ordination, research, curriculum development and student engagement related to the disciplines of exercise science within the scope of the School's teaching programs. In particular, a teaching focus relating to exercise for health and fitness and exercise testing and prescription is required. The successful applicant will be expected to engage in multiple teaching methods (face-to-face and online delivery).

The position will be located on the Port Macquarie campus and will involve co-ordinating cross-campus subjects and liaising with staff and students across multiple campuses. The appointee will participate in administration and ongoing curriculum development as well as providing a strong contribution to the School's research profile that aligns with both the University and School's direction.

Principal Responsibilities at Level A

- Apply CSU learning and teaching methodologies, processes, technologies and tools to deliver high quality student centred learning opportunities in the exercise science disciplines within the scope of the School's teaching programs and as required to meet the teaching needs of the University. Achieve excellence in teaching in a range of delivery modes, which may include face to face and online teaching and assessment.
- Build professional relationships with students and provide timely and appropriate consultation and feedback.
- Actively contribute to collaborative processes to design, deliver and continually improve high quality courses in the School's profile and learning experiences for students including active contribution to the governance, marketing and promotion, and administrative activities to facilitate the work of the Faculty/School.
- Actively contribute to high performing multi-disciplinary teams with an outcome focus and the development of a respectful, trusting and collaborative working environment.
- Provide discipline expertise, as appropriate, in the convening, coordination and delivery of subjects and/or courses.
- Develop and maintain a sound and current knowledge and understanding of discipline area through industry engagement and/or scholarly activities or similar.
- Conduct, under supervision, ethical, high quality research and contribute to knowledge through scholarship, publication and presentation.
- Under supervision, develop and execute a research plan that aligns with CSU's Research Plan and objectives including contributing to application for funding to support research outcomes.
- Build networks and form relationships with internal and external researchers and stakeholders, as appropriate.
- Build a record of research/creative work which contributes to the development of the discipline whilst maintaining up-to-date research records within CSU's research database.
- Other duties appropriate to the classification as required.

Principal Responsibilities at Level B

- Apply CSU learning and teaching methodologies, processes, technologies and tools to deliver high quality student centred learning opportunities in the relevant discipline and as required to meet the teaching needs of the University. Achieve excellence in teaching in a range of delivery modes, which may include face to face and online teaching and assessment.
- Supervise Research Higher Degree students.
- Build strong professional relationships with students and provide timely and appropriate consultation and feedback.
- Actively contribute to collaborative processes to design, deliver and continually improve high quality courses and learning experiences for students including the giving and receiving of constructive feedback.
- Actively contribute to high performing multi disciplinary teams with an outcome focus and the development of a respectful, trusting and collaborative working environment.
- Provide leadership and management, as appropriate, in the convening, coordination and delivery of subjects and/or courses. This may include coordinating and/or leading other staff including casual academic staff.
- Proactively develop and foster relationships with a range of stakeholders including community, government departments, and professional bodies.
- Maintain a sound and current knowledge and understanding of the relevant discipline through industry engagement and/or scholarly activities or similar.
- Conduct ethical, high quality research and contribute to knowledge through scholarship, publication and presentation and execute a research plan that aligns with CSU's Research Plan and objectives including pursuing funding opportunities.
- Identify and create opportunities for collaborative research projects with internal and external researchers and stakeholders.
- Continue to build a record of research/creative work which contributes to the development of the discipline whilst maintaining up-to-date research records within CSU's research database.
- Provide leadership and foster partnerships with the professions that bring direct benefit to the strategic work of the University, in terms of teaching, workplace learning, course profile and/or areas of research strength.
- Develop, lead and/or evaluate continuing professional education and maintain professional accreditation.
- Actively contribute to the governance, marketing and promotion, and administrative activities to facilitate the work of the Faculty and School.
- Other duties appropriate to the classification as required

Physical Capabilities

- Work in other environments beyond the School such as other campuses as well as possible car and air travel. It will include work with a diverse range of staff, students and community members.
- On occasion drive a university vehicle distances up to 500kms per day within the terms of the University's Driving Hours Guidelines and Policy available at <https://policy.csu.edu.au/document/view-current.php?id=184>.
- Physically able to sit for extended periods of time to perform reading, writing and computing related activities including keyboard and mouse operations.

Selection Criteria

Applicants are expected to address the selection criteria when applying for this position.

