



the
power of
humanity



Volunteer role description

Social Circles Volunteer - Montrose

Department	Social Inclusion
Availability	Available Wednesday ongoing (minimum 12 months) Average 1 – 2 hours per week
Location	Montrose, Southern Tasmania
Category	Working in our Services and Programs

Building an inclusive, diverse and active humanitarian movement based on voluntary service

Role purpose

In this role you will help an elderly person who is experiencing social isolation overcome their loneliness and improve their wellbeing through the simple act of spending time with them where you might chat together, reminisce, listen to music, read the newspaper or play card games.

Your visits to a participant living in their own home will have an important impact on their life: enhancing their sense of wellbeing, supporting good physical and mental health, promoting healthy ageing and making them more resilient to life's knocks and challenges.

But the benefits are not one sided – you will gain a sense of worth and satisfaction through your volunteering, meeting interesting people and gain new skills and experiences.

Role responsibilities

- Visit the Participant once a week
- Undertake activities that are appropriate to the participant. This may include listening to music together, playing cards or board games, reminiscing, a trip out (only if *both* participants wish) or simply having a chat
- Maintain confidentiality of information obtained during a visit unless this information must be disclosed to Red Cross to assist the resident
- Maintain accurate records of visits to resident on allocated visit record sheets

Knowledge, skills and experience

- Comfortable speaking to a broad range of culturally diverse people
- Show empathy for the mature aged, disadvantaged and socially isolated people
- At ease working independently
- Experience interacting with elderly people (preferred)

Check requirements

- A National Criminal History Check prior to commencement and renewed every three years (Red Cross will arrange this)
- A Statutory Declaration is required for International volunteers

Learning and development

- Complete Red Cross online learning modules as required
- Attend Red Cross Volunteer Induction, Program Training and ongoing training as required

General conditions

We act always in accordance with the Australian Red Cross Ethical Framework and Child Protection Code of Conduct

We are a Child Safe organisation and all volunteers are required to comply with relevant State and Territory legislation requirements

We comply with the Red Cross Workplace Health and Safety management system

We demonstrate skill, knowledge and behaviour to work with Aboriginal and Torres Strait Islander people in a culturally respectful way

We may be required to assist the organisation on occasion, in times of national, state or local emergencies or major disasters

In all activities, our volunteers are guided by the Fundamental Principles of the Red Cross and Red Crescent Movement

Humanity

Impartiality

Neutrality

Independence

Voluntary Service

Unity

Universality

