 **POSITION DESCRIPTION**

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| Position Title: | PHYSIOTHERAPIST |
| Reporting to: | Operations Manager Clinical and Care |
| Business Area: | Home Care |
| Location: | Home Care Office Rivervale |
| Reviewed | 30/6/2020 |

**PRIMARY OBJECTIVES:**

The role of the Physiotherapist within Amana Living includes, but is not limited to, a range of physiotherapy assessments & restorative and reablement interventions and equipment prescription, for seniors in their homes as well as group activities within the community.

The Physiotherapist plays an active role in maintaining Amana Living’s Philosophy of Care and in living the 3Rs culture.

**KEY RESPONSIBILITIES:**

The key responsibilities will include:

* Conduct comprehensive assessments that identify the client’s functional capacity, strengths and lifestyle goals;
* Provide recommendations for client care based on assessment outcomes and write reports;
* Enhance the quality of life and independence of Amana Living clients by delivering evidence-based physiotherapy interventions;
* Provide safe and effective services and supports for daily living that meets the emotional, spiritual and psychological wellbeing needs of clients
* Contribute to the development of holistic, individualised, client focussed care plans in partnership with the client and their carer/advocate and Amana Living team;
* Provide individualised therapy services, including mobility equipment prescription, enabling older people to maintain functional capacity, prevent deterioration, maximise quality of life and to reengage with community activities;
* Provide effective personal and clinical care that is best practice, tailored to individual needs and optimising health and wellbeing
* Treat clients and their families with dignity and respect while maintaining their privacy
* Regularly review and evaluate client therapy plans to ensure identified goals are achieved and quality of life and healthy ageing promoted;
* Ensure all documentation is timely, accurate and maintained and actioned in accordance with the Amana Living Clinical Governance Framework, organisational policies and procedures and confidentiality agreement;
* Provide general advice and recommendations relating to equipment, in particular, mobility equipment.
* Attend and actively participate in family and staff meetings and mandatory training sessions; and

**Time Management**

* Deliver clinical services as rostered, within the allotted timeframe
* Clinical services are to be completed as allocated on the daily roster
* Ensure all time with the client, more than the scheduled appointment is communicated to the Client Service Manager (CSM) at the end of the service with an explanation.

**Reporting**

* Completion of documentation and reporting as per the Clinical Service Menu
* Completion of documentation in the Client Management System during and after the service

**Client Management**

Client case discussions are conducted with CSM during the scheduled out of home (OOH) time for services as indicated by Operations Manager Clinical and Care

**PERFORMANCE INDICATORS:**

* The service provided to each client will be professional and in line with Amana Living’s policies and procedures
* All clinical services are completed as scheduled and the clients are charged correctly
* All clinical services are delivered and completed as per Client Management System within the allocated timeframe and roster optimisation
* Variations to schedule and service delivery are reported to CSM and OMCC
* Clinical Adherence to legal and professional guidelines;
* Client satisfaction and feedback;
* Team Leader/ Manager satisfaction with clinical skills and performance within workplace.
* Client related documentation will be maintained to a high standard at all times;
* Consistently meet reporting timeframes, ensuring documentation and report outcomes are completed and communicated effectively to the CSM within 72 hours of the client service
* Manages regulatory compliance in Occupational Health and Safety in line with Amana Living’s Policies and Procedures.

**KEY PHYSICAL REQUIREMENTS**:

The work undertaken by a Physiotherapist involves fairly constant physical activity varying from a low to high intensity but predominantly of a medium intensity, with alternation between walking, sitting and standing activities.

The following physical capabilities are therefore required as demonstrated below:

* Good spinal strength and flexibility, with the ability to maintain a crouched or kneeling position for several minutes at a time.
* Occasionally lifting up to 15kgs between floor and waist level, carrying 10kg over short distance, Lifting up to 5kgs above shoulder level and pushing/pulling up to 20kgs over short distances.

**SKILLS, KNOWLEDGE, EXPERIENCE & COMPETENCIES REQUIRED:**

**Skills, Knowledge and Experience:**

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| **Mandatory / Desirable** | **Description** |
| M | Bachelor of Science (Physiotherapy) Degree |
| M | Current Registration with Australian Health Practitioner Regulation Agency (AHPRA) |
| M | National Police Clearance Certificate (no older than 6 months) |
| M | Successful completion of pre-medical form and reference checks |
| M | Successful completion of the key physical requirements assessment |
| M | Experience in community-based assessment and rehabilitation including equipment prescription |
| M | Demonstrated excellence in specialist assessment and the delivery of evidence-based physiotherapy interventions |
| M | Well-developed computer skills |

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| M | A valid “C Class” driver’s licence, standard rate vehicle registration and 3rd Party Motor Vehicle Insurance. (Fully comprehensive motor vehicle insurance is recommended but not essential) |
| M | Suitable and reliable vehicle |
| D | Senior First Aid Certificate |
| D | Otago Falls Prevention training |
| D | Experience in the supervision of others |
| D | Previous experience working with people living with dementia |

**Competencies & Behaviours:**

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| Demonstrated ability to work clients with unmet needs and responsive behaviours. |
| Demonstrated ability to manage a varied caseload of clients |
| Excellent customer service skills and a client-centered approach to healthcare |
| Ability to work independently and positively contribute to team environment and support others |
| Exceptional organisational skills and the ability to work autonomously in a complex environment, characterised by competing demands and tight timelines |
| Confidence to take initiative whilst being aware of own limitations and scope of practice |
| Excellent communication and interpersonal skills to effectively engage with colleagues, clients and key stakeholders |
| Demonstrated written communication skills including the ability to complete accurate client record and referral documentation, write reports and communicate with other health professionals |
| Demonstrated ability to adapt to changing technology |

**Competencies - Manual Handling and other mandatory training as required**