# POSITION DESCRIPTION

**Position Title:** Adapted Physical Activity Program Officer  
**Organisation Unit:** School of Human Movement and Nutrition Sciences  
**Position Number:** 3040097  
**Type of Employment:** Part Time (.6), Fixed-Term for 24 months  
**Classification:** Hew Level 5

## THE UNIVERSITY OF QUEENSLAND

The University of Queensland (UQ) contributes positively to society by engaging in the creation, preservation, transfer and application of knowledge. UQ helps shape the future by bringing together and developing leaders in their fields to inspire the next generation and to advance ideas that benefit the world. UQ strives for the personal and professional success of its students, staff and alumni. For more than a century, we have educated and worked with outstanding people to deliver knowledge leadership for a better world.

UQ ranks in the world's top universities, as measured by several key independent ranking, including the Performance Ranking of Scientific Papers for World Universities (45), the US News Best Global Universities Rankings (52), QS World University Rankings (51), Academic Ranking of World Universities (55), and the Times Higher Education World University Rankings (60). UQ again topped the nation in the prestigious Nature Index; and secured a greater share of Australian Research Council grants in 2016 ($24.5 million) than any other university nationally.

UQ has an outstanding reputation for the quality of its teachers, its educational programs and employment outcomes for its students. Our students remain at the heart of what we do. The UQ experience –the UQ Advantage – is distinguished by a research enriched curriculum, international collaborations, industry engagement and opportunities that nurture and develop future leaders. UQ has a strong focus on teaching excellence, winning more national teaching excellence awards than any other in the country and attracting the majority of Queensland's highest academic achievers, as well as top interstate and overseas students.

UQ is one of Australia’s Group of Eight, a charter member of edX and a founding member of Universitas 21, an international consortium of leading research-intensive universities.

Our 50,000-plus strong student community includes more than 13,000 postgraduate scholars and more than 12,000 international students from 144 countries, adding to its proud 230,000-plus alumni. The University has about 7,000 academic and professional staff and a $1.7 billion annual operating budget. Its major campuses are at St Lucia, Gatton and Herston, in addition to teaching and research sites around Queensland and Brisbane city. The University has six Faculties and four University-level Institutes. The Institutes, funded by government and industry grants, philanthropy and commercialisation activities, have built scale and focus in research areas in neuroscience, biomolecular and biomedical sciences, sustainable minerals, bioengineering and nanotechnology, as well as social science research.
UQ has an outstanding track-record in commercialisation of our innovation with major technologies employed across the globe and integral to gross product sales of $11 billion+ (see http://uniquest.com.au/our-track-record).

UQ has a rapidly growing record of attracting philanthropic support for its activities and will have further success in this area as an important strategic aim going forward.

**Faculty of Health and Behavioural Sciences**

The Faculty of Health and Behavioural Sciences is a strong faculty that has a coherent focus on health and well-being underpinned by a clear integrative theme related to preventative health and behaviour change. Furthermore, the Faculty provides the opportunity for the allied health sciences to have a strong voice and great visibility within the University.

The Faculty currently includes six schools and three research centres:

- School of Dentistry
- School of Health and Rehabilitation Sciences
- School of Human Movement and Nutrition Sciences
- School of Nursing, Midwifery and Social Work
- School of Pharmacy
- School of Psychology
- Centre for Youth Substance Abuse Research
- RECOVER Injury Research Centre
- Queensland Alliance for Environmental Health Sciences (QAEHS)

Information about the Faculty may be accessed on the Faculty’s web site at [http://www.habs.uq.edu.au/](http://www.habs.uq.edu.au/)

**School of Human Movement and Nutritional Sciences**

The School of Human Movement and Nutrition Sciences’ (HMNS) vision is to be an international leader in the study of human movement and nutrition, demonstrating excellence through innovative, creative, and dynamic teaching and research, in a vibrant, interdisciplinary, and engaging environment. The School holds a leadership position in its field in the Australian tertiary environment and is highly regarded for its teaching, research and community outreach programs. The current staff profile shows 47 FTE academic staff, 11 FTE research staff and 21 professional staff.

There are approximately 140 enrolled research higher degree students, and the total EFTSL of all enrolled students at undergraduate and postgraduate levels is approximately 950.

The School offers three undergraduate degrees: the Bachelor of Exercise and Sport Sciences (Hons), Bachelor of Health, Sport and Physical Education (Hons) and a Bachelor of Exercise and Nutrition Sciences with a “pathway degree” from the Bachelor of Exercise and Nutrition Sciences to the Master of Dietetics Studies. The School also contributes into the Bachelor of Arts (Sports Studies), and service teaches into the Bachelor of... The School offers a wide suite of postgraduate coursework programs in the areas of Clinical Exercise Physiology, Dietetics, Sports Coaching, Sports Medicine, and Sport and Exercise Psychology. Further details about the School’s teaching programs, the research interests of academic staff, and other information about the School may be accessed on the School’s web site at [http://www.hmns.uq.edu.au](http://www.hmns.uq.edu.au).

