

Volunteer role description

Food Literacy Community Setting Facilitator

Department	Community Justice Program
Availability	Weekly ongoing
Location	Adelaide
Category	Working in our Services and Programs

Building an inclusive, diverse and active humanitarian movement based on voluntary service

Role purpose

The Food Literacy Facilitator is a volunteer role that assists in the delivery of Red Cross' programs within the justice system particularly in food literacy. The food literacy program, FoodREDi, support individuals and groups of eligible participants to have a healthier lifestyle and improve their wellbeing. The program is aimed at a variety of vulnerable communities, including schools, individuals in contact with the Justice system and various community centres

Role responsibilities

- Lead the delivery of the FoodREDi program to groups using authorised program tools and strategies in a variety of vulnerable communities, including people involved with the justice system.
- Assist program participants to learn the importance of a healthy diet and physical activity, based on the FoodREDi® Program information and strategies
- Be a positive role model for participants and promote the benefits of a healthy diet and physical activity
- Complete and submit program paperwork and information in a timely manner
- Keep up to date with program information and strategies and participate in any ongoing program development activities

Knowledge, skills and experience

- Experience in a related area and the ability to make a positive contribution to a healthy lifestyle program
- Ability to be a positive role model and a strong commitment to implementing healthy lifestyle choices
- Ability to work with a variety of different groups and be able to adapt
- Excellent communication skills and the ability to be patient and assertive
- Knowledge of The Australian Guide to Healthy Eating and the importance of regular physical activity or the ability to learn
- Group facilitation and/or training skills would be an advantage

Check requirements

- A National Criminal History Check prior to commencement and renewed every three years (Red Cross will arrange this)
- Working with Children's Check relevant to your state / territory location

Learning and development

- Complete Red Cross online learning modules as required
- Attend Red Cross Volunteer Induction, Program Training and ongoing training as required
- Attend scheduled volunteer meetings, a minimum of two per year

General conditions

We act always in accordance with the Australian Red Cross Code of Conduct and Child Protection Code of Conduct

We are a Child Safe organisation and all volunteers are required to comply with relevant State and Territory legislation requirements

We comply with the Red Cross Workplace Health and Safety management system

We demonstrate skill, knowledge and behaviour to work with Aboriginal and Torres Strait Islander people in a culturally respectful way

We may be required to assist the organisation on occasion, in times of national, state or local emergencies or major disasters

In all activities, our volunteers are guided by the Fundamental Principles of the Red Cross and Red Crescent Movement

Humanity

Impartiality

Neutrality

Independence

Voluntary Service

Unity

Universality
