

Fact Sheet for Grounds Maintenance, Cleaner, Canteen and Uniform Shop Job Applicants

What is a Pre-employment Health Assessment?

A pre-employment health assessment is a risk assessment tool that is used to determine:

- Whether an applicant for the position is likely to be at risk of injury or illness in the proposed position and/or
- Whether you are likely to put others at risk in the proposed position

The standard pre-employment health assessment may involve the following:

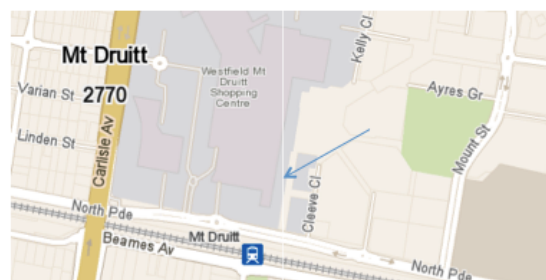
- Detailed medical questionnaire
- Digital photograph (to confirm the applicant's identity)
- Vision testing including colour vision
- Grip strength
- Height and weight
- Urinalysis for blood, proteins and sugar
- Detailed medical examination by an experienced occupational medicine doctor
- Hearing test
- Functional Assessment – This involves various tasks that simulate the job demands of the position being applied for. These tasks can involve the:
 - Sitting, walking, standing, crouching, kneeling and squatting
 - Lifting and carrying
 - Pushing and pulling
 - Working in overhead, forward reaching and forward bending positions
 - Ladder climbing
 - Dexterity

How to arrange a Pre-employment Health Assessment

There are two sites available for Pre-employment Health Assessments. These are:

Sonic HealthPlus
2/2-6 Gladstone Street
Merrylands NSW 2160

Sonic HealthPlus
Shop 2-3 Westfield Shoppingtown
Carlisle Avenue
Mount Druitt NSW 2770



You will need to contact Sonic HealthPlus directly on (02) 9897 7699 to arrange the appointment.

When making the initial appointment it is important that you provide the following details:

- The specific position you have applied for, that is, whether it is a Grounds Maintenance, Cleaning, Canteen or Uniform Shop position
- The name of the school where the position was advertised.