

Volunteer role description



Red Cross acknowledges
the Traditional Owners
of this land, their ancestors
and Elders, past and present.

the
power of
humanity



Food Literacy Facilitator Volunteer

Department	Justice Programs and Reinvestment
Availability	Flexible, ongoing
Location	Greater Adelaide
Category	Working in our Services and Programs

Building an inclusive, diverse and active humanitarian movement based on voluntary service

Role purpose

The Food Literacy Facilitator is a volunteer role that assists in the delivery of the FoodREDi™ Food Literacy Program for Red Cross. Supporting participants to live healthy lifestyles and improve their wellbeing, the program is delivered to a variety of vulnerable communities, including schools, community centres and the justice system. This role would involve facilitating FoodREDi™ with Aboriginal & Torres Strait Islander groups or people in a prison setting.

Role responsibilities

- Deliver the program to community groups using authorised program tools and strategies, at times and in localities in which the program operates.
- Assist program participants to learn about healthy eating and support and encourage participants to make and sustain healthy lifestyle changes, based on the FoodREDi® Program information and strategies.
- Be a positive role model for participants and promote the benefits of healthy eating and physical activity.
- Complete and submit program paperwork and information in a timely manner.
- Communicate with program staff around successes, challenges and concerns, in order for these to be addressed at the earliest possible opportunity.
- Keep up to date with program information and strategies and participate in any ongoing program development activities.

Knowledge, skills and experience

- Experience in a related area and the ability to make a positive contribution to a healthy lifestyle program
- Ability to be a positive role model and a strong commitment to implementing healthy lifestyle choices
- Ability to work with a variety of different groups and be able to adapt
- Excellent communication skills and the ability to be patient and assertive

Check requirements

- A National Criminal History Check prior to commencement and renewed every three years (Red Cross will arrange this)
- Working with Children Check (Child Related Employment Screening) and Child Safe Environments Training – Reporting Abuse and Neglect needed when working with children and young people in this program
- Must hold a current Australian Driver's Licence

Learning and development

(Delete help text before publishing: describe learning and development required for the role)

- FoodREDi™ Facilitator Training (2 days) and ongoing training as required
- Scheduled volunteer meetings, a minimum of two per year

General conditions

(Delete help text before publishing: These are organisational requirements and not to be edited)

We act always in accordance with the Australian Red Cross Ethical Framework and Child Protection Code of Conduct

We are a Child Safe organisation and all volunteers are required to comply with relevant State and Territory legislation requirements

We comply with the Red Cross Workplace Health and Safety management system

We demonstrate skill, knowledge and behaviour to work with Aboriginal and Torres Strait Islander people in a culturally respectful way

We may be required to assist the organisation on occasion, in times of national, state or local emergencies or major disasters

In all activities, our volunteers are guided by the Fundamental Principles of the Red Cross and Red Crescent Movement

Humanity

Impartiality

Neutrality

Independence

Voluntary Service

Unity

Universality
