



Job Capacity Statement: *Catering/Kitchen Attendant or Pantryhand*

The information below is designed to give you an indication of the likely demands of working in this role and will help you assess whether the job may suit you. You are encouraged to ask further questions about the demands if you have any concerns as local conditions may alter the demands you experience in the role. This should be read in conjunction with the Role Description which provides detail about the skills, knowledge and attributes relevant to the role. The Contact Officer listed in the job pack is the best person to contact with any queries.

Environmental Job Factors
Possible Exposure to Infectious Diseases
Exposure to Heat

Overall Psychological Job Factors	Level of Importance
Level of Job Control or Autonomy	Low
Level of Supervision or Support Received	High
Contact with Co-workers/Colleagues (vs Isolation)	High
Teamwork	Moderate
Safety Pressures: Exposure to High Risk with Regard to Safety	Moderate
Switching between Tasks	Moderate
Time Pressures (including deadlines)	Moderate

Psychological Demands (Cognitive)		Highest Level Of Complexity
Attention And Accuracy	Attention: Concentration	Moderate
Spatial Reasoning	Spatial Reasoning (requirement to accurately assess distance between objects or the fit of objects into spaces)	Moderate
Mechanical	Mechanical Reasoning (requirement to work with and resolve problems with machinery and equipment)	Moderate

Physical Demands	Frequency (8 Hour Shift)	Max Load
Dynamic Strength		
Floor to Waist Lift	Infrequent: up to 10 minutes	12kg
Push	Occasional: up to 2.5 hours	10kg
Waist to Eye Level Lift	Infrequent: up to 10 minutes	12kg
Physical Demands	Frequency (8 Hour Shift)	Max 'at one' Time
Manual Task Postures		
Lunge - Sideways	Required	-
Other		
Maintain Balance Against External Forces	Required	-

Position Tolerance Activities		
Standing	Frequent: up to 5 hours	1 hour
Work Bent Over- Standing	Occasional: up to 2.5 hours	3 mins
Upper Limb		
Forward Reach	Occasional: up to 2.5 hours	5 mins
Grip	Occasional: up to 2.5 hours	5 mins
Precise Hand & Finger Movement/Use (Manual or Finger Dexterity)	Occasional: up to 2.5 hours	5 mins
Twisting Wrist Repetitively	Infrequent: up to 10 minutes	10 mins

NB: this is not an exhaustive list of ALL job factors and demands, but those which are considered to be significant.

Definition of frequency (based on 8 hour shift)			
Infrequent: up to 10 minutes	Occasional: up to 2.5 hours	Frequent: up to 5 hours	Constant: up to 8 hours
0 - 2%	2-33%	34-66%	67-100%
Up to 10 minutes	>10 min - 2.5 hours	>2.5 – 5 hours	More than 5 hours