The School currently has four established research centres:

- Centre for Research on Exercise, Physical Activity and Health,
- Centre for Sensorimotor Performance,
The School encourages staff to work across research centres, to facilitate cross-fertilisation of theories and methods, and to form close affiliations with colleagues and projects within the faculty and across the University. The School's operations include over $23 million in operating grant funding and $2.5 million in research grants and service income.

The School is also developing strategic partnerships with industry and government, and is expanding its undergraduate teaching clinics and practicum sites.

**Information for Prospective Staff**

Information about life at UQ including staff benefits, relocation and UQ campuses is available at - [http://www.uq.edu.au/current-staff/working-at-uq](http://www.uq.edu.au/current-staff/working-at-uq)

**DUTY STATEMENT**

**Primary Purpose of Position**

To deliver a high-quality, evidence-based physical activity promotion service to the clients of the Adapted Physical Activity Program (APAP). The APAP assists community dwelling adults with chronic and complex conditions to become more physically active in order to improve long term health fitness and functioning, as well as community engagement. The program is delivered in the client's home/community environment, empowering them to commence and maintain physically active lifestyles which are enjoyable, safe, effective and sustainable. Clients are affected by a range of health conditions including, but not limited to clients with post-traumatic stress disorder, major depressive disorder, complex musculoskeletal conditions, spinal cord injury, acquired brain injury, traumatic brain injury and stroke.

**Duties**

Duties and responsibilities include, but are not limited to:

**Service Delivery**

- Deliver comprehensive exercise physiology services to clinical populations on-site including screening, assessment, prescription and programming in-line with predetermined guidelines, with very little supervision.
- Apply principles of clinical exercise physiology and evidence-based behavioural change strategies to communicate and promote the benefits of increased activity to clients with a range of health conditions.
- Escalate or refer complex situations outside of prescribed guidelines as they arise to carers, case workers or supervisor as appropriate.
- Develop professional relationships with a wide range of clients and other support people, including other family members, health professionals, case managers and students of the School’s program.
- Act in a professional manner at all times to promote the School's relationship with the wider community.
- Provide high-quality supervision to Clinical Exercise Physiology students doing placements with the program and effectively utilise their availability to enhance the program.
• Any other duties as reasonably directed by your supervisor.

**Other**
Ensure you are aware of and comply with legislation and University policy relevant to the duties undertaken, including but not exclusive to:
• The [University's Code of Conduct](#).
• Requirements of the Queensland occupational health and safety (OH&S) legislation and related [OH&S responsibilities and procedures](#) developed by the University or Institute/School.
• The adoption sustainable practices in all work activities and compliance with associated legislation and related University [sustainability responsibilities and procedures](#).
• Requirements of the Education Services for Overseas Students Act 2000, the National Code 2007 and associated legislation, and related [responsibilities and procedures](#) developed by the University.

**Organisational Relationships**
The position reports directly to the Adapted Physical Activity Program Coordinator.
SELECTION CRITERIA

Essential

- A degree in Exercise and Sports Science or equivalent or an equivalent combination of relevant experience and/or education/training.
- Accreditation as a clinical exercise physiologist with Exercise and Sports Science Australia (ESSA).
- Practicum or industry experience related to exercise and sports science.
- In-depth understanding of the principles behind delivering high-quality, evidence-based physical activity promotion service to clinical populations.
- Ability to interpret and apply set guidelines to familiar situations and to escalate as required.
- Excellent interpersonal skills including the ability to communicate effectively with people including clients with a range of health conditions and allied health professionals, including medical doctors and case managers.
- Excellent organisational and time management skills including the ability to prioritise individual workloads, work both independently and as a member of a team and to meet deadlines.
- Demonstrated understanding of the importance of confidentiality and other key aspects of ethical practice.

Desirable

- Experience with the following populations:
  - People with neurological impairments.
  - People with cognitive deficits (e.g., dementia, intellectual disability).
  - People with cardio/metabolic disease.
  - People who use mobility aids (e.g., wheelchairs, prosthetics).

Special Conditions

There will be a requirement for travel, predominantly around the Brisbane metropolitan area. It is advantageous that the incumbent holds a current driving license.

The University of Queensland values diversity and inclusion.

Applications are particularly encouraged from Aboriginal and Torres Strait Islander peoples. For further information please contact our Australian Indigenous Employment Coordinator at: atsi_recruitment@uq.edu.au

Applications are also encouraged from women.