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POSITION DESCRIPTION

Exercise Physiologist

Faculty/Division	Medicine & Health
Classification Level	Professional 5
Hours & Span (Category)	G - Administrative, Clerical, Computing, Professional & Research Staff
Position number	00203325
Shiftwork status	NOT SHIFTWORKER
Allowances	Nil
On call arrangements	Nil
Original document creation	25 September 2024

Position Summary

The role of the Accredited Exercise Physiologist will involve supporting the clinical exercise physiology services to people using Addison Road Community Centre including people from a refugee and asylum seeker background, culturally and linguistically diverse communities and people experiencing social disadvantage. The clinical service will contribute to a variety of research projects.

The Accredited Exercise Physiologist will draw upon their clinical experience with diverse populations, and work as part of a multidisciplinary team of clinical researchers to support exercise and physical activity interventions to improve the wellbeing and lifestyle behaviours of participants.

The Accredited Exercise Physiologist will report to the Scientia Associate Professor and has no direct reports.

Accountabilities

Specific accountabilities for this role include:

- Ensure co-designed culturally appropriate exercise physiology services including one-on-one and group exercise programs are provided in line with establish policies and procedures.
- Assist in the development of clinical protocols, clinician training materials for the Addison Road exercise service, and of patient education resources to facilitate the program.
- Support clinical supervision of students such as current UNSW exercise physiology students attending placement at Addison Road.

- Provide support to research projects that align with the service including recruitment of participants and data collection.
- Assist senior researchers with collection and management of research data including coordinating and executing data cleaning, data management processes and ensuring research integrity in research databases.
- Coordinate, plan and complete day-to-day research activities within the framework of agreed project timelines and responsibilities.
- Follow and maintain research protocols, provide problem solving and resolution to any evolving problems related to design, implementation, and analysis.
- Coordinate adherence to UNSW and other relevant governance pathways to ensure projects are managed within a defined, consistent and proven set of rules for project development.
- Liaise with community services and health care professionals to assist in the development of referral pathways.
- Perform other duties as required by the supervisor and appropriate to level.
- Align with and actively demonstrate the [UNSW Values in Action: Our Behaviours](#) and the [UNSW Code of Conduct](#).
- Cooperate with all health and safety policies and procedures of the university and take all reasonable care to ensure that your actions or omissions do not impact on the health and safety of yourself or others.

Skills and Experience

- Degree in Exercise Physiology or equivalent competence gained through any combination of education, training and experience.
- Hold Accreditation from Exercise and Sport Science Australia (ESSA) with at least 1 year subsequent relevant experience.
- Experience preferred in evidence-based exercise prescription for people with lived experience of mental health issues and working with culturally and linguistically diverse populations.
- Previous research support experience preferred including data collection and analysis.
- Excellent interpersonal, oral and written communication skills including demonstrated capacity to maintain effective professional relationships with a variety of stakeholders and from diverse backgrounds.
- Proven ability to be self-directed and work in a multidisciplinary team.
- An understanding of and commitment to UNSW's aims, objectives and values in action, together with relevant policies and guidelines.
- Knowledge of health and safety responsibilities and commitment to attending relevant health and safety training.

About this document

This Position Description outlines the objectives, desired outcomes, key responsibilities, accountabilities, required skills, experience and desired behaviours required to successfully perform the role.

This template is not intended to limit the scope or accountabilities of the position. Characteristics of the position may be altered in accordance with the changing requirements of the role.