

Role Title:	Home Support Worker
Classification:	WHA-2
Local Health Network:	Flinders and Upper North Local Health Network (FUNLHN)
Location:	Port Augusta / Whyalla / Quorn / Hawker Hospital and
	Regional Health Services
Type of Appointment:	
	☐ Temporary Term:
Criminal History	□ Aged (NPC)
Clearance Requirements:	Working With Children Check (DHS) Disability Services (DHS)
	□ Vulnerable (NPC)
	General Probity (NPC)
Immunisation Risk	Category A (direct contact with blood or body substances)
Category	Category B (indirect contact with blood or body substances)
	Category C (minimal patient contact)

Summary of the broad purpose of the role

Flinders and Upper North Local Health Network (FUNLHN) has moved to a Consumer Directed Care model for the provision of aged care, disability and support services. This allows consumers to maintain greater control over their lives by allowing them to make choices about the services they receive and who delivers those services. Consumers are encouraged to actively participate in identifying and setting goals, and to determine what level of involvement they want in managing their own living arrangements.

Under this model of care, the funding associated with the role of the Home Helper is controlled by consumers, rather than by the health provider. This means that consumers have an active role in determining the shifts that are available, the duties that are performed, the frequency of demand for the service, and the choice of provider organisation.

The Home Helper is integral to supporting this model of care by providing timely, efficient and effective service delivery. Duties may include the preparation and service of meals, general housekeeping cleaning and laundry duties to persons who are aged, frail or disabled in order to maintain their homes at a standard of cleanliness and hygiene that is compatible with them remaining in their homes.

Home Helpers need to be flexible, conscientious and empathetic and be able to work autonomously in the community. They will work closely and collaboratively with the consumer, their family and other health professionals, to provide quality outcomes and maintain consumer independence where possible.

FUNLHN supports staff to further develop their skills across a variety of areas. Ongoing education is encouraged and enables staff to provide quality and responsive services to consumers.

Reporting/Working Relationships

The Home Helper is accountable to the Team Leader via the Home Support Coordinator and works in close collaboration with Community Health/Residential Aged Care professionals as part of a multi-disciplinary team. This role has direct contact with the consumer, their family/advocates, and potentially other service providers.

Essential Criteria

- Current drivers licence and willingness to drive.
- Current police clearances (refer criminal history clearance requirements clause)
- Contactable by telephone.
- Access to a reliable, registered and insured (minimum of third party insurance) motor vehicle.

Desirable Qualifications

- A current first aid certificate.
- Experience in the areas of domestic tasks, housekeeping and laundry.
- Limited experience in the use of computer packages eg Microsoft Word, Excel and eMail.

Key Outcomes and Activities

Undertake duties in accordance with the philosophy, business practices and policies of FUNLHN, and perform the following duties:

- Responsible for the effective delivery of services to assist individuals to live in their homes by:
 - Working in client's homes without direct supervision;
 - o Performing duties as documented in the service/care plan;
 - Liaising with the coordinator regarding any changes/ issues or concerns raised by the client or identified by the Home Helper;
 - o Contributing to the client's service reviews.
- Establish a professional and caring working relationship with the client, and those involved in their care, to build trust and encourage the free flow of information as circumstances change.
- Recognise and promptly report changes in the health and functional status of the client to the coordinator.
- Maintain in optimum condition, and use efficiently, the organisations and/or the client's equipment, resources, supplies and facilities to support the delivery of the program.
- Engage in staff training, role planning, appraisals and feedback, team meetings and other activities that contribute to client, workforce and business development goals.
- Participate in quality improvement strategies by promoting client feedback and engaging in an audit process.

Specialist experience and skills

Under the Consumer Directed Care model tasks undertaken may include the provision of household support which includes vacuuming, dusting, polishing, washing floors, washing and ironing, sweeping, cleaning bathrooms/toilet areas, changing of bed linen and making beds, shopping for essential supplies from a prepared list, preparation and cooking of basic meals, defrosting refrigerators, rubbish collection, removal and disposal.

Minor gardening tasks may also be required including raking, sweeping and watering.

Judgement and decision making

Safely and effectively carry out own role and responsibilities relating to the implementation of a care and service plan.

