

Workforce Health, WorkFit Services

Job Capacity Statement: RN



The information below is designed to give you an indication of the likely demands of working in this role and will help you assess whether the job may suit you. You are encouraged to ask further questions about the demands if you have any concerns as local conditions may alter the demands you experience in the role. This should be read in conjunction with the Role Description which provides detail about the skills, knowledge and attributes relevant to the role. The Contact Officer listed in the job pack is the best person to contact with any queries.

Environmental Job Factors		
Possible Exposure to Infectious Diseases		
Shift Work		
Significant Walking Required		

Overall Psychological Job Factors	Level of Importance
Level of Job Control or Autonomy	Moderate
Level of Supervision or Support Received	Moderate
Contact with Co-workers/Colleagues (vs Isolation)	Moderate
Teamwork	Moderate
Exposure to Emotional Situations	Moderate
Level of Scrutiny and Accountability from Others (exposure to public scrutiny)	Moderate
Sensitivity and Empathy to Needs of Others	Moderate
New Relationship Building	Moderate
Switching Between Tasks	High
Time Pressures (including deadlines)	Moderate
Contact with Consumers/ Customers	High
Self-control and Regulation of Emotions	Moderate
Learning (requirement to learn new information and integrate this into work practices)	Moderate

F	Highest Level Of Complexity		
Abstract	Problem Solving & Critical Thinking (including judgement)	Moderate	
Attention And Accuracy	Attention: Concentration	Moderate	
	Attention: Degree of Precision & Accuracy	Moderate	
Mechanical	Mechanical Reasoning (requirement to work with and Moder resolve problems with machinery and equipment)		
Numerical	Number Skills Mode		
Processing	Quick Thinking	High	
Spatial Reasoning	Spatial Reasoning (requirement to accurately assess distance between objects or the fit of objects into spaces)	Moderate	
Verbal	Oral Communication (including active listening)	High	
	Reading Literacy	Moderate	

Writing Literacy		Moderate	
Physical Demands	Frequency (8 Hour Shift)	Max Load	
Dynamic Strength			
Floor to Waist Lift	Occasional: up to 2.5 hours	14kg	
One handed Carry	Occasional: up to 2.5 hours	10kg	
Two handed Carry	Occasional: up to 2.5 hours	14kg	
Pull	Occasional: up to 2.5 hours	20kg	
Push	Occasional: up to 2.5 hours	20kg NB: must be able to generate a 45kg downward push for CPR, approx. 17- 21kg body weight + 18-24kg applied force (occurs rarely)	
Waist to Eye Level Lift	Occasional: up to 2.5 hours	15kg	
Physical Demands	Frequency (8 Hour Shift)	Max 'at one' Time	
Manual Task Postures			
Lunge - Forward/Backward	Required	-	
Lunge - Sideways	Required	-	
Other			
Maintain Balance Against External Forces	Required	-	
Position Tolerance Activities			
Kneeling	Occasional: up to 2.5 hours	10 minutes	
Neck Flexion	Occasional: up to 2.5 hours	5 minutes	
Sitting	Occasional: up to 2.5 hours	30 minutes	
Standing	Frequent: up to 5 hours	30 minutes	
Work Bent Over- Standing	Occasional: up to 2.5 hours	10 minutes	
Work Crouching/Half Kneel	Occasional: up to 2.5 hours	5 minutes	
Upper Limb			
Grip	Occasional: up to 2.5 hours	30 minutes	
Precise Hand & Finger Movement/Use (Manual or Finger Dexterity)	Frequent: up to 5 hours	20 minutes	
Overhead Reach	Required		

NB: this is not an exhaustive list of ALL job factors and demands, but those which are considered to be significant.

Definition of frequency (based on 8 hour shift)			
Infrequent: up to 10 minutes	Occasional: up to 2.5 hours	Frequent: up to 5 hours	Constant: up to 8 hours
0 - 2%	2-33%	34-66%	67-100%
Up to 10 minutes	>10 min - 2.5 hours	>2.5 – 5 hours	More than 5 hours

Immunisation Demands			
Risk Category	Risk Category Description	Immunisation Requirements	
A	Direct contact with blood or body substances	Diphtheria-Tetanus-Pertussis Hepatitis B *Hepatitis A Influenza Measles-Mumps-Rubella Varicella	

Applicants are responsible for completing minimum immunisation requirements with their preferred immunisation provider prior to commencing employment

*The Australian Immunisation Handbook recommends Hepatitis A vaccine for HCWs who work in rural and remote Indigenous communities; with Indigenous children; or care for persons with developmental disabilities.

• All Healthcare workers who provide patient care must complete the Tuberculosis Screening questionnaire. The need for mantoux testing and or interferon gamma release assay (blood test) is determined by your individual risk or by health service risk. Refer to Policy Directive <u>Control of Tuberculosis in South Australian Health</u> <u>Services</u> for further information.