Essential at Level A

- A. An honours degree or higher relevant to Exercise Science, or equivalent accreditation and standing **AND** eligibility for Exercise Science and/ or Exercise Physiology accreditation with Exercise and Sport Science Australia (ESSA).
- B. Knowledge and understanding of exercise science, health and fitness, exercise testing and prescription gained through industry experience and/or scholarly activities or similar.
- C. Capacity to contribute to course and subject design, and to deliver quality student centred learning and teaching at an undergraduate level that includes the capacity to incorporate new technologies and new approaches to teaching and learning.
- D. Potential to contribute to research or professional activity relevant to the disciplines of exercise science which demonstrates a capacity to make an autonomous contribution.
- E. Demonstrated ability to contribute to building partnerships, liaising with academic colleagues and working as a member of discipline-specific and interdisciplinary teams **AND** demonstrated effective communication and interpersonal skills including applying culturally respectful, inclusive and safe practices in the workplace.
- F. Demonstrated high level written and oral communication and interpersonal skills including negotiating, presenting, active listening and the giving and receiving of constructive feedback and a capacity to work both collaboratively and independently in a large complex academic setting with an outcome focus.

Desirable at Level A

- G. Postgraduate qualifications relevant to Exercise Science and/ or Clinical Exercise Physiology.
- H. Evidence of experience in the use of new technologies and approaches to teaching and learning, including curriculum development within tertiary institutions.
- I. Prior work or collaboration within the fitness, medical or allied health industries.

Essential at Level B

- A. A doctoral or masters qualification relevant to Exercise Science, or equivalent accreditation and standing **AND** eligibility for Exercise Science and/ or Exercise Physiology accreditation with Exercise and Sport Science Australia (ESSA).
- B. Demonstrated ability to contribute to course and subject design at the tertiary level, and to deliver quality student centred learning and teaching experience in the area of exercise science, health and fitness, exercise testing and prescription that includes the capacity to incorporate new technologies and new approaches to teaching and learning.
- C. A research profile and/or professional activity which demonstrates an ability to make autonomous contributions that complement the strategic research focus of the School or that is aligned with the Exercise Science and/or Exercise Physiology disciplines.
- D. Demonstrated ability to build strong partnerships, networks and relationships with industry and/or professional organisations to achieve professional and team objectives to support the national and international positioning of the School.
- E. Demonstrated high level written and oral communication and interpersonal skills including negotiating, presenting, active listening and the giving and receiving of constructive feedback.
- F. Demonstrated capacity to work both collaboratively and independently in a large complex academic setting with an outcome focus, demonstrating a commitment to applying culturally respectful, inclusive and safe practices in the workplace.

Desirable at Level B

- G. Evidence of experience in the use of new technologies and approaches to teaching and learning, including curriculum development within tertiary institutions.
- H. Prior work or collaboration within the fitness, medical or allied health industries.
- I. Experience in the supervision of Research Higher Degree students.

Information for Prospective Staff

Your Application

E-recruitment is the method by which CSU manages its recruitment processes and it is preferred that all applications be lodged using this method. Please refer to www.csu.edu.au/jobs/.

If intending applicants are unable to access this website, please contact the HR Service Centre on 02 6338 4884.

Staff Benefits

CSU is committed to providing an employment environment that fosters teamwork, innovation, reflective practice, continual learning, knowledge sharing and opportunities for staff to achieve their full potential. CSU is committed to providing a flexible working environment that encourages employees to live a balanced lifestyle, combining work and family responsibilities.

To find out more: <http://www.csu.edu.au/jobs/working-with-us/benefits-and-rewards>.

Essential Information for Staff

- All employees have an obligation to comply with all the University's workplace health & safety policies, procedures and instructions and not place at risk the health and safety of any other person in the workplace;
- All employees are required to be aware of and demonstrate a commitment to the principles of equal opportunity in the workplace;
- All employees are to ensure the creation and maintenance of full and accurate records of official University business adheres to the University's Records Management Policies; and
- All employees are expected to undertake an induction program on commencement.

Further information regarding the policy and procedures applicable to Workplace, Health and Safety and Equal Opportunity can be found on the CSU website <http://www.csu.edu.au/division/hr/>.

Further information regarding the policies and procedures of CSU can be found in the CSU Policy Library at: <https://www.csu.edu.au/about/policy>.

The following links are listed from [CSU Policy Library](#) on relevant specific policies:

- [Code of Conduct](#)
- [Staff Generic Responsibilities Policy](#)
- [Delegations and Authorisations Policy](#)
- [Outside Professional Activities Policy](#)
- [Intellectual Property Policy](#)