

Personal Care Assistant

| Award/Agreement | Current Resthaven Incorporated Residential Aged Care and Community Services Enterprise Agreement |
|-----------------|--|
| Responsible to | Care Coordinator |
| Summary of role | In accordance with the vision, mission and values of Resthaven, the Personal Care Assistant is responsible for providing quality direct care services that meet the personal needs of residents. |
| Reporting lines | The Personal Care Assistant is an integral member of a multi- disciplinary health team. |
| | Personal Care Assistants are accountable for their own actions whilst remaining responsible to the Care Coordinator. |
| | Day-to-day supervision is provided by the Registered Nurse who may allocate duties to the Personal Care Assistant. |

Key Responsibilities and Duties

The details outlined below provide an overview of Personal Care Assistant duties within Resthaven however daily routines are specified in the Duty Statement.

- Provide high standard services that support and assist residents to achieve maximum independence by meeting daily living and personal requirements within the plan of care, with consideration of individual preferences
- As delegated and within level of responsibility, carry out all duties as outlined in the Duty Statement and as specified in the plan of care
- Support and assist in the provision of a clean, comfortable, safe and secure environment
- Under the direction of the Registered Nurse and as appropriate to skill set, assist with implementing the resident's plan of care related to medication administration
- Perform work in a legal and ethical framework, which supports the rights and interests of residents by:
 - following appropriate reporting mechanisms to meet duty of care requirements
 - reporting all changes in health status to the Registered Nurse or their delegate
 - directing all enquiries regarding plan of care to the Registered Nurse or their delegate
 - completing documentation in accordance with legislation and Resthaven policy
- Provide appropriate support in the orientation of new employees including acting in the role of "buddy" to new employees as delegated
- Provide support and assistance to maintain high standard services for residents including participation in working groups, as required
- Identify any opportunities for service improvement and advise the Care Coordinator and/or Manager Residential Care Services



Quality and Safety

Responsible for:

- Undertaking all duties in accordance with Resthaven's Quality Management System, policies and procedures
- Participating in Resthaven Quality Management System and commitment to processes of continuous improvement activities, including auditing, surveys and needs analysis
- Maintaining a safe work environment in accordance with Resthaven Work Health and Safety Policies and Procedures, and actively participating in the rehabilitation of staff injured at work
- Assisting in the on-going maintenance of a safe work place through involvement in the implementation of safe systems of work in accordance with Resthaven Work Health and Safety Policies and Procedures
- Participating in mandatory Health and Safety training sessions
- Identifying and reporting hazards in the workplace

Privacy and Confidentiality

Responsible for:

- Applying the principles of privacy and confidentiality to all work practices
- Adhering to Resthaven Privacy of Information Policy and Procedure at all times
- Maintaining a duty of confidentiality to all residents, clients, volunteers and staff
- Ensuring that any "Confidential Information" that becomes known through the course of employment with Resthaven is kept confidential including information relating to Resthaven's:
 - business or operational interests;
 - methodology and affairs;
 - financial information; and
 - anything else that is notified as being confidential

Other duties as directed by the Manager Residential Care Services, commensurate with classification and training



ESSENTIAL CRITERIA

- Previous experience providing personal care to elderly people and/or Certificate III in Community Services (Aged Care)
- Knowledge of health issues relevant to the elderly
- Understanding of the ageing process
- Excellent communication and interpersonal skills including demonstrated experience interacting with a wide range of people
- Ability to read, write and communicate in English
- Ability to establish and maintain professional and appropriate relationships with residents and/or their families/representatives
- Commitment to maintaining confidentiality
- Commitment to respecting the values, customs, preferences and spiritual beliefs of residents and their families/representatives
- Ability to comply with safe work practices and food safe handling practices
- Commitment to professional development and identifying opportunities for service improvement
- Good organisational and time management skills including the ability to establish priorities and plan work
- Ability to work as part of a team

| Acknowledged | | Date | |
|--------------|-----------------------------------|------|--|
| - | Manager Residential Care Services | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| Acknowledged | | Date | |
| | Employee | | |
| | | | |