# Volunteer role description





## Family Support Volunteer – Bunbury & Southwest

Department	WA Housing and Community
Availability	4 hours per week Monday to Friday only
Location	Bunbury & Southwest
Category	Working in our Services and Programs

#### Building an inclusive, diverse and active humanitarian movement based on voluntary service

#### Role purpose

A volunteer is matched with a parent, who is socially isolated from usual support networks, including multiple birth families and those experiencing Post Natal Depression or Anxiety. They undertake a weekly home visit to assist to build parent's confidence by skill building and role modelling and improve their wellbeing and resilience by assisting to link into their community.

#### **Role responsibilities**

- Volunteer assists parent/s with care tasks pertaining to the needs of babies and toddlers-feeding, settling, playing. Can also include assistance to attend appointments for parent or child. Linkage to community groups and supports. Assistance with light house duties e.g. folding washing or meal preparation. Respite for parent to self-care or rest if required. DOES NOT include transporting family or babysitting in absence of parent.
- Commitment to visit a family once a week for a 4-hour block for a 12-week period; ongoing commitment to support additional families for at least 12 months.
- Reliability and Punctuality.
- Willingness to support the requirements of a Child Safe Organisation.
- Always maintain Client confidentiality.
- Adherence to WHS requirements especially safeguarding oneself.
- Submission of weekly visit report
- Attend all ongoing training when required.

#### Knowledge, skills and experience

- Must have hands on experience and confidence in relation to caring for babies (Including feeding, changing, settling,)
- An understanding of Post Natal Depression / Anxiety.
- Experience in interacting with people from differing cultures and backgrounds.

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- Willingness to empower parent with skills and confidence to manage family and home to the best of their ability.
- Basic phone and computer skills.

#### **Check requirements**

- A National Criminal History Check prior to commencement and renewed every five years (Red Cross will arrange this)
- Working with Children's Check relevant to your state / territory location
- Reference Check
- Evidence of up to date\* vaccination against COVID-19 is a mandatory requirement for this role. \*As per latest definitions by the Australian Technical Advisory Group on Immunisation (ATAGI), or who have a medical exemption based on ATAGI quidelines

### **Learning and development**

- Complete Red Cross online learning modules as required
- Attend Red Cross Volunteer Induction, Program Training and ongoing training as required

#### **General conditions**

We act always in accordance with the Australian Red Cross Ethical Framework and Child Protection Code of Conduct

We are a Child Safe organisation and all volunteers are required to comply with relevant State and Territory legislation requirements

We comply with the Red Cross Workplace Health and Safety management system

We demonstrate skill, knowledge and behaviour to work with Aboriginal and Torres Strait Islander people in a culturally respectful way

We may be required to assist the organisation on occasion, in times of national, state or local emergencies or major disasters

In all activities, our volunteers are guided by the Fundamental Principles of the Red Cross and Red Crescent Movement

Humanity
Impartiality
Neutrality
Independence
Voluntary Service
Unity

Universality