

Workforce Health, WorkFit Services





The information below is designed to give you an indication of the likely demands of working in this role and will help you assess whether the job may suit you. You are encouraged to ask further questions about the demands if you have any concerns as local conditions may alter the demands you experience in the role. This should be read in conjunction with the Role Description which provides detail about the skills, knowledge and attributes relevant to the role. The Contact Officer listed in the job pack is the best person to contact with any queries.

Environmental Job Factors

Possible Exposure to Infectious Diseases

Significant Walking Required

Overall Psychological Job Factors	Level of Importance
Level of Job Control or Autonomy	Low
Level of Supervision or Support Received	Moderate
Contact with Co-workers/Colleagues (vs Isolation)	Moderate
Teamwork	Moderate
Exposure to Confrontational Situations	Moderate
Sensitivity and Empathy to Needs of Others	Moderate
Switching Between Tasks	High
Time Pressures (including deadlines)	Moderate
Contact with Consumers/ Customers	Moderate
Self-control and Regulation of Emotions	Moderate

Psychological Demands (Cognitive)		Highest Level Of Complexity
Abstract	Problem Solving & Critical Thinking (including judgement)	Moderate
Attention And Accuracy	Attention: Concentration	Moderate
	Attention: Degree of Precision & Accuracy	Moderate
Verbal	Oral Communication (including active listening)	Moderate
	Reading Literacy	Moderate
	Writing Literacy	Moderate

Physical Demands	Frequency (8 Hour Shift)	Max 'at one' Time
Position Tolerance Activities		
Neck Flexion	Infrequent: up to 10 minutes	10 mins
Sitting	Frequent: up to 5 hours	60 mins
Standing	Frequent: up to 5 hours	45 mins
Upper Limb		

Forward Reach	Occasional: up to 2.5 hours	2 mins
Grip	Occasional: up to 2.5 hours	2 mins
Keying/Mousing	Frequent: up to 5 hours	45 mins
Precise Hand & Finger Movement/Use (Manual or Finger Dexterity)	Occasional: up to 2.5 hours	15 mins

NB: this is not an exhaustive list of ALL job factors and demands, but those which are considered to be significant.

Definition of frequency (based on 8 hour shift)			
Infrequent: up to 10 minutes	Occasional: up to 2.5 hours	Frequent: up to 5 hours	Constant: up to 8 hours
0 - 2%	2-33%	34-66%	67-100%
Up to 10 minutes	>10 min - 2.5 hours	>2.5 – 5 hours	More than 5 hours

Immunisation Demands		
Risk Category	Risk Category Description	Immunisation Requirements
В	Indirect contact with blood or body substances	Diphtheria-Tetanus-Pertussis Influenza Measles-Mumps-Rubella Varicella

^{*} Applicants are responsible for completing minimum immunisation requirements with their preferred immunisation provider prior to commencing employment