

Workforce Health, WorkFit Services



Job Capacity Statement: Cleaner/Domestic

The information below is designed to give you an indication of the likely demands of working in this role and will help you assess whether the job may suit you. You are encouraged to ask further questions about the demands if you have any concerns as local conditions may alter the demands you experience in the role. This should be read in conjunction with the Role Description which provides detail about the skills, knowledge and attributes relevant to the role. The Contact Officer listed in the job pack is the best person to contact with any queries.

Environmental Job Factors	
Possible Exposure to Infectious Diseases	
Exposure to Dust/Fumes/Odours	
Proximity to Moving Objects	
Possible exposure to vibration hand/arm	
Overall Psychological Job Factors	Level of Importance
Overall Psychological Job Factors Level of Job Control or Autonomy	Level of Importance Low
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Level of Job Control or Autonomy	Low
Level of Job Control or Autonomy Level of Supervision or Support Received	Low Moderate

Psychological Demands (Cognitive)		Highest Level Of Complexity
Attention And Accuracy	Attention: Concentration	Moderate
	Attention: Degree Of Precision & Accuracy	Moderate
Mechanical	Mechanical Reasoning (requirement to work with and resolve problems with machinery and equipment)	Moderate
Spatial Reasoning	Spatial Reasoning (requirement to accurately assess distance between objects or the fit of objects into spaces)	Moderate

Physical Demands	Frequency (8 Hour Shift)	Max Load	
Dynamic Strength			
Waist to Eye Level Lift Occasional: up to 2.5 hours 10kg		10kg	
Physical Demands	Frequency (8 Hour Shift)	Max 'at one' Time	
Manual Task Postures			
Lunge - Forward/Backward	Required	-	
Lunge - Sideways	Required	-	
Position Tolerance Activities			
Standing	Occasional: up to 2.5 hours	15 mins	
Work Bent Over- Standing	Occasional: up to 2.5 hours 20 mins		

Work Crouching/Half Kneel	Occasional: up to 2.5 hours	15 mins
Upper Limb		
Forward Reach	Occasional: up to 2.5 hours	15 mins
Precise Hand & Finger Movement/Use (Manual or Finger Dexterity)	Occasional: up to 2.5 hours	2 mins
Grip	Frequent: up to 5 hours	20 mins

NB: this is not an exhaustive list of ALL job factors and demands, but those which are considered to be significant.

Definition of frequency (based on 8 hour shift)			
Infrequent: up to 10 minutes	Occasional: up to 2.5 hours	Frequent: up to 5 hours	Constant: up to 8 hours
0 - 2%	2-33%	34-66%	67-100%
Up to 10 minutes	>10 min - 2.5 hours	>2.5 – 5 hours	More than 5 hours

Immunisation Demands		
Risk Category	Risk Category Description	Immunisation Requirements
Α	Direct contact with blood or body substances	Diphtheria-Tetanus-Pertussis Hepatitis B *Hepatitis A Influenza Measles-Mumps-Rubella Varicella

Applicants are responsible for completing minimum immunisation requirements with their preferred immunisation provider prior to commencing employment