Work activities are routine and clearly defined with established procedures and staff are fully trained in all aspects of the role. Further support is available from supervisors/managers as needed.

Communication / Interpersonal skills

- Proven ability to work well within a team environment and provide assistance and cooperation to other staff.
- Possess effective interpersonal and communication skills including active listening skills, and the ability to relate to people from different cultures, backgrounds and circumstances.
- Proven ability to meet deadlines and timeframes, use discretion and maintain strict confidentiality.
- Ability to perform routine functions under clear and straight forward instruction and follow verbal, written or diagrammatic instructions.
- Possess patience, flexibility, resilience and a solution focussed approach.

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- Be dependable, reliable and respectful towards clients/carers/family members and colleagues.
- Undertake training as required and maintain required skills and knowledge applicable to the role.

Knowledge

- Commitment to customer service and consumer directed care principles.
- Understand the principles of reablement and the concept of 'doing with' rather than 'doing for'.
- Knowledge and understanding of the Work Health and Safety Act and Risk Management principles.
- Understand and respect the need to engage and encourage the consumer to participate and make decisions when planning their care/setting goals.

Police Checks

- No person, whether or not currently working in SA Health, will be eligible for appointment to a position in SA Health unless they have obtained a satisfactory Background Screening and National Criminal History Clearance.
- Prescribed Positions under the Children's Protection Act (1993) must obtain a satisfactory Background Screening and National Criminal History Clearance through the Screening and Licensing Unit, Department for Communities and Social Inclusion (DCSI).
- Approved Aged Care Provider Positions as defined under the Accountability Principles 1998
 made in pursuant to the Aged Care Act 2007 (Cth) must obtain a satisfactory National Police
 Certificate (NPC) through the South Australian Police confirming the clearance is for the
 purpose of working in Aged Care.
- Prescribed Positions will also require a NPC general probity clearance.
- Background Screening and National Criminal History Clearances must be renewed every 3
 years thereafter from date of issue.

Special Conditions

- It is mandatory that no person, whether or not currently working in SA Health, will be eligible
 for appointment to a position in SA Health unless they have obtained a satisfactory National
 Police Certificate (NPC).
- Prescribed Positions under the Child Safety (Prohibited Persons) Act 2016 must obtain a satisfactory Working With Children Check (WWCC) through the Department of Human Services (DHS) Screening Unit.
- Approved Aged Care Provider Positions as defined under the Accountability Principles 1998
 made in pursuant to the Aged Care Act 2007 (Cth) must obtain a satisfactory National Police
 Certificate (NPC) through the South Australian Police confirming the clearance is for the
 purpose of unsupervised contact with vulnerable groups.
- Prescribed positions under the Disability Services Act 1993 must obtain a satisfactory Disability Services Employment Screening through the Department of Human Services (DHS) Screening Unit.
- NPCs and DHS Disability Services Employment Screenings must be renewed every 3 years thereafter from date of issue.
- WWCCs must be renewed every 5 years thereafter from date of issue.
- The incumbent may be required to work from other sites within FUNLHN area.
- Must be an Australian Resident or hold a current working visa.
- The incumbent will be required to enter into an Annual Performance Review and Development Plan for the achievement of specific, service or program outcomes.
- Current drivers license and willingness to drive.
- Appointment is subject to immunisation risk category requirements (see page 1). There may be ongoing immunisation requirements that must be met.

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Confidentiality and Handling of Official Information

- SA Health employees will not access or attempt to access official information, including confidential patient information other than in connection with the performance by them of their duties and/or as authorised.
- SA Health employees will not misuse information gained in their official capacity.
- SA Health employees will maintain the integrity and security of official or confidential information for which they are responsible. Employees will also ensure that the privacy of individuals is maintained and will only release or disclose information in accordance with relevant legislation, industrial instruments, policy, or lawful and reasonable direction.

White Ribbon

SA Health has a position of zero tolerance towards men's violence against women in the workplace and the broader community. In accordance with this, the incumbent must at all times act in a manner that is non-threatening, courteous, and respectful and will comply with any instructions, policies, procedures or guidelines issued by SA Health regarding acceptable workplace behaviour.

Cultural Statement

FUNLHN welcomes Aboriginal and Torres Strait Islander people and values the expertise, cultural knowledge and life experiences they bring to the workplace. FUNLHN is a culturally inclusive work environment that is respectful of Aboriginal and Torres Strait Islander culture.

General Requirements

- Comply with all workplace policies and guidelines
- Comply with and have a working knowledge and understanding of the requirement for all staff employed in the organisation in regards to confidentiality.
- Commitment to the continuous improvement in the provision of customer service.
- Participation in continuous quality improvement programs and accreditation activities.
- Ensuring cultural sensitivity is maintained by attending and contribute to their learning in diversity of cultural awareness and cross cultural training, with a frequency to be determined as appropriate by the organisation.
- All staff will actively support and contribute to risk management by maintaining an awareness of the risks relating to their area of responsibility and accountability including the identification and reporting of such risks
- It is the responsibility of every employee to ensure that no official record created or received (in any format) is destroyed without following prescribed retention procedures and subsequent authorisation from State Records. It is further the responsibility of every employee to ensure they gain an understanding of what constitutes an official record. It is a requirement that all employees will adhere to the prescribed Policy, Procedures & Practices of this organisation in relation to records management.
- Contribute to the well-being of people in South Australia through participation in Counter
 Disaster activities including attendance, as required, at training programs and exercises to
 develop the necessary skills required to participate in responses in the event of a disaster
 and/or major incident.
- Contribute to the promotion and implementation of the Public Sector Act principles and practices and employee conduct standards, in particular Equal Opportunity and Work Health and Safety by adhering to the provisions of relevant legislative requirements.

Organisational Overview

Our mission at SA Health is to lead and deliver a comprehensive and sustainable health system that aims to ensure healthier, longer and better lives for all South Australians. We will achieve our objectives by strengthening primary health care, enhancing hospital care, reforming mental health care and improving the health of Aboriginal people.

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SA Health is committed to a health system that produces positive health outcomes by focusing on health promotion, illness prevention and early intervention. We will work with other government agencies and the community to address the environmental, socioeconomic, biological and behavioural determinants of health, and to achieve equitable health outcomes for all South Australians

Our Legal Entities

SA Health is the brand name for the health portfolio of services and agencies responsible to the Minister for Health and Ageing and the Minister for Mental Health and Substance Abuse.

The legal entities include but are not limited to Department for Health and Ageing, Central Adelaide Local Health Network, Northern Adelaide Local Health Network, Southern Adelaide Local Health Network, Women's and Children's Health Network, Regional Local Health Networks and SA Ambulance Service.

The health system is facing the challenges of an ageing population, increased incidence of chronic disease, international workforce shortages, and ageing infrastructure. The SA Health Care Plan has been developed to meet these challenges and ensure South Australian's have access to the best available health care in hospitals, health care centres and through GPs and other providers.

Health Network/Division/Department Partnering with Consumers

The Flinders and Upper North Local Health Network is committed to involving consumers, communities and carers in the planning, design and evaluation of our health services. We do this through (but not limited to) Flinders and Upper North Local Health Network Board Consumer and Community Engagement Committee, Health Advisory Councils, Community Network Register and with consumer representation on operational committees. Furthermore, advocacy and advice is sought as appropriate from specialist support group Experts by Experience and representatives for mental health, aged care, child and youth care, disability and other groups.

SA Health Values

The values of SA Health are used to indicate the type of conduct required by our employees and the conduct that our customers can expect from our health service:

- We are committed to the values of integrity, respect and accountability.
- We value care, excellence, innovation, creativity, leadership and equity in health care provision and health outcomes.
- We demonstrate our values in our interactions with others in SA Health, the community, and those for whom we care.

Code of Ethics

The Code of Ethics for the South Australian Public Sector provides an ethical framework for the public sector and applies to all public service employees:

- Democratic Values Helping the government, under the law to serve the people of South Australia.
- Service, Respect and Courtesy Serving the people of South Australia.
- Honesty and Integrity Acting at all times in such a way as to uphold the public trust.
- Accountability Holding ourselves accountable for everything we do.
- Professional Conduct Standards Exhibiting the highest standards of professional conduct.

The Code recognises that some public sector employees are also bound by codes of conduct relevant to their profession.

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