

DEPARTMENT OF HEALTH

Statement of Duties

Position Title:	Perinatal Mental Health Clinician
Position Number:	524962d, 520632d
Classification:	Allied Health Professional Level 3
Award/Agreement:	Allied Health Professionals Public Sector Unions Wages Agreement
Group/Section:	Community, Mental Health and Wellbeing – Statewide Mental Health Services – Adult Community Mental Health Services
Position Type:	Fixed Term, Full Time/Part Time
Location:	North North/West
Reports to:	Nurse Unit Manager/Team Leader (ACMHS)
Effective Date:	October 2021
Check Type:	Annulled
Check Frequency:	Pre-employment
Check Frequency: Essential Requirements:	Pre-employment Registered with the Occupational Therapy Board of Australia; or
	Registered with the Occupational Therapy Board of Australia; or Degree in Social Work giving eligibility for membership of the Australian
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	Registered with the Occupational Therapy Board of Australia; or Degree in Social Work giving eligibility for membership of the Australian Association of Social Workers; or Registered with the Psychology Board of Australia. Current Tasmanian Working with Children Registration. Registration/licences that are essential requirements of this role must remain current and valid at all times whilst employed in this role and the status of these may be checked at any time during employment. It is the employee's responsibility to ensure that registration/licences remain current and to advise the Employer if their circumstances change. This includes notifying the Employer if a registration/licence is



Further education in perinatal or infant mental health, or counselling.

Current Driver's Licence.

NB. The above details in relation to Location, Position Type and Work Pattern may differ when this position is advertised – please refer to these details within the actual advert. The remainder of the content of this Statement of Duties applies to all advertised positions.

Primary Purpose:

The Perinatal Mental Health Clinician is a member of the multidisciplinary Perinatal Mental Health Team based in Adult Community Mental Health Services (ACMHS). As a senior member of the perinatal service, the Perinatal Mental Health Clinician will:

- Assist in providing specialist care to women, infants and their families within their designated region identified as at risk of, or having, moderate to severe perinatal mental health disorders, as part of a Tasmanian multidisciplinary perinatal mental health team.
- Provide specialist mental health assessment and clinical management to women in the perinatal period to promote positive maternal mental health and enhance the parent-infant relationship.
- Work in accordance with shared care principles and within a multidisciplinary treatment team to assist women's access to specialist services and enhance their engagement with internal and external agencies.
- Take a lead role in the development and implementation of system changes and service improvements in the Perinatal Mental Health Team (PMHS).

Duties:

- 1. Provide an identified first point of contact with the PMHS team for receipt of enquiries regarding management advice or referral to the team.
- 2. Review and triage referrals received and prioritise allocation of assessment appointments according to patient need.
- 3. Coordinate the care of women referred for assessment and treatment in collaboration with the Perinatal Psychiatrist and the PMHS.
- 4. Provide case management for women with complex mental health and psychosocial problems as part of their antenatal care and/or coordinate discharge planning and follow up for women following the birth of their baby.
- 5. Provide primary and secondary consultation for women with mental health problems on maternity ward/neonatal intensive care unit.
- 6. Manage service data collection and ensure data integrity.
- 7. Participate in research projects undertaken by the multidisciplinary PMHS Team.
- 8. Participate in the development and evaluation of the multidisciplinary PMHS Team Quality and Safety activities.
- 9. Participate with other members of the multidisciplinary PMHS Team in providing education and training to staff and key stakeholders, including but not limited to on maternity and neonatal services, Child Health and Parenting Service, and Child Protection Services.





- 10. Take a key role in representing PMHS Team at ACMHS wide activities and in liaison with other members of ACMHS.
- 11. Actively participate in and contribute to the organisation's Quality & Safety and Work Health & Safety processes, including in the development and implementation of safety systems, improvement initiatives and related training.
- 12. The incumbent can expect to be allocated duties, not specifically mentioned in this document, that are within the capacity, qualifications and experience normally expected from persons occupying positions at this classification level.

Key Accountabilities and Responsibilities:

The Perinatal Mental Health Clinican reports to the Team Leader ACMHS and is responsible for:

- Providing a flexible and multi-skilled approach in working across the key services engaged in the delivery of Perinatal Mental Health services including private medical practitioners, government and community sector organisations.
- Working collaboratively within a multidisciplinary context to provide advanced mental health care to women with complex mental health and psychological problems.
- Maximising the opportunity for service delivery as negotiated with stakeholders.
- Contributing to their achievement of professional expertise through the maintenance of ongoing personal and professional development and continuing education.
- Where applicable, exercising delegations in accordance with a range of Acts, Regulations, Awards, administrative authorities and functional arrangements as mandated by Statutory office holders including the Secretary and Head of State Service. The relevant Unit Manager can provide details to the occupant of delegations applicable to this position.
- Complying at all times with policy and protocol requirements, including those relating to mandatory education, training and assessment.

Pre-employment Conditions:

It is the Employee's responsibility to notify an Employer of any new criminal convictions during the course of their employment with the Department.

The Head of the State Service has determined that the person nominated for this job is to satisfy a pre-employment check before taking up the appointment, on promotion or transfer. The following checks are to be conducted:

- I. Conviction checks in the following areas:
 - a. crimes of violence
 - b. sex related offences
 - c. serious drug offences
 - d. crimes involving dishonesty
- 2. Identification check
- 3. Disciplinary action in previous employment check.





Selection Criteria:

- I. Demonstrated knowledge and experience within Mental Health Services, with a demonstrated understanding of Perinatal and Infant Mental Health clinical practice.
- 2. Demonstrated knowledge, understanding and experience of the range of psychiatric disorders which may occur in the perinatal period, and appropriate treatments.
- 3. Demonstrated knowledge and understanding of the various factors, both antenatal and postnatal, which may affect an infant's emotional, social, cognitive and behavioural development.
- 4. Demonstrated knowledge and understanding of the range of interventions which may mitigate adverse effects of mental illness and psychosocial adversity on infant development and the mother-infant interaction.
- 5. Ability to assess and manage acute risk for vulnerable mothers and their neonate, infant and child in their care.
- 6. Highly developed communication and interpersonal skills with proven ability to function effectively within a multidisciplinary environment and engage with a broad range of service providers/stakeholders in the development of programs that will improve patient wellbeing.
- 7. Demonstrated experience in research, education and training in mental health.
- 8. Demonstrated knowledge of Agency and Mental Health Services policies and procedures and associated legislation relevant to the coordination of a perinatal infant mental health service, or the capacity to effectively acquire the same, including knowledge of relevant professional competencies and standards of practice, current Work Health and Safety and Anti-Discrimination legislation and the principles of Workplace Diversity.

Working Environment:

The Department of Health is committed to improving the health and wellbeing of patients, clients and the Tasmanian community through a sustainable, high quality and safe health system. We value leading with purpose, being creative and innovative, acting with integrity, being accountable and being collegial.

The Department seeks to provide an environment that supports safe work practices, diversity and respect, including with employment opportunities and ongoing learning and development. We value the diverse backgrounds, skills and contributions of all employees and treat each other and members of the community with respect. We do not tolerate discrimination, harassment or bullying in the workplace. All employees must uphold the *State Service Principles* and *Code of Conduct* which are found in the *State Service Act 2000*. The Department supports the <u>Consumer and Community Engagement Principles</u>.

