

Schedule A - Scope of Services Independent Contractor

headspace is the National Youth Mental Health Foundation **Uniting NSW.ACT** is the lead agent for headspace Penrith, Mt Druitt, Katoomba and Hawkesbury. Its mission is to provide early intervention mental health services to 12-25-year old's, along with assistance in promoting young peoples' wellbeing. This covers four platforms for service delivery: mental health, physical health, alcohol, and other drug services as well as assistance in education/vocational support.

Approximately 14% of 12-17 years old's and 27% of 18-25-year old's experience mental health problems each year – that is, one million young Australians need access to help. The headspace model consists of four core service components: Integration, co-ordination, and community capacity; Private practice (MBS); Youth Mental Health Initiative Services; and Co-location and sessional services.

headspace has over 100 headspace services established across Australia looking at service reform by linking existing health, social and welfare services together to ensure young people receive the help and support they need. It is an innovative integrated youth service - a 'one-stop shop' for young people aged 12 -25 years, and their families. The mission is to improve health and social outcomes for young people via an early intervention model and the provision of evidence-based interventions. Services provided include:

- equity of access to information, support, and a broad range of evidence-based services for general health, mental health, and drug health
- support and facilitated referrals to educational, vocational and employment programs
- a drop-in centre for young people to access a range of health, social recovery, and vocational programs
- community awareness campaigns and health promotion initiatives to build the capacity of the broader community to detect and act on the early warning signs of mental health, and to promote well-being in young people.
- specialist evidence-based training programs to build the capacity of service providers who work with young people and their families
- youth and carer participation to assist in service planning, delivery, and evaluation

Scope of Services

To provide MBS funded **headspace** clinical services, ensuring that the clinical activities you deliver are within your relevant professional and individual scope of practice; are evidence-based; are of high quality; and demonstrate a holistic approach to client management.

Key Responsibilities

Operational

- Engaged to provide youth friendly mental health services within the **headspace** service.
- Deliver evidence-based interventions, including group interventions, with young people and their families.
- Maintain accurate and timely case notes and records in approved case management database system (Mastercare EMR) as required by **headspace**
- Complete headspace minimum data set that includes but is not limited to, World Health Organisation Alcohol, Smoking and Substance Involvement Screening Test (WHO ASSIST), Social and Occupational Functional Assessment Scale (SOFAS) & Kessler psychological distress scale: a measure of current distress (K10).
- Work within an integrated service delivery model which incorporates private (MBS funded) practitioners and allied health and welfare services.
- Participate in regular care co-ordination meetings and multi-disciplinary team meetings to ensure appropriate clinical service pathway and service delivery.
- Liaise with relevant referrers and other services to promote a consistent and co-ordinated service delivery response for young people and their families.
- Participate in audits of case files as required to ascertain objectives are being met.

External relationships

headspace– Scope of Services for contracted Allied Health Practitioner

- Liaise and develop relationships with medical, welfare, educational, vocational, mental health and drug and alcohol agencies regarding referral and service provision for young people.

Quality Assurance

- Adhere to **Uniting NSW.ACT** policies and procedures.
- Participate in quality improvement activities related to clinical processes.
- Maintain professional accreditation and registration requirements.

Accountabilities

- Accountable to the Practice Manager all aspects relating to providing services under MBS.
- Accountable to the Team Leader/Service Manager of **headspace** relating to clinical aspects of service provision.

Child Related Precautions

This position is designated as child-related work. Child-related work means any work where at least one of the responsibilities of the position involves direct contact with children where that contact is not directly supervised. The *Child Protection (Prohibited Employment) Act 1998* makes it an offence for a person convicted of a serious sex offence (a Prohibited Person) or a Registrable Person under the *Child Protection (Offenders Registration) Act 2000*, to apply for, undertake or remain in child-related work.

To undertake this position, you are required to:

- Provide proof of identity (a current Drivers Licence, or birth certificate or passport)
- Provide a National Police Records Check; and
- Provide a Working with Children